SUMMER VACATION ACTIVITIES



CLASS-V SESSION-2022-23





BAL BHARATI PUBLIC SCHOOL PITAMPURA PRIMARY DEPARTMENT HOLIDAY HOMEWORK

SESSION 2022-23



Dear Children

The holiday season is the perfect time to relax and reflect on the blessings in our lives besides working towards enhancing our skills. This year, we have tried to keep the Holiday Homework simpler yet informative and more interesting. The intent is to promote not only academic learning through interesting assignments but also activities which can gradually become hobbies.

Here are a few suggestions for you:-

- Make sure to spend quality time with your family.
- > Help your mother in the household chores.
- > Read interesting books and watch good English programmes.
- Play indoor games with your family.
- > Follow the instructions given by your teachers and try to complete your HHW independently.

Take care and stay safe!!



SCIENCE

Dear Children,

Let's together beat the heat with these interesting, entertaining summertime escapades keeping our overall health and wellness as our prime priority!!

TASK 1

YOGA FOR ALL, ALL FOR YOGA!!

Design and create a poster to raise awareness in your society about the benefits of practicing yoga in our daily routines. You may also include the vital DO'S and DON'TS to be taken care of while practicing them. Click your pictures along with your family members and add these too in your poster.

Make it your family time...

Watch the You-tube link provided (https://youtu.be/149lac5fmoE)







TASK 2

Go for a Nature Walk!!Take on a photo challenge...

The benefits of a regular morning or an evening walk are truly unmatched and undeniable!! So, get set and GO... explore your neighborhood areas or Parks, enjoy Bird watching, acquaint yourself with the flora and fauna around. Take note of your very special discoveries. Do remember to click pictures to capture the beautiful moments and your unique adventures as you discover your way not only to physical but also your mental fitness!! Proudly display your 2-3 best pictures on a self- designed ecofriendly photo frame.

Note :- The best captioned pictures will be displayed in the class exhibition.

TASK 3-THE MYSTERY UNLOCKED!!

The what and how of the food we eat and the water we drink (including their manner and time) sure determines the quality of life we lead. Keeping this in view, explore the internet to find out the most common dietary mistakes we commit (any 3) and also suggest the right ways to eat our food or even drink water etc. Creatively Present your findings with relevant pictures on an A4 sheet.

Read the lesson Soil Erosion and Conservation. List the key take aways from the lesson on A4 sheets to be discussed when you are back in July.

Regale your way to a quick recap of concepts done in class... Plant reproduction worksheets and online exercises (liveworksheets.com)

