



PITAMPURA

HOLIDAY ACTIVITIES 2024-25

PRESCHOOL



Dear Parents

We hope the children enjoyed their first spell in school as much as we enjoyed getting to know them. The school is a second home. Hope our children have started feeling at home in school by now. Summer Vacations have begun. To keep our little ones indoors in the sweltering heat and to utilize their time with constructive and creative activities, we are sending a few assignments that would keep them engaged and build on many skills so very important for the Holistic Learning, Growth and Development.

Guidelines

- ❖ It should be the child's work. Assist and guide your child.
- ❖ There are 8 assignments and 1 cover page.
 - Get a coloured printout of all.
 - Get your child to complete them over a period during the holidays.
 - Colour the cover page.
 - Create a booklet in a spiral form with all the assignments in order of sequence 1-15 with the cover page on the top.
 - Paste photos of your child engaged in different activities on different A-4 pastel sheets and attach in the above booklet.
- ❖ **The booklet is to be sent on 5th July i.e Friday**

PRESCHOOL



Name: _____

Creative Expression

Skills: Observation, Counting Colouring, Eye-Hand Coordination

Decorate Your Birthday Cake

Colour the candles according to your age

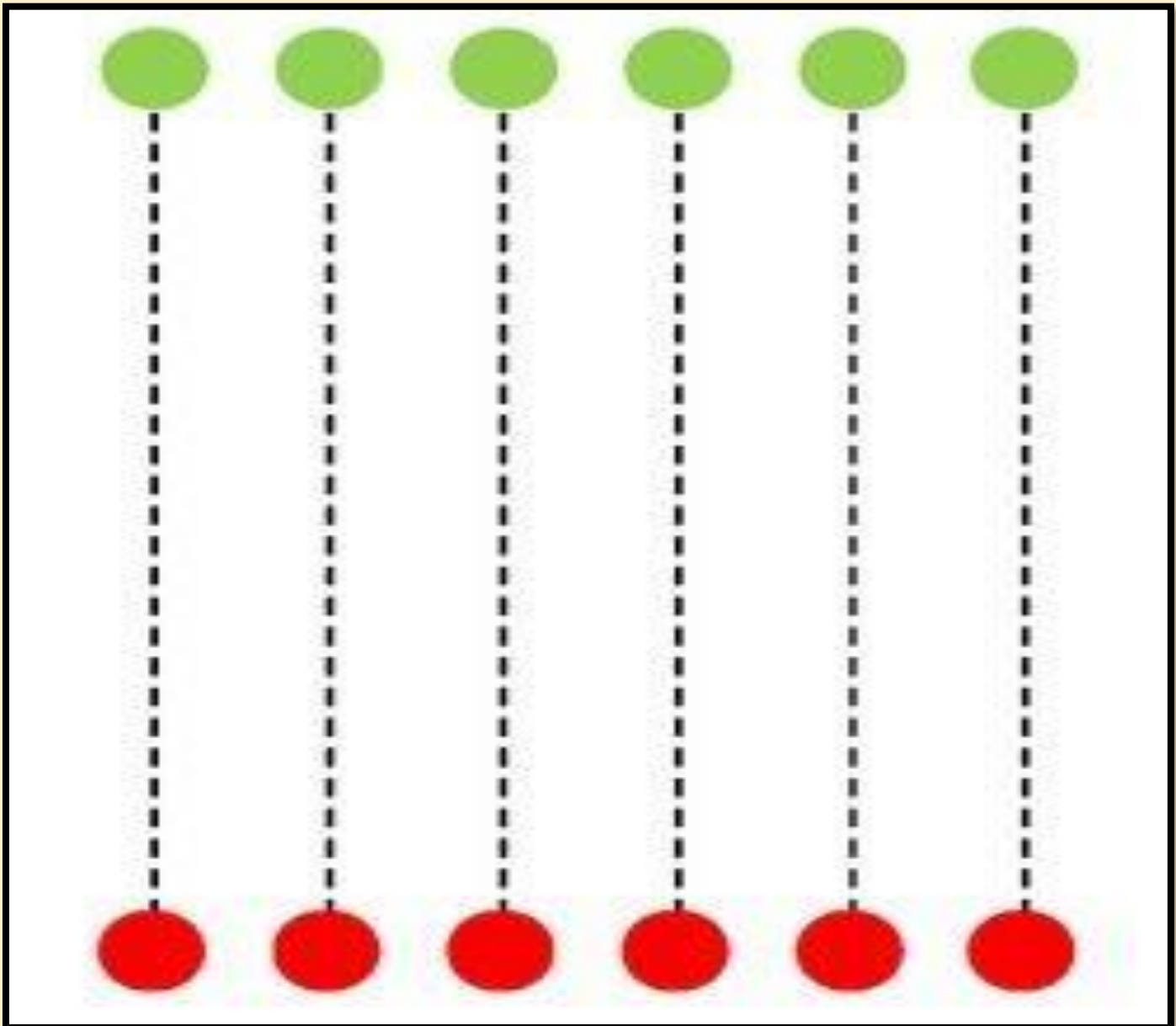


Writing Readiness

Skills: Eye-Hand Coordination, Fine Motor Skill

Straight Lines- Top to Bottom

Trace the dotted lines from top to bottom using a thick crayon

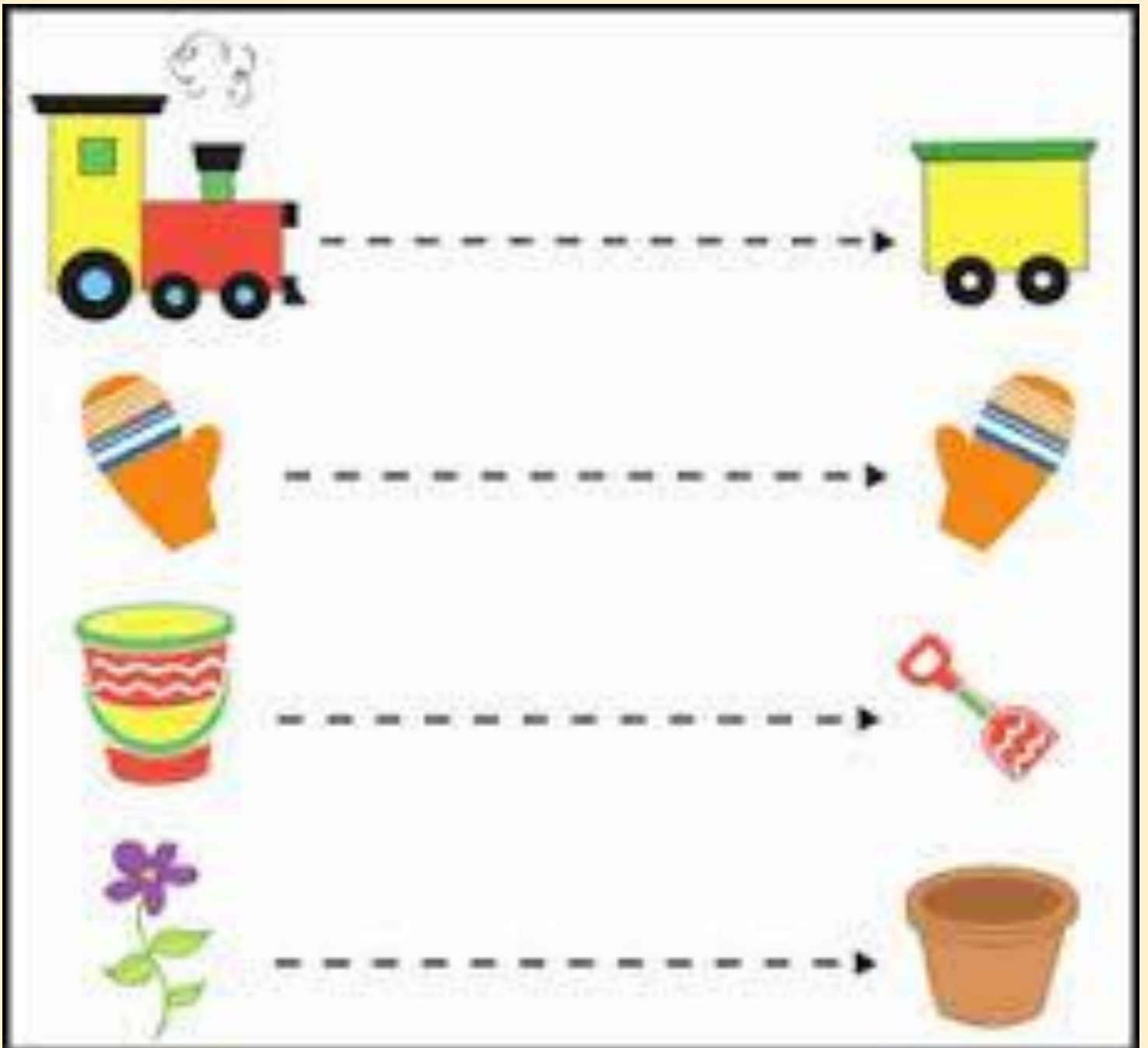


Writing Readiness

Skills: Eye-Hand Coordination, Fine Motor Skill, Identification and Matching

Straight Lines- Top to Bottom

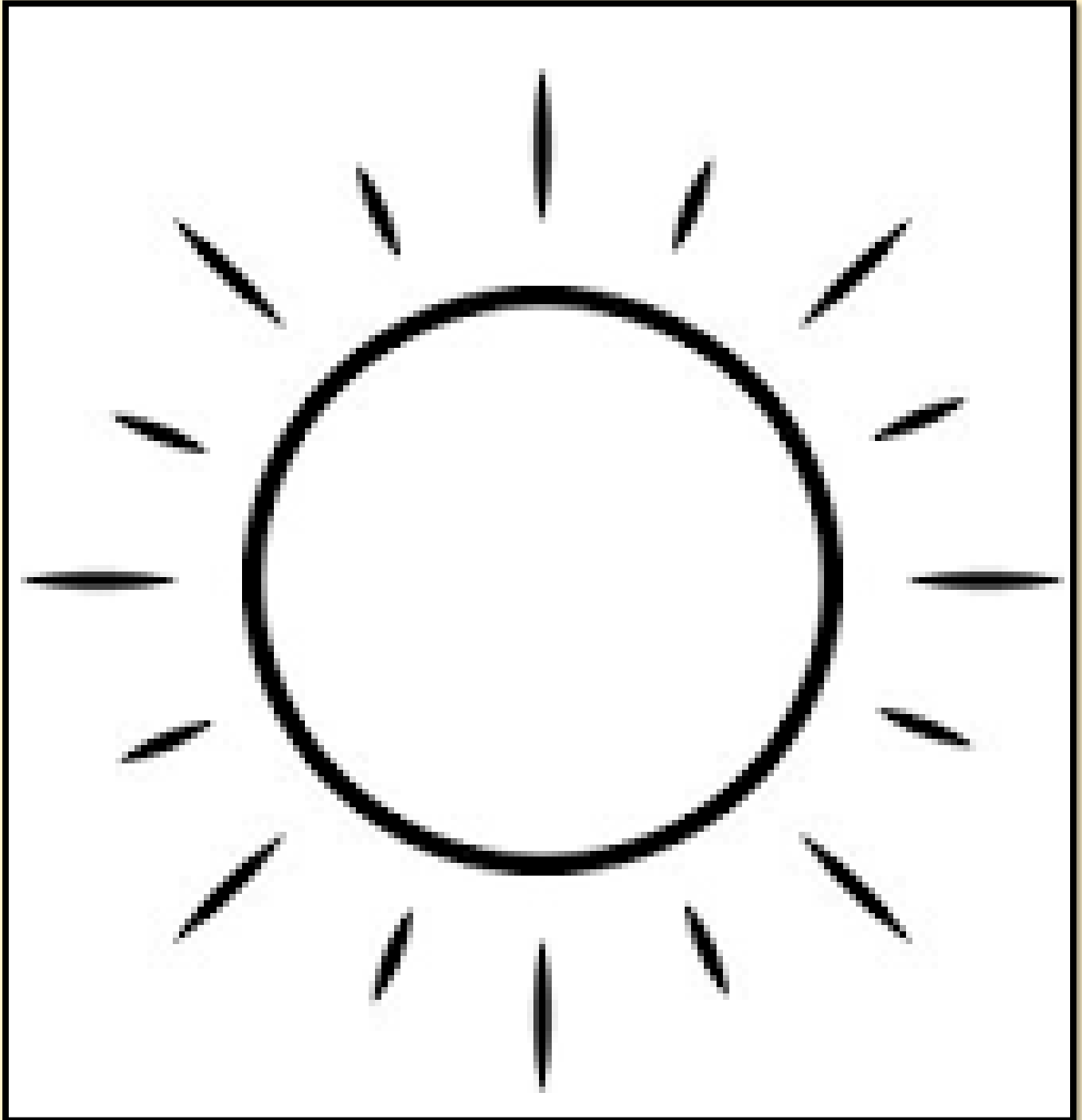
Trace the dotted lines from left to right using a thick crayon



