



Bal Bharati
PUBLIC SCHOOL

PITAM PURA

HOLIDAY ACTIVITIES 2022-23

PRE PRIMARY



Dear Parents

We hope the children enjoyed their first spell in school as much as we enjoyed getting to know them. Summer Vacations have begun. To keep our little ones indoors in the sweltering heat and to utilize their time with constructive and creative activities, we are sending few assignments that would help the children get a grasp of the work done in the school.

Best wishes

Class teacher

Help your child to do the following

- **Morning Blessings**: Help your child to perform “Surya Namaskar” and encourage them to greet all elders. Visit a temple or any other place of worship.
- **Inculcate responsibilities**: The little ones can be taught to do small jobs and extend a helping hand
 - ✓ Laying the table
 - ✓ Dusting
 - ✓ Watering plants
 - ✓ Cleaning the cupboard
 - ✓ Arranging books and toys
- **Be a friend to your child**: Play board games like ludo, carom, snakes and ladders
- **Use magic words as often as you can**:
 - ✓ Thank you
 - ✓ Sorry
 - ✓ Please
 - ✓ Excuse me
- It should be the **child’s work**. Parents should only help and guide.
- The **worksheets** are to be sent in a folder.

GROSS MOTOR ACTIVITIES

Gross motor activities are a great way for children to get all that energy that gets build-up.

They learn best while moving around. These activities will help children learn how to control and use their bodies, build muscle strength, balance, postural control and coordination.

MINDFUL POSES

Encourage your ward in doing simple yoga poses every day that help in gross motor development, flexibility, body awareness, understanding and following directions.



FLYING BIRD POSE



TREE POSE



STAR POSE

SIMON SAYS

Simon Says is a game that can be played to develop many of your child's skills, including **listening skills** and **concentration**. Use this game as a way to stimulate your child's large muscles.

Some ideas of actions:

Simon Says...

- Run towards the tree, run backwards
- Do 4 jumping jacks
- Do 3 cartwheels, turn around and lie on your back
- Crisscross your feet

Feel free to use your full imagination and your child will never stop enjoying this game.

ENGLISH LANGUAGE

ENGLISH –WRITING TIME

- ✓ Practice writing all the letters of the alphabet covered so far.
- ✓ Practice to write their names. (print form)

***All the written work to be done in a separate English notebook.**

ENGLISH ORAL / READING TIME

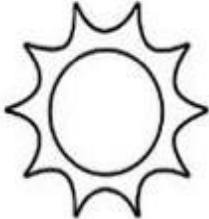



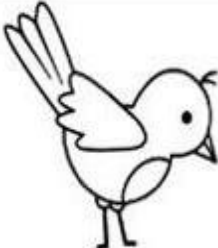


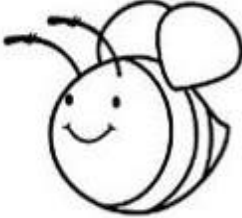


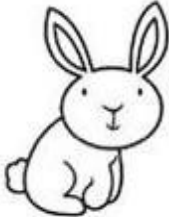
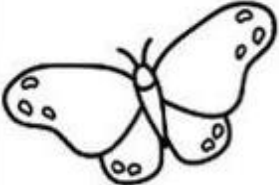
- ✓ Revise phonetic sounds of letters covered so far.
- ✓ Practice reading sight words. (list attached at the back)
- ✓ Practice reading two letter words. (list attached at the back)
- ✓ Make bed time reading a ritual with your child (with pictures and large text) and help them to read from left to right, placing the index finger on the text. After reading stories ask questions such as “Did you like the story?”, “Who was your favourite character in the story?” etc.
- ✓ Suggested Reading – Pepper series, CBT, NBT books.
- ✓ Converse with your child in English. Encourage them to use simple phrases and sentences like
 - May I come in?
 - May I drink water?
 - I am feeling hungry
 - I am feeling thirsty
 - Mother, please give me something to eat
 - Please give me a glass of water
 - Please tell me a story
 - May I play with my toys
 - Please switch off/on the light/fan

Read the sight words and two letter words. Read each word as a whole.

