





SUMMER VACATION ACTIVITIES

Dear Children

The holiday season is the perfect time to relax and reflect on the blessings in our lives besides working towards enhancing our skills. This year, we have tried to keep the Holiday Homework simpler yet informative and more interesting. The intent is to promote not only academic learning through interesting assignments but also activities which can gradually become hobbies.

Here are a few suggestions for you:-

- ☐ Make sure to spend quality time with your family
- ☐ Help your mother in the household chores
- □Read interesting books and watch good English programmes
- □Play indoor games with your family
- ☐ Follow the instructions given by your teachers and try to complete your HHW independently

Take care and stay safe!!





"Lunch with a Twist - Culinary Exchange"

Organise a potluck lunch with your cousins or/and friends at home. Select cuisine/staple diet from either India, UAE, US or Australia for the event. Research and prepare a dish from the chosen cuisine. You can also use your creative potential to enhance the nutritional value of any dish of your choice Enhance the cultural ambience by dressing up in the traditional attire of the chosen country.

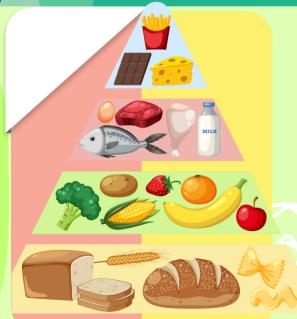
Things to Submit: After a successful lunch party, compile the following information and present it on A4 size sheets in a folder:

- Document the event with photographs and create a photo collage.
- Write recipes of two favourite dishes one from any partner country and one from India.
- Share the history or interesting facts about the dish you have prepared

TASK 2

Fueling Our Bodies: The Power of Nutrition!

Research about the nutrients found in the food we eat, as each nutrient brings its own unique benefits to the table. (You may also refer the chapter 'Sources of Food' from your E.V.S textbook.) After researching about the nutrients and the food groups to which they belong let your creativity flourish by crafting a spectacular 3D food item. What to do???



Use a variety of materials such as clay, dough, cardboard, fabric, etc. and make 3D representations of any 4 food items from food group allotted to your roll number.



ter's Delight, Birdwatching, Ernakulam, Forest

THATTEKKAD

Rorder's Delight

- 1. Revise and learn the topics covered in school.
- 2. VIRTUAL TOUR: Explore the beautiful 'Thattekkad Bird Sanctuary' using the given link. Note down the names of any five new birds and discuss the same with your friends and E.V.S. teacher when the school reopens.

https://youtu.be/GszeJ95tcXU?si=nrg1YRBbe49ewD4E