Creative Expression

Skills: Eye-Hand Coordination, Fine Motor Skill, Sensory art

Complete the Sun by paper tearing and pasting

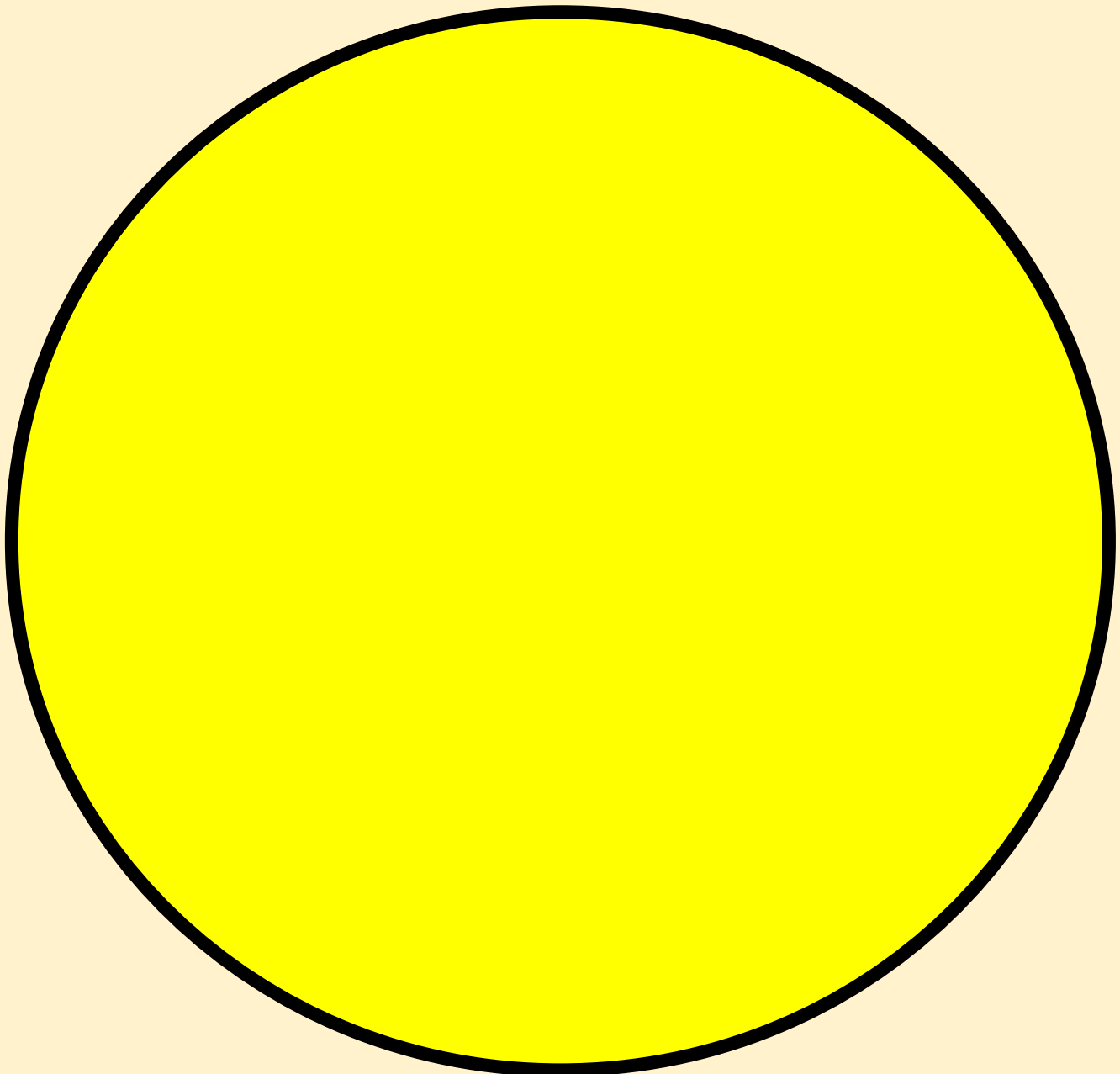


Creative Expression

