

COUNSELLING AND LEARNING CENTRE

The school stands for Inclusive Education, with overall well-being of children being the corner stone of our mission. We have a multidisciplinary team comprising of two Counsellors, three Special Educators and a Dance and Movement Therapist working across Montessori, Primary, Middle and Senior Departments.

| NAME | DESIGNATION | DEPARTMENT | EMAIL ID |
|---------------------|------------------------------|----------------------------|--|
| Ms Avantika Mishra | Special Educator | Montessori | avantika.mishra@pp.balbharati.org |
| Ms Aakshi Chauhan | Special Educator | Primary | aakshi.chauhan@pp.balbharati.org |
| Ms Shradha Chawla | Special Educator | Middle and Senior | shradha.chawla@pp.balbharati.org |
| Ms Shreya Gandhi | Counsellor | Primary, Middle and Senior | shreya.gandhi@pp.balbharati.org |
| Ms Saaneya Kapoor | Counsellor | Senior | saaneya.kapoor@pp.balbharati.org |
| Ms Yashvi Bhatnagar | Dance and Movement Therapist | Middle | yashvi.bhatnagar@pp.balbharati.org |

The team of Special Educators are actively involved in working with Children with Special Needs on academics and making them independent learners. The team also works in the following areas:

- Language skills and social skills.
- Developing individualised education programs of CWSN
- Screening and assessment of students
- Remedial home programs
- Parent guidance program (sharing remedial academic home plan)

Our Counsellors aim to empower all students to become their best selves and focus on the socio-emotional well being of the students. The primary work areas of the Counsellors include:

- Individual Student Counselling sessions
- Group Counselling and Mental Health Workshops
- Parent Counselling sessions for academic, socio-emotional and behavior related concerns
- Assistance in Career Guidance

The Dance and Movement Therapist explores a different meaning of movement with children, offering a psychological intervention using the following:

- Movement as a form of relaxation and emotional release
 - Sessions to boost confidence, self esteem and social skills
 - Workshops for teachers on employing movement as a teaching tool
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