

# BAL BHARATI PUBLIC SCHOOL, PITAMPURA Class II

## HOLIDAYS HOMEWORK

### FOR PARENTS



Make this Summer Meaningful: A Season of Love, Learning, and Togetherness

Summer vacation is more than just a break from routine, it's a chance to create lasting memories with your children and nurture their values and identity.

## Teach the Joy of Giving

Encourage your child to share with those in need - whether it's toys, books, or time. Giving with love builds empathy and a strong sense of community.

## Watch, Reflect, Connect

Spend time watching meaningful movies together that highlight compassion, kindness, forgiveness, and humanity. Use these moments to have open conversations about life's deeper values and the role of parents and elders.

## One Meal, Many Memories

Make it a point to have at least one meal together each day. These shared moments strengthen bonds and create a space for open dialogue and laughter.

## ® Create a Gadget-Free Family Zone

Designate an area in your home where mobiles and gadgets are not allowed. Use this space for storytelling, board games, reading, or simply being together - distraction-free.

Let this summer be a time of heart-warming experiences and meaningful connections. Invest in your child's emotional world—because the memories you build today will shape the person they become tomorrow.

### FOR STUDENTS



## 🥯 Make Your Summer Break Meaningful & Memorable! 📽

### Dear Students

Summer vacation is a wonderful time to relax, explore, and grow - both personally and emotionally. Use these holidays to become more responsible, thoughtful, and connected with yourself, your family, and the world around you.

# • Follow a Healthy Daily Routine

Maintain a balanced schedule that includes study time, play, rest, and creativity. A good routine builds discipline and keeps your day productive.

## Stay Informed

Make it a habit to read the newspaper or watch trusted news sources to stay updated on current events and general awareness.

## Do Your Homework Independently

Take pride in completing your assignments on your own. Seek help only when necessary—this helps build confidence and problem-solving skills.

## **Bond Through Games**

Play board games with your grandparents, parents, and siblings. It's a great way to learn, laugh, and spend quality time together.

## Get Closer to Nature

Go for nature walks, plant trees, and understand the value of a green environment. Become a messenger of nature conservation in your community.

### Show Kindness to Animals

Place an earthen pot filled with water outside your home to give thirsty birds some relief from the summer heat.

## Be a Helping Hand at Home

Assist your parents with daily chores. Learning to share responsibilities builds character and life skills.

## Learn from Your Elders

Spend time with your parents and grandparents. Their stories, values, and life lessons will inspire and guide you.

### Reduce Screen Time

Limit the use of mobile phones and gadgets. Choose real-life experiences over virtual distractions.

## 🗀 Be Responsible After Meals

Clear your own plate after eating—and try washing it too! Small acts of responsibility make a big difference.

## Care for Plants

Water the plants daily and take joy in watching them grow. It's a peaceful and rewarding habit.

# **Stay Fit and Healthy**

Eat seasonal fruits, stay hydrated, exercise regularly, and practice yoga. Early morning walks can boost both your physical and mental well-being.

### Remember:

This vacation, aim not just to rest—but to reflect, reconnect, and reinvent yourself in small, meaningful ways.

Enjoy your holídays and return refreshed, responsible, and ready!

# NOTE: Do the homework of all the subjects in a single scrap file.

## <u>ENGLISH</u>

## DROP EVERYTHING AND READ

Objectives: The students will be able to-

- > enhance reading comprehension.
- improve vocabulary and language skills.
- boost imagination and creativity.

Instructions: Read your favourite story book and do the following activities-

- 1. Write the beginning, middle and ending of the story in your own words.
- 2. Write 6-7 lines on your favourite character from the story.
- 3. Draw and colour any one scene from the story.





अधिगम निष्कर्ष - प्रत्येक विद्यार्थी-

> बिजली के सदुपयोग के महत्त्व को समझने में सक्षम होगा ।

### निर्देश

हर दिन एक घंटा बिना बिजली के बिताइए (टीवी/मोबाइल बंद करें)।



- अस समय क्या किया, लिखिए (जैसे: किताब पढ़ी, परिवार से बातें की)।
- 🤾 एक पोस्टर बनाइए: "बिजली कैसे बचाएं?"



अधिगम निष्कर्ष- प्रत्येक विद्यार्थी-

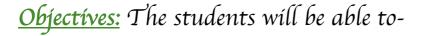
> वर्णों की बनावट का अभ्यास कर लेख सुधारने में सक्षम होगा।

### निर्देश

- वर्णों की बनावट का अभ्यास सुलेख के रूप में करते रहें (सप्ताह में तीन बार)।
- 🤾 सुलेख करने के लिए एक अलग नोटबुक बनाएँ।

### MATHS

# WATER WONDERS WITH NUMBERS



- > understand the importance of water conservation
- > develop habits to reduce water usage.

<u>Instructions:</u> Observe for 2 days and note how much water your family uses for the following activities. Estimate using cups, buckets, or bottles.

Activity	Day 1 (Number of cups / buckets)	Day 2 (Number of cups / buckets)
Drinking		
Bathing		

Washing hands/face		
Watering plants		
Washing utensils		
1. Add Up!		
Total water used on Day 1:		cups/buckets
Total water u	sed on Day 2:	cups/buckets
2. Compare!		
On whích day	díd you use more we	ater?
Círcle one: 1	Day 1 / Day 2	
How many m	ore cups/buckets wer	e used on that day?
Answer:		<del></del>
3. Think & Write		
One way you	can save water at ho	me:

### Bonus Art Corner:

Draw a picture of yourself doing one activity where you used water wisely.

#### EVS

### SAVE ANIMALS

Objectives: The students will be able to-

- > understand the importance of animal security.
- > develop empathy for protecting endangered species.

**Instructions:** What are endangered animals?

Write a simple definition and paste their pictures. Also find out about the national parks where they are preserved.

## PLANNING A BALANCED DIET

## Objective

To understand the importance of a balanced diet and plan a diet chart for May and June, incorporating body-building foods, energy-giving foods, and other essential nutrients.



## <u>Instructions:</u> Create a diet chart for 5 days, including:

- 1. Body-building foods (e.g., proteins like eggs, chicken, fish, legumes)
- 2. Energy-giving foods (e.g., carbohydrates like rice, whole grains, fruits)
- 3. Protective foods (e.g., vitamins and minerals like fruits, vegetables)
- 4. Other essential nutrients (e.g., healthy fats, fibre)

## # Guidelines

- 1. Include a variety of foods in your diet chart.
- 2. Consider your dietary preferences and restrictions.
- 3. Plan meals for breakfast, lunch, dinner, and snacks.
- 4. Make sure to include seasonal fruits and vegetables.

#### LIFE SKILL

## MY KINDNESS JAR

Objectives: The students will be able to-

- > feel the joy of helping others.
- > Become more thoughtful.



<u>Instructions:</u> Make a small jar or a box. Every time you help someone, write it on a small paper and put it inside. Paste 5 best chits in your scrap file.

### WORK EX

### PLANT AND CARE

Objectives: The students will be able to-

- > understand the importance of nature.
- > learn to care for a plant.
- > contribute to the environment.



<u>Instructions:</u> Plant a small seed or sapling at home.

Water it regularly.

Name your plant.

Draw its growth after 2 weeks. (Paste a photo if possible)

## BEST OUT OF WASTE CRAFT

Objectives: The students will be able to-

- > understand the importance of recycling.
- > enhance their crafting skills.

<u>Instructions:</u> Make a useful item using waste materials from home (plastic bottles, newspaper, old boxes, etc.)