Skills: Eye-Hand Coordination, Fine Motor Skills, Sensory art, Shape Recognition

Shape- Circle

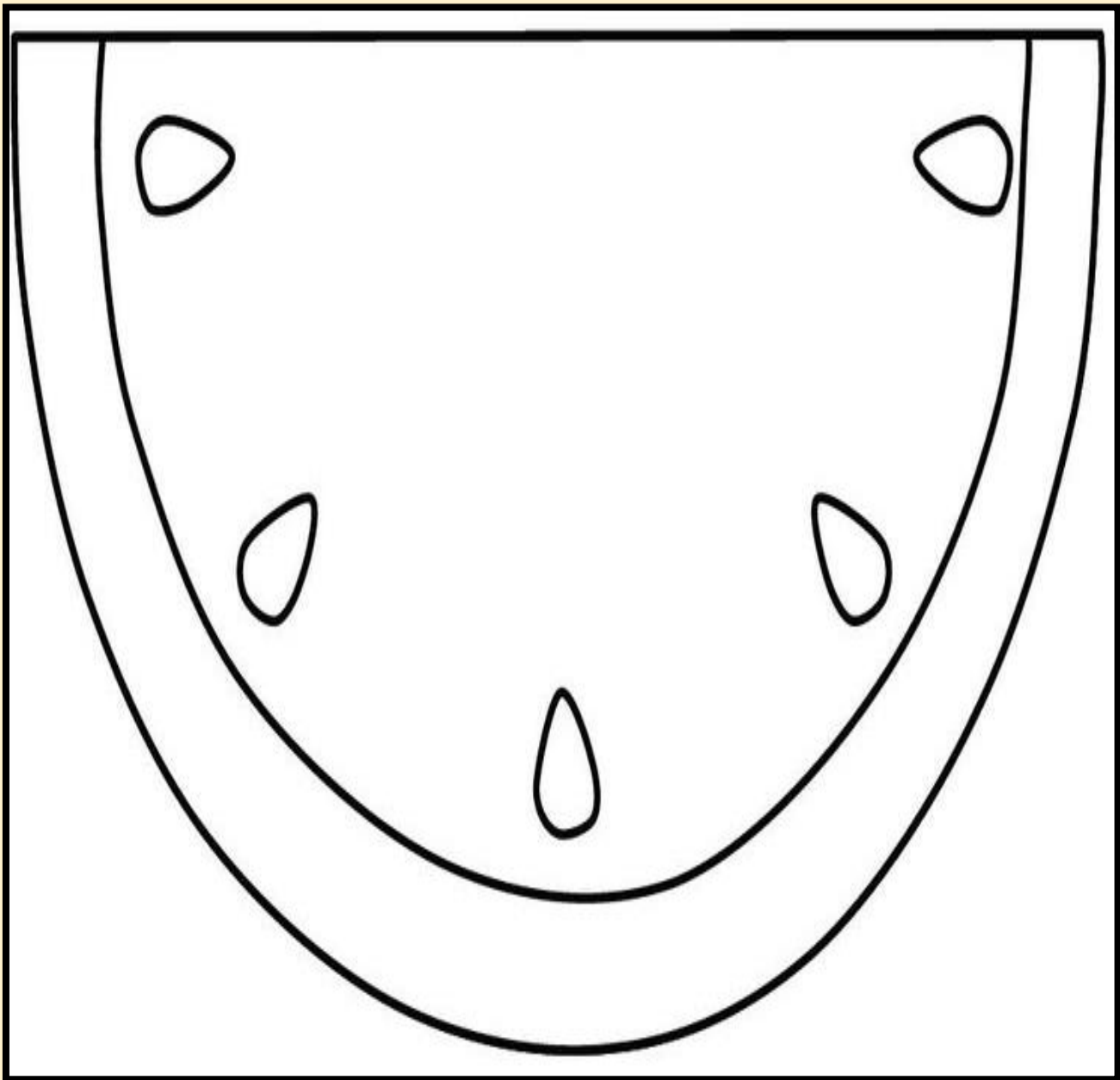
Paste sticker stars on the outline of the shape.