I	my	am	at	as	an
is	it	in	of	or	on
he	me	his	her	him	this
that	how	this	that	like	have
you	play	she	can	and	we

as	at	am	an
it	in	is	if
on	of	or	ox
us	up		

Color the picture and tick the right letter.

	s	z		p	q
	u	n		k	t
	b	d		r	n
	l	d		b	t
	c	o		n	m
	r	o		b	h

Match the uppercase letter with its lowercase letter.



A



C



E



G



I



L



K



M



B



D



O

d

m

b

e

c

k

a

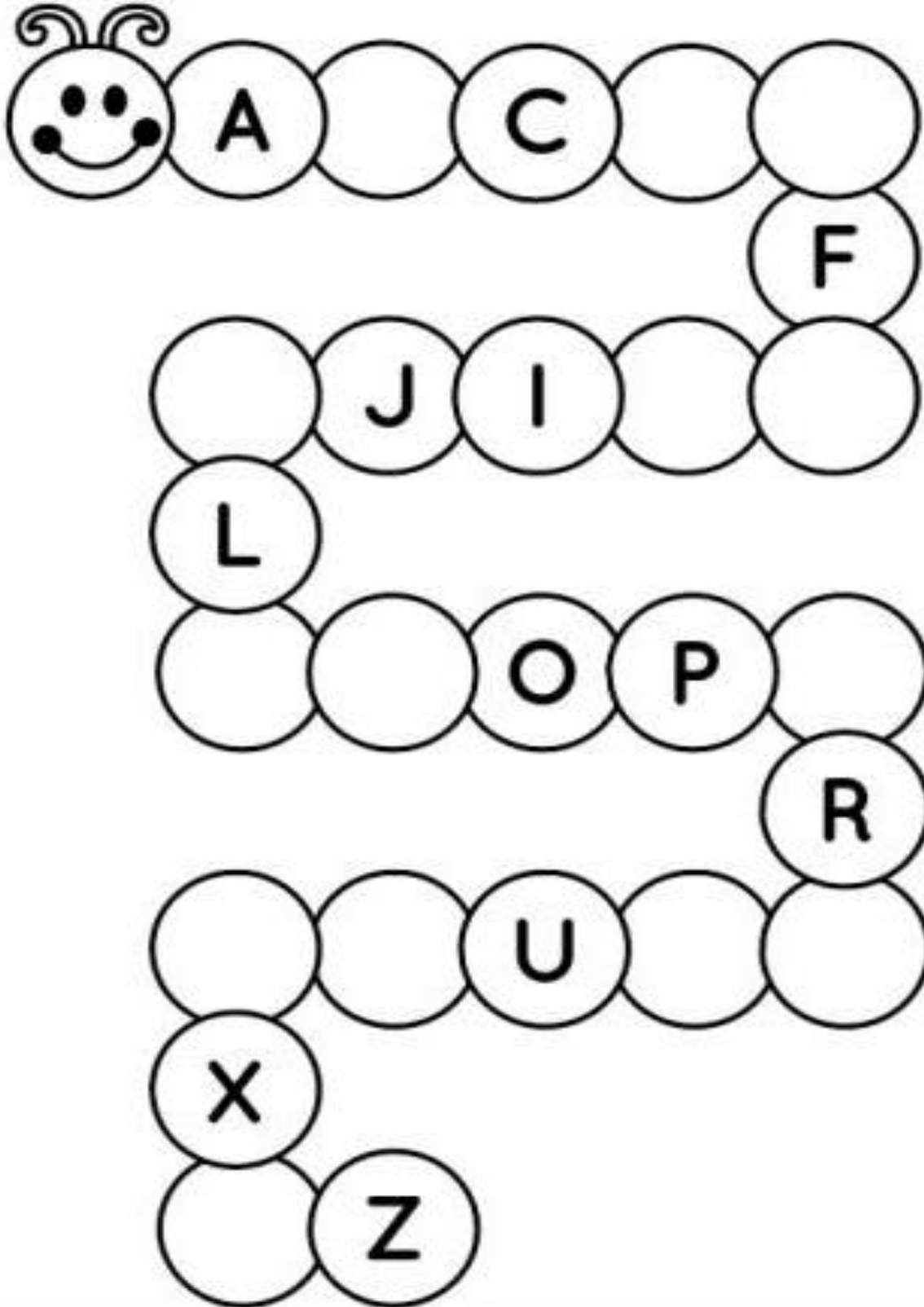
o

g

l

i

Fill in the Missing Uppercase Letters



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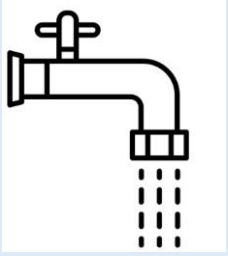
प्री-प्राइमरी

