

SYLLABUS (2025-2026)

CLASS: XI

SUBJECT: PSYCHOLOGY

TEXTBOOKS:

1. PSYCHOLOGY, Textbook for Class XI, NCERT

EXAMINATION	UNIT/ CHAPTER / TOPIC	SUBTOPICS	WEIGHTAGE
HALF YEARLY	Chapter 1 What is Psychology?	1. Introduction 2. What is Psychology? <ul style="list-style-type: none"> • Psychology as a Discipline • Psychology as a Natural Science • Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life	24
	Chapter 2 Methods of Enquiry in Psychology	1. Introduction 2. Goals of Psychological Enquiry <ul style="list-style-type: none"> • Steps in Conducting Scientific Research • Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology <ul style="list-style-type: none"> • Observational Method • Experimental Method 	28

		<ul style="list-style-type: none"> • Correlational Research • Survey Research • Psychological Testing • Case Study 5. Analysis of Data <ul style="list-style-type: none"> • Quantitative Method • Qualitative Method 6. Limitations of Psychological Enquiry 7. Ethical Issues	
	Chapter 3 Human Development	1. Introduction 2. Meaning of Development <ul style="list-style-type: none"> • Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages <ul style="list-style-type: none"> • Prenatal Stage • Infancy • Childhood • Challenges of Adolescence Adulthood and Old Age	18
TOTAL MARKS			70

ANNUAL EXAMINATION

EXAMINATION	UNIT/CHAPTER /TOPIC	SUBTOPICS	WEIGHTAGE
ANNUAL EXAMS	Chapter 1 What is Psychology?	1. Introduction 2. What is Psychology? <ul style="list-style-type: none"> • Psychology as a Discipline • Psychology as a Natural Science • Psychology as a Social Science 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology 5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life	11
	Chapter 2 Methods of Enquiry in Psychology	1. Introduction 2. Goals of Psychological Enquiry <ul style="list-style-type: none"> • Steps in Conducting Scientific Research • Alternative Paradigms of Research 3. Nature of Psychological Data 4. Some Important Methods in Psychology <ul style="list-style-type: none"> • Observational Method • Experimental Method • Correlational Research • Survey Research • Psychological Testing • Case Study 5. Analysis of Data <ul style="list-style-type: none"> • Quantitative Method • Qualitative Method 6. Limitations of Psychological Enquiry	13

		7. Ethical Issues	
	Chapter 3 Human Development	1. Introduction 2. Meaning of Development <ul style="list-style-type: none"> • Life-Span Perspective on Development 3. Factors Influencing Development 4. Context of Development 5. Overview of Developmental Stages <ul style="list-style-type: none"> • Prenatal Stage • Infancy • Childhood • Challenges of Adolescence • Adulthood and Old Age 	11
	Chapter 4 Sensory, Attentional and Perceptual Processes	1. Introduction 2. Knowing the world 3. Nature and varieties of Stimulus 4. Sense Modalities <ul style="list-style-type: none"> • Functional limitation of sense organs 5. Attentional Processes <ul style="list-style-type: none"> • Selective Attention • Sustained Attention 6. Perceptual Processes <ul style="list-style-type: none"> • Processing Approaches in Perception 7. The Perceiver 8. Principles of Perceptual Organisation 9. Perception of Space, Depth and Distance Monocular Cues and Binocular Cues 10. Perceptual Constancies 11. Illusions 12. Socio-Cultural Influences on Perception	8
	Chapter 5	1. Introduction	9

	Learning	<ol style="list-style-type: none"> 2. Nature of Learning 3. Paradigms of Learning 4. Classical Conditioning <ul style="list-style-type: none"> • Determinants of Classical Conditioning 5. Operant/Instrumental Conditioning <ul style="list-style-type: none"> • Determinants of Operant Conditioning • Key Learning Processes 6. Observational Learning 7. Cognitive Learning 8. Verbal Learning 9. Skill Learning 10. Factors Facilitating Learning 11. Learning Disabilities 	
	Chapter 6 Human Memory	<ol style="list-style-type: none"> 1. Introduction 2. Nature of memory 3. Information Processing Approach : The Stage Model 4. Memory Systems : Sensory, Short-term and Long Term Memories 5. Levels of Processing 6. Types of Long-term Memory <ul style="list-style-type: none"> • Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting 	8
	Chapter 7 Thinking	<ol style="list-style-type: none"> 1. Introduction 2. Nature of Thinking <ul style="list-style-type: none"> • Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 	5

		7. Nature and Process of Creative Thinking <ul style="list-style-type: none"> • Nature of Creative Thinking • Process of Creative Thinking 8. Thought and Language 9. Development of Language and Language Use	
	Chapter 8 Motivation and Emotion	1. Introduction 2. Nature of Motivation 3. Types of Motives <ul style="list-style-type: none"> • Biological Motives • Psychosocial Motives 4. Maslow's Hierarchy of Needs 5. Nature of Emotions 6. Expression of Emotions <ul style="list-style-type: none"> • Culture and Emotional Expression • Culture and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions	5
TOTAL MARKS			70

NOTE: The above syllabus is for assessment purpose and remaining chapters/topics may be taught as subject-learning enrichment.