Creative Expression

Skills: Eye-Hand Coordination, Fine Motor Skills, Sensory art

Paste different pulses to complete the watermelon slice.

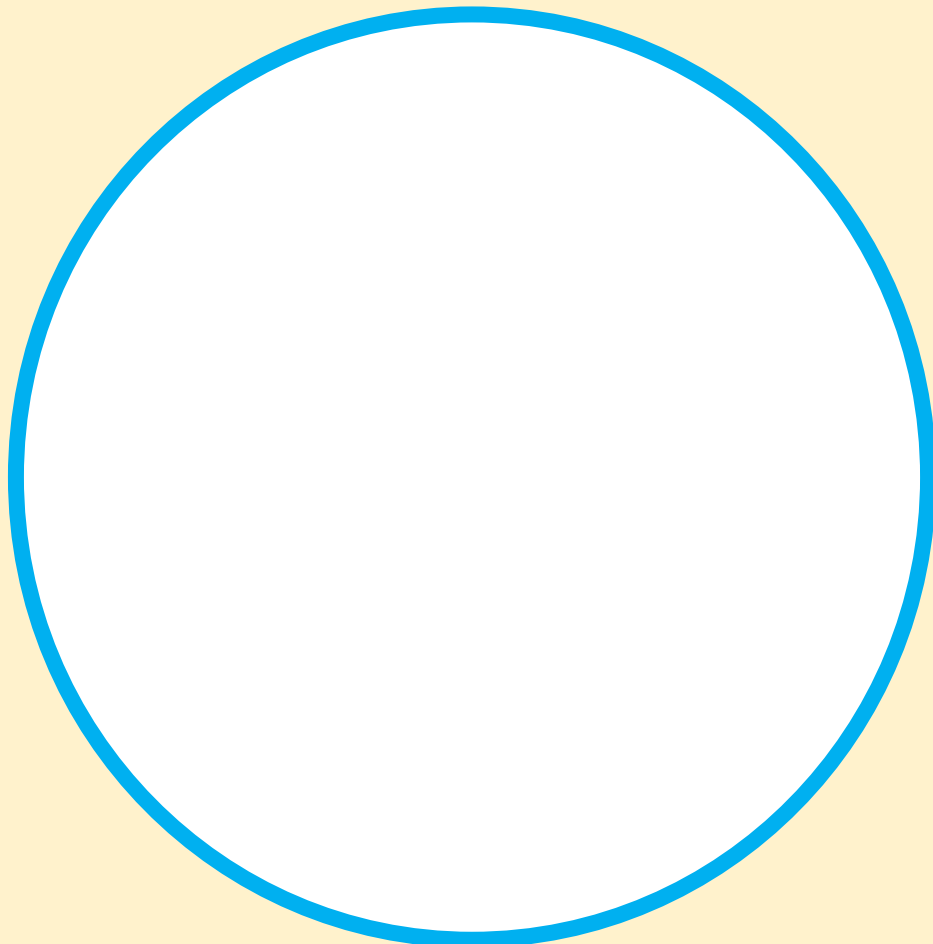


Foundational Numeracy

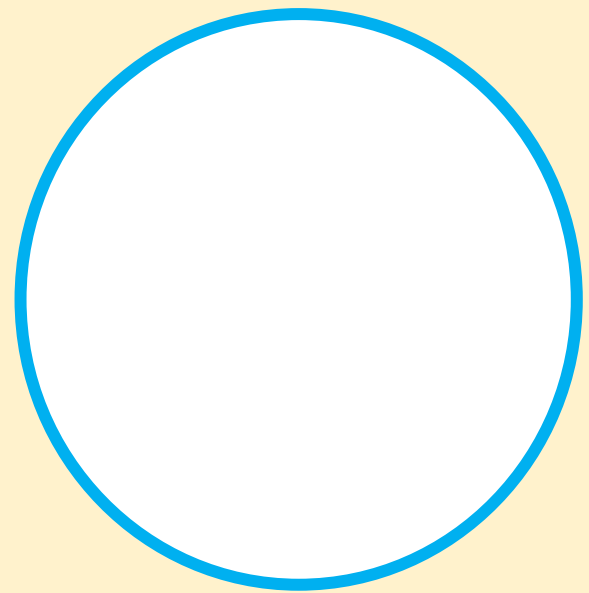
Skills: Eye-Hand Coordination, Fine Motor Skills, Counting, Sensory art, Space and Size Concept

Pre-Number Concept- Big/Small

Collect dried leaves during nature walk and paste 2 big leaves in the big circle and 2 small leaves in the small circle.



big circle



small circle

Language and Communication

Skills: Observation, Reading and Conversation, Counting

Picture Conversation

- Observe the picture.
- Name all the animals and objects in the picture.
- Name the tallest animal.
- Name the big animal.
- Name the animal with stripes.
- Count the number of children, animals, birds, trees, and people.
- Name the colours



