

SYLLABUS (2025-2026)

CLASS: XII

SUBJECT: Human Ecology and Family Sciences

TEXTBOOKS:

NCERT Human Ecology and Family Sciences (For class XII): Part I and Part II

EXAMINATION	UNIT/ CHAPTER / TOPIC	SUBTOPICS	WEIGHTAGE (MARKS)
HALF YEARLY	UNIT I: Work, livelihood and Career	Ch. Work, livelihood and Career	10
	UNIT II: Nutrition, Food Science and Technology	Ch. Clinical Nutrition and Dietetics Ch. Public Nutrition and Health Ch. Food Processing and Technology Ch. Food Quality and Food Safety	45
	UNIT III: Human Development and Family Studies	Ch. Early Childhood Care and Education Ch. Management of Support Services, Institutions and Programmes for Children, Youth and Elderly	15
TOTAL MARKS			70

EXAMINATION	UNIT/ CHAPTER / TOPIC	SUBTOPICS	WEIGHTAGE (MARKS)
ANNUAL	UNIT I: Work, livelihood and Career	Ch. Work, livelihood and Career	5
	UNIT II: Nutrition, Food Science and Technology	Ch. Clinical Nutrition and Dietetics Ch. Public Nutrition and Health Ch. Food Processing and Technology Ch. Food Quality and Food Safety	23

	UNIT III: Human Development and Family Studies	Ch. Early Childhood Care and Education Ch. Management of Support Services, Institutions and Programmes for Children, Youth and Elderly	10
	UNIT IV: Fabric and Apparel	Ch. Design for Fabric and Apparel Ch. Fashion Design and Merchandising Ch. Care and Maintenance of Fabrics in Institutions	17
	UNIT V: Resource management	Ch. Hospitality Management Ch. Consumer Education and Protection	10
	UNIT VI: Communication and Extension	Ch. Development Communication and Journalism	5
TOTAL MARKS			70

NOTE: The above syllabus is for assessment purpose and remaining chapters/topics may be taught as subject-learning enrichment.