HOLIDAY ASSIGNMENT-4

चित्रों का अक्षर से मिलान करें।



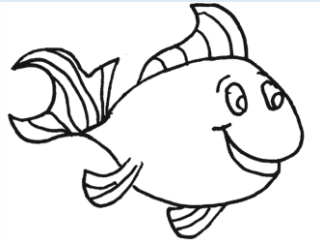
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म



न



क



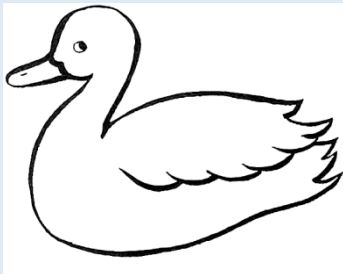
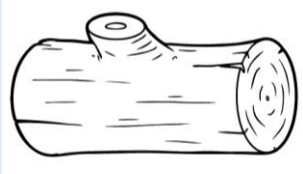
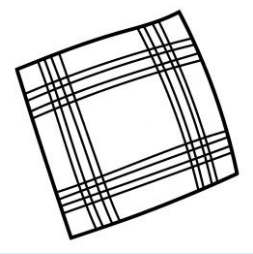
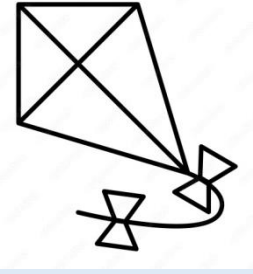
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HOLIDAY ASSIGNMENT- 5

चित्र देखकर पहला अक्षर लिखे।



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HOLIDAY ASSIGNMENT-6

दो अक्षर वाले शब्दों को पढ़ने का अभ्यास करें।

नल	तब	पल	बल
नग	तक	पर	बन
नर	तप	पक	लब
वन	तन	कल	रब
वक	तल	कर	अब
वर	इन	कम	मन
आम	ऊन	और	एक