- **Teach them the importance of daily prayer:** Prayer is a powerful tool for children and families to strengthen their relationship with God and with each other.

They must thank God for all things they are blessed with before going to bed.

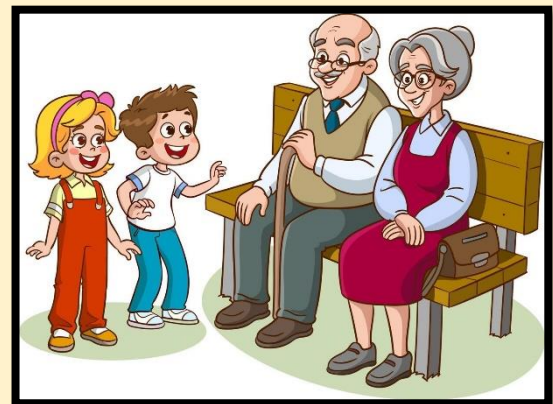
Help your child to recite this prayer each night before going to bed.

**“Now I lay down to sleep,
I thank you God for sending your angels.
Keeping me safe and those I love,
Thank you for watching us from above.
Amen.”**



- **Encourage your child to be kind and helpful to their grandparents by inculcating the following. (Click some candid moments of the same)**

- Interact with their grandparents.
- Be polite and cheerful.
- Spend time with them.
- Enquire about their health.
- Inquire about their lives.
- Ask for their advice.
- Give them gifts.
- Take grandparents to events with them.
- Offer them a head massage.
- Offer them a foot massage.



