



BAL BHARATI PUBLIC SCHOOL
COMMON ANNUAL EXAMINATION (2024-2025)

SYLLABUS

CLASS: XI

SUBJECT: PSYCHOLOGY

TEXTBOOKS:

1. PSYCHOLOGY, TEXTBOOK FOR CLASS XI; NCERT

S.NO.	UNIT/CHAPTER /TOPIC	SUBTOPICS	WEIGHTAGE
1	What is Psychology?	<ol style="list-style-type: none">1. Introduction2. What is Psychology?<ul style="list-style-type: none">• Psychology as a Discipline• Psychology as a Natural Science• Psychology as a Social Science3. Understanding Mind and Behaviour4. Popular Notions about the Discipline of Psychology5. Evolution of Psychology6. Development of Psychology in India7. Branches of Psychology8. Psychology and Other Disciplines9. Psychology in Everyday Life	11
2	Methods of Enquiry in Psychology	<ol style="list-style-type: none">1. Introduction2. Goals of Psychological Enquiry<ul style="list-style-type: none">• Steps in Conducting Scientific Research• Alternative Paradigms of Research3. Nature of Psychological Data4. Some Important Methods in Psychology<ul style="list-style-type: none">• Observational Method• Experimental Method• Correlational Research• Survey Research• Psychological Testing• Case Study5. Analysis of Data<ul style="list-style-type: none">• Quantitative Method• Qualitative Method6. Limitations of Psychological Enquiry7. Ethical Issues	13
3	Human Development	<ol style="list-style-type: none">1. Introduction2. Meaning of Development<ul style="list-style-type: none">• Life-Span Perspective on Development3. Factors Influencing Development	11

		<p>4. Context of Development</p> <p>5. Overview of Developmental Stages</p> <ul style="list-style-type: none"> • Prenatal Stage • Infancy • Childhood • Challenges of Adolescence • Adulthood and Old Age 	
4	Sensory, Attentional and Perceptual Processes	<p>1. Introduction</p> <p>2. Knowing the world</p> <p>3. Nature and varieties of Stimulus</p> <p>4. Sense Modalities</p> <ul style="list-style-type: none"> • Functional limitation of sense organs <p>5. Attentional Processes</p> <ul style="list-style-type: none"> • Selective Attention • Sustained Attention <p>6. Perceptual Processes</p> <ul style="list-style-type: none"> • Processing Approaches in Perception <p>7. The Perceiver</p> <p>8. Principles of Perceptual Organisation</p> <p>9. Perception of Space, Depth and Distance</p> <ul style="list-style-type: none"> • Monocular Cues and Binocular Cues <p>10. Perceptual Constancies</p> <p>11. Illusions</p> <p>12. Socio-Cultural Influences on Perception</p>	8
5	Learning	<p>1. Introduction</p> <p>2. Nature of Learning</p> <p>3. Paradigms of Learning</p> <p>4. Classical Conditioning</p> <ul style="list-style-type: none"> • Determinants of Classical Conditioning <p>5. Operant/Instrumental Conditioning</p> <ul style="list-style-type: none"> • Determinants of Operant Conditioning • Key Learning Processes <p>6. Observational Learning</p> <p>7. Cognitive Learning</p> <p>8. Verbal Learning</p> <p>9. Skill Learning</p> <p>10. Factors Facilitating Learning</p> <p>11. Learning Disabilities</p>	9
6	Human Memory	<p>1. Introduction</p> <p>2. Nature of memory</p> <p>3. Information Processing Approach: The Stage Model</p> <p>4. Memory Systems: Sensory, Short-term and Long-term Memories</p> <p>5. Levels of Processing</p> <p>6. Types of Long-term Memory</p>	8

		<ul style="list-style-type: none"> • Declarative and Procedural; Episodic and Semantic 7. Nature and Causes of Forgetting <ul style="list-style-type: none"> • Forgetting due to Trace Decay, Interference and Retrieval Failure 8. Enhancing Memory <ul style="list-style-type: none"> • Mnemonics using Images and Organisation 	
7	Thinking	1. Introduction 2. Nature of Thinking <ul style="list-style-type: none"> • Building Blocks of Thought 3. The Processes of Thinking 4. Problem Solving 5. Reasoning 6. Decision-making 7. Nature and Process of Creative Thinking <ul style="list-style-type: none"> • Nature of Creative Thinking • Process of Creative Thinking 8. Thought and Language 9. Development of Language and Language Use	5
8	Motivation and Emotion	1. Introduction 2. Nature of Motivation 3. Types of Motives <ul style="list-style-type: none"> • Biological Motives • Psychosocial Motives 4. Maslow's Hierarchy of Needs 5. Nature of Emotions 6. Expression of Emotions <ul style="list-style-type: none"> • Culture and Emotional Expression • Culture and Emotional Labelling 7. Managing Negative Emotions 8. Enhancing Positive Emotions	5
			TOTAL MARKS= 70

FOR CLASS 11:

THEORY (As per CBSE): 70 marks

INTERNAL ASSESSMENT (Practical/Project Work/Viva): 30 marks