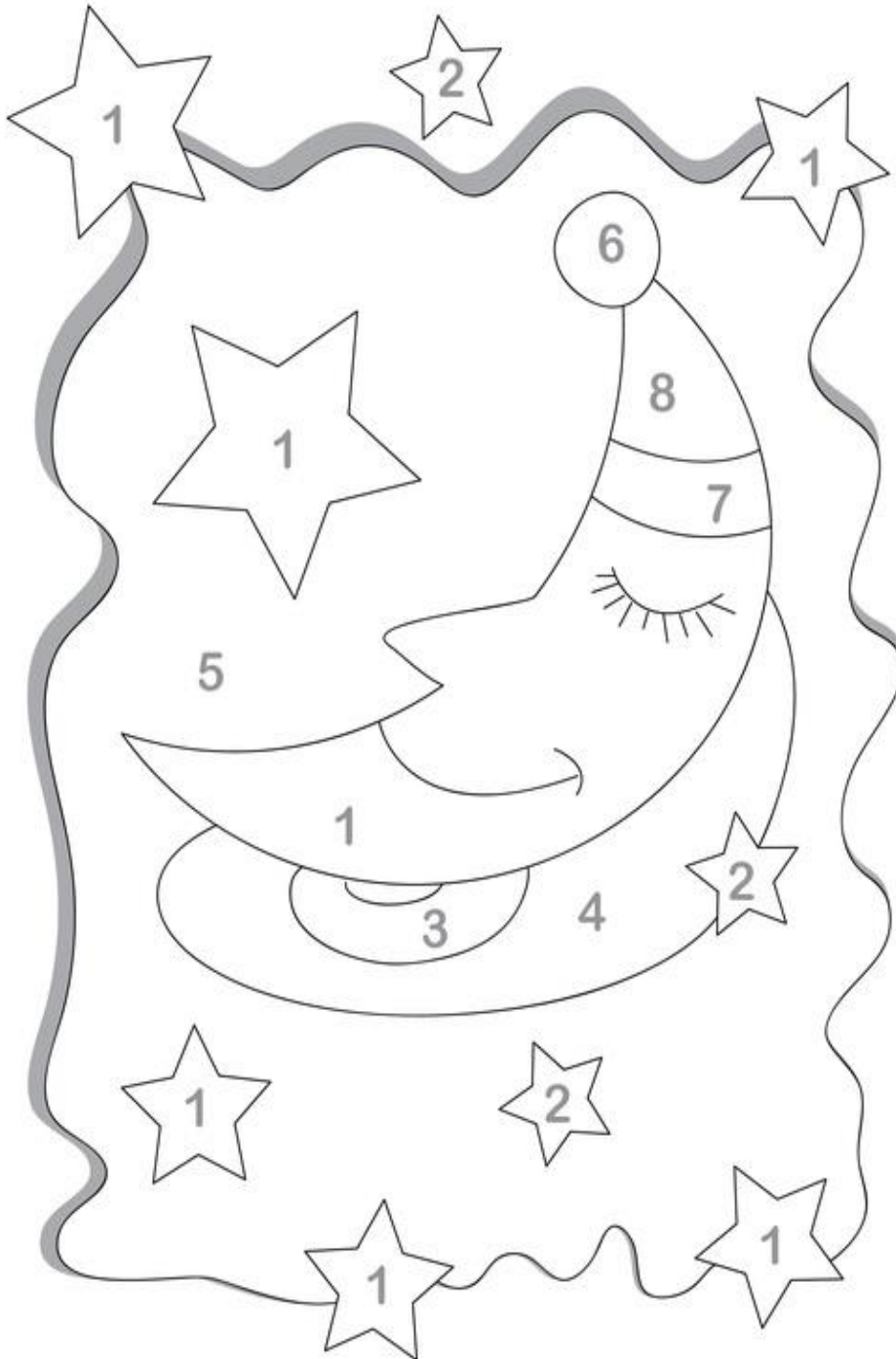
MEMORY SKILLS – NUMBER USER

I use numbers to tell about myself (to be done under parents' guidance and assistance)

1. My house number _____
2. My mother's/father's contact number
_____, _____
3. Number of candles I put on my birthday
cake _____
4. My age _____
5. My weight _____
6. Number of persons in my Family _____
7. Number of cousins _____
8. I can count up to _____

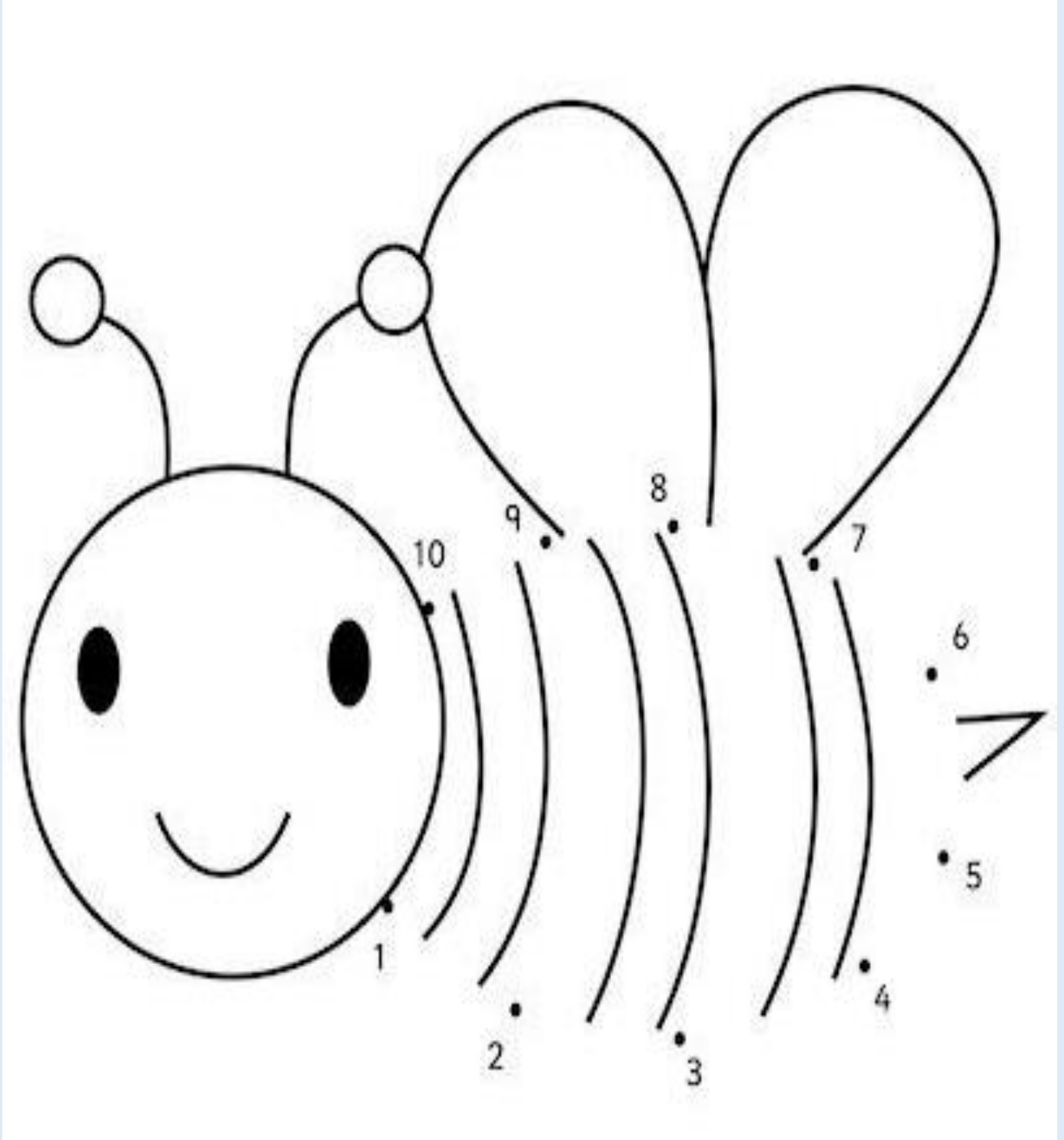
VERBAL AND VISUAL INTELLIGENCE

Use the color key to color the picture.

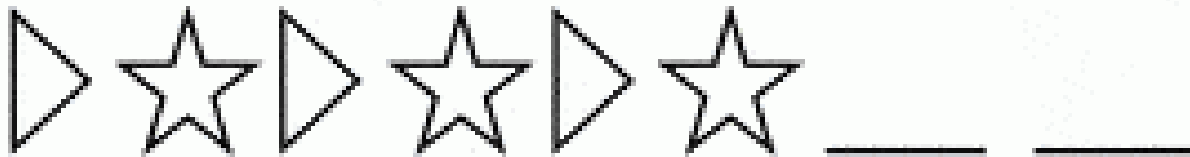
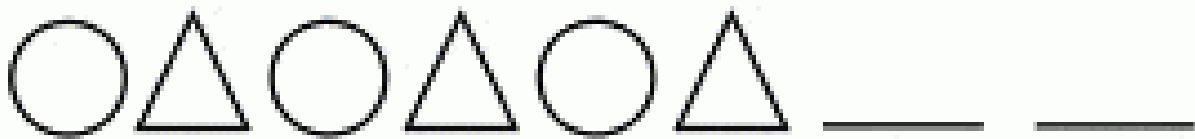
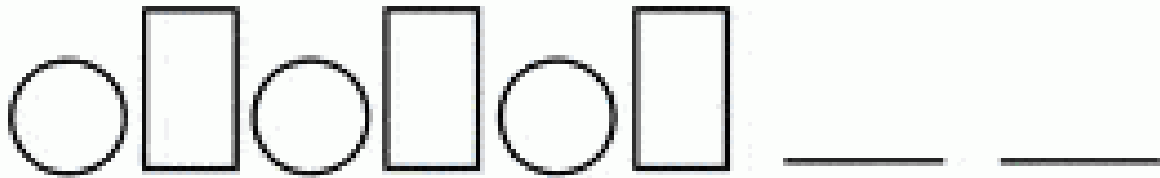


1	
2	
3	
4	
5	
6	
7	
8	

Join the dots and color the picture.

