## HOLIDAY HOMEWORK

## CLASS VI - 2022-23

## Family Time!

"A happy family is but an earlier heaven." -George Bernard Shaw.
The best way to relax and unwind is to spend some meaningful time with family. Here are a few suggestions to make family time fruitful. (Don't forget to click some nice pictures)


## Benjamin Franklin rightly said <br> "Tell me and I forget Teach me and I remember Involve me and I learn".

## Tasks to accomplish...

Pick up your own plates after every meal.

Use the three magical words - Please, Sorry and Thank You.

Explore and create your own kitchen garden. With your parents and grandparents, plant seeds, water them, create a healthy environment and keep your surroundings clean and green. Take cues from the kitchen and pot at least 4 herbs.

Help the needy. With parental guidance, clean your cupboard. Discard the clothes that you don't need anymore. Get them washed and distribute them to the needy.

Add minimum 2 photographs for evidence.

## 'Joyful June'

Complete the activities on 'Happiness' given below (You may maintain a journal):

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 <br> Decide to look for what's good every day this month | 2 <br> Say positive things in your conversations with others | 3 <br> Take a photo of something that brings you joy and share it | 4 <br> Re-frame a worry and try to find a helpful way to respond |
| 5 <br> Think of 3 things you're grateful for and write them down | 6 <br> Get out into green space and feel the joy that nature offers | 7 <br> Do something which you know makes you feel good | 8 <br> Find joy in music - sing, play, dance, listen or share | 9 <br> Do something kind today to bring joy to others | 10 <br> Ask a friend what brought them joy recently | 11 <br> Try a new recipe or enjoy cooking your favourite food |
| 12 <br> Write a gratitude letter to thank someone for what they did | 13 <br> Take a lighthearted approach. Choose to see the funny side. | 14 <br> Share a happy memory with someone who means a lot to you. | 15 <br> Look for something to be thankful for where you least expect it | 16 <br> Try to say something positive to everyone you speak to | 17 <br> Eat food that makes you feel good and really savour it | 18 <br> Look for the upside in a difficult situation |
| 19 <br> Get outside and find joy in doing something active | 20 <br> Rediscover a fun childhood activity to enjoy today | 21 <br> Send a positive note to a friend who needs encouragement | 22 <br> Watch something funny and enjoy how it feels to laugh | 23 <br> Create a playlist of your favourite songs to listen to | 24 <br> Recall a favourite memory you're grateful for | 25 <br> Show your appreciation to people who are helping others |
| 26 <br> Make time to do something playful, just for fun | 27 <br> Be kind to you. Treat yourself the way you would treat a friend. | 28 <br> Notice how positive emotions are contagious | 29 <br> Get in touch with an old friend and share a happy memory | 30 <br> Make a list of the joys in your life (and keep adding to them) |  |  |

## General Guidelines for the Holiday Homework Project

1. Students are required to create one Flipbook for the Holiday Homework. (How to create a Flipbook

- https://www.youtube.com/watch?v=6NUAMSHQtCc )

2. Make a proper index of the content page and picture gallery along with the serial number.
3. The project can be handwritten/a PDF/a PPT - which must be converted into a digital Flipbook.
4. Cover page should be made aesthetically. It should be creative indicating the name of the student along with the class \& section and session (2022-23).
5. All pictures downloaded from the internet, must indicate the address of the website.

- You may make a collage of photographs to demonstrate a particular point.
- You may use newspaper clippings.

6. Bibliography- indicating address of the website, books, journals etc. referred to.
7. Read the Newspaper daily. Look for a positive news and express it in your own words under the heading 'Did I Know It?' Attach these pages at the end of the file before the Certificate page.
8. Last page must be a Certificate Page certifying that the entire work has been done by the child himself /herself.
9. The homework (One flipbook- containing the homework of all the subjects) must be uploaded on MS Teams. The steps for the same are shared with you.

The theme for your Holiday Homework is 'Self Discovery'. You will receive your Holiday Homework weekly - every Monday. It must be submitted every Friday.

## Assessment Criteria

Presentation (Aesthetics/Creativity) - 4 marks
Research - 3 marks
Newspaper Activity - 3 marks

Read the English Supplementary Reader 'Sea of Stories' as it will be tested in the Periodic Test-1 examination.

## STEPS TO UPLOAD HOLIDAY HOMEWORK ON MS TEAMS

## Steps to Sign-in to access Office 365 and access Teams

1) Open any Web Brower(Chrome/Edie/Safari) and then type Office 365 Login $\mid$ Microsoft Office

2) Click on Sign-in (Your Sign-in ID is same as Google Id example- 212312@pp.balbharati.org). Enter your ID and password-may@2022.