Let hands on learning (learning by doing) begin from the

Kitchen: (click a few photos of the same)

- ✓ Counting spoons, plates, glasses, bowls, fruits, vegetables etc.
- ✓ Sorting fruits and vegetables in different baskets
- ✓ Comparison of size- big plate and small plate, big bowl and small bowl etc.
- ✓ Comparison in colour- tomato is red, lemon is yellow, spinach is green etc.
- ✓ Shapes of different fruits and vegetables can be observed



● Children love listening to stories:

Read stories aloud to them regularly to enhance their communication skills. Help and encourage your child to talk about the picture books.



● Be a friend to your child and play these games as a family. (click a few photos of the same)

- ✓ Board games like ludo, carom, snakes and ladders etc.
- ✓ Dark room
- ✓ Traditional games like kho-kho, pithu, hopscotch, clapping games etc.



These games are a great way for the child to get all that energy that gets build-up.

They learn best while moving around. These activities will help your child learn how to control and use their body, build muscle strength, balance, postural control and coordination and have family bonding time.

Daddy and Mummy Say

This is a game that can be played to develop many of your child's skills, including **listening** and **concentration skills**. Use this game to stimulate your child's large muscles.

Some ideas for actions:

Daddy says.....

- run towards the tree and then run backwards.
- jump up 4 times and then sit on the ground .
- clap 5 times.
- fly like a bird.
- hop like a bunny.
- dance like a clown.
- crisscross your feet.

Feel free to use your full imagination and your child will never stop enjoying this game.

❖ To enhance **“Gross Motor skills”** of your child, engage him in any two of the following:

- Exercise/yoga
- swimming
- dancing
- cycling
- free play in the park



- follow the command – touch your toes, run across the park, hop on one foot, jump forward, take big steps, take small steps etc.

❖ **Explore nature during your morning walk:** Count trees, cars, stones, flowers, etc. while going for a walk.



Rhythmic Moves

Choose a peppy dance number (Traditional, Classical, Bollywood or Hollywood) Create your own steps, sing and dance together as a family fostering family bonding, fun and creativity.

(click a few photos of the same)

Fine Motor Skills

To develop “**Fine Motor Skills**” engage your child in activities like:

(click a few photos of the same)

- mashing potatoes
- playing with play dough
- building blocks
- rolling chapatti
- shelling out peas
- zipping and unzipping
- buttoning and unbuttoning



- opening and closing the bottle cap / tiffin lid
- turning pages of a book
- squeezing bath sponges/lemon
- watering the plants using spray bottles

Critical Thinking Skill

- **Sharpen Memory:** Put a few things on a tray, show the tray to your child for a while and then cover the tray. Ask your child to name the objects which were on the tray. This activity will help enhance the memory and vocabulary of your child.



- **Ask 'What Happened and Why'**

For this activity, you only need a family photo album. Sit down with your child and look at some funny photos of the family. Choose photos that have a story behind them and then ask your child, "What happened in this picture and why?"

I'm sure you have some photos of your family that you can make fun of. Hope you enjoy this critical thinking activity with your little one.



Independent Skills

Inculcate the following ‘**Life skills**’ in your child to help them become independent. (click a few photos of the same)

- buttoning their shirt
- packing their school bags
- tying their shoelaces
- keeping their belongings back in their place
- laying the table for dinner
- arranging shoes in the shoe rack
- filling the water bottles
- dressing and undressing themselves.



Social Skills

❖ Imbibe ‘**Social Skills**’ in your child.

- greeting with a smile when someone comes home.
- conversing freely with visitors, relatives coming home.
- answering the phone calls with a polite “hello”, also asking “may i know who is calling?”
- speaking politely and sharing with friends and relatives.



Personal Hygiene

❖ Encourage them to take care of their “Personal Hygiene” by inculcating the following habits:

- brushing teeth twice daily
- combing hair regularly
- bathing everyday
- washing hands before and after meals.