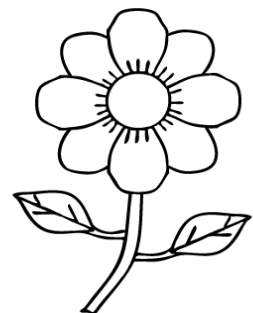
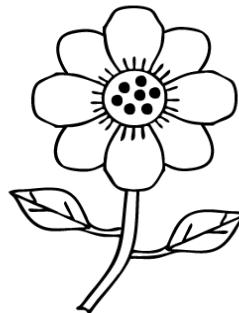
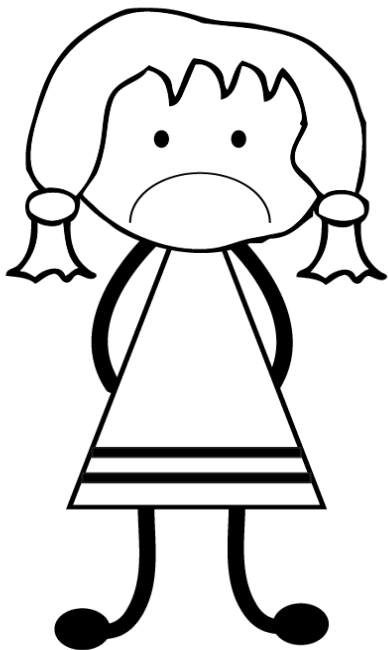
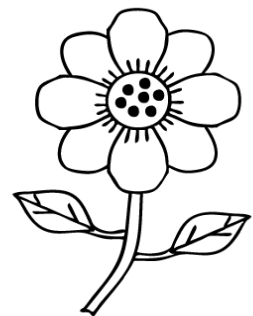
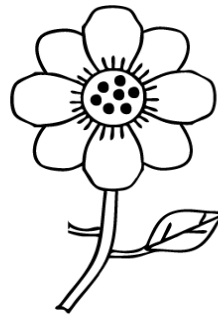
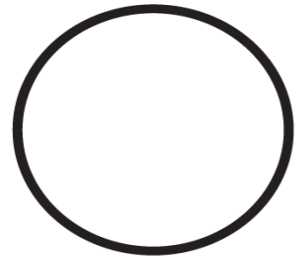
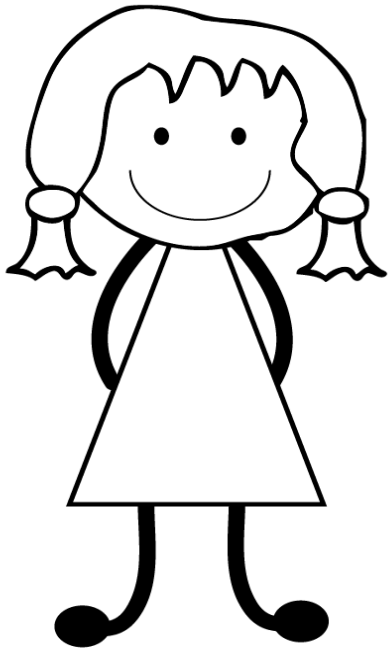


Complete the patterns:



Spot the difference

Find 5 differences.



LOGICAL AND VISUAL INTELLIGENCE – SPATIAL RELATIONSHIP

Help the dog to reach the bone.



How many stars do you give yourself on a scale of 1 to 5

STICK STAR STICKERS

✚ Turned of the fans and lights when not in use

✚ Turned of the tap when not in use

✚ Watered the plants

✚ Followed healthy eating habits

✚ Followed good manners

✚ Conversed in English

✚ Arranged my books and toys