## 3) Click on Yes


4) Click on Teams

5) You will get access to Class Team-example 6A (PP 2022-23)

## Steps to Upload

1) Click on your Class Team-Assignment, on right-side select Holiday Homework Assignment

2) Select Attach then click on Upload from my device

3) Select the file to upload and click on Open

4) Click on Turn in


## WEEK 1

## Mathematics:

## KNOW WHAT YOU EAT:

Math is nested inside every field of life and can bring joy if you seek them out. Knowing what you eat can provide you with knowledge and better health, especially when you choose to know their nutrition value.

Write the quantity and their nutritional information of the foods you had during the day (specifying the three meals).

## PROTEIN

FATS
CARBOHYDRATES
SUGAR
FIBERS

Present your information in a tabular form comparing the nutritious value of each meal and make it creative by pasting photographs of the food depicting the major components in each food item.

## Hindi:

विषय- खुशियों भरी दुनिया

* विद्यार्थी 1 जून से 15 जून तक के हिंदी समाचार पत्र में से ऐसी खबरें तथा सुर्खियां ढूंढुंगे, जिनमें किसी खुशनुमा पल का जिक्र हो और जो खुशियों से भरी हो।
* इन खबरों तथा सुर्खियों को इकटा करके एक पी.पी.टी. का निर्माण कीजिए।



## HOLIDAY HOMEWORK 2022-23 <br> ENGLISH PRACTICE WORKSHEET <br> CLASS VI (WEEK 1)

## READ the given stories:

> To promote peace and harmony in a diverse country like India - where people from different faiths come together in the spirit of humanity, celebrate India's diversity, its rich heritage and uniqueness. We, as learners and citizens of India, should read some beautiful stories (examples) of religious harmony in India.

1. When Hindus and Sikhs Helped Repair a Mosque:

People from the Sikh and Hindu communities helped repair an old mosque in Nathowal village near Ludhiana. They also took care of more than 65 percent of the repair expenses. The project cost was around Rs. 25 lakh, of which Rs. 15 lakh was contributed by Sikhs and Hindus. The three communities live in peace in this village. Muslims and Hindus contribute to the Gurudwara work as well. A resident of the village informed an esteemed newspaper that they celebrate all festivals like Diwali, Dusshera, Rakhi, Eid, and Gurupurab together.

## 2. A Muslim Who Sings Kirtans:

Shaikh Riyazoddin Abdul Gani, better known as 'Rajubaba Kirtankar', is seen singing Meera Bhajans while balancing a water-filled pot on his head. He is from a city named Beed in Maharashtra. He was fascinated by Hinduism when he was a child and used to sit outside temples to learn kirtans. Eventually, he was accepted by Hindus in the temple, and started singing there. On realising that people were falling asleep during kirtans, he decided to give them a twist with a dancing-singing routine. He used to sing while bringing water from the river and that gave him the idea of adding a pot to the performance. He also gave a performance at the SPIC MACAY festival of IIT-Bombay.

1. Based on the stories that you read above, write a letter to your friend expressing your point of view.

## Dear Amita/Amit

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$\qquad$
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$\qquad$
$\qquad$ .

Yours affectionately
$\qquad$
2. REFER to the image shared below and attempt the given task.

Write a paragraph expressing the importance of peace, harmony and brotherhood. (As propagated by Gandhi, Nehru, and many other prominent world leaders.) (100-120 words)

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Bal Bharati PUBLIC SCHOOL

## CLASS: 6 SUBJECT: MATHEMATICS

## (WEEK-1)

In Questions 1 to 7, write the correct answer from the given four options:
Question 1: $3 \times 10000+0 \times 1000+8 \times 100+0 \times 10+7 \times 1$ is same as
(A) 30087
(B) 30807
(C) 3807
(D) 3087

Question 2: 1 billion is equal to
(A) 100 millions
(B) 10 millions
(C) 1000 lakhs
(D) 10000 lakhs

Question 3: Which of the following is not defined?
(A) $5+0$
(B) $5-0$
(C) $5 \times 0$
(D) $5 \div 0$

Question 4: The product of a non-zero whole number and its successor is always divisible by
(A) 2
(B)3
(C) 4
(D) 5

Question 5: The number of factors of 36 is
(A) 6
(B) 7
(C) 8
(D) 9

Question 6: The sum of first three common multiples of 3,4 and 9 is
(A) 108
(B) 144
(C) 252
(D) 216

In Question 7 to 9 fill in the blanks to make the statements true:
Question 7: In Indian System of Numeration, the number 61711682 is written, using commas, as
$\qquad$ .

Question 8: The smallest 4 digit number with different digits is $\qquad$ .

Question 9: Numbers having more than two factors are called $\qquad$ numbers.

In Question 10 to 12, Solve the given questions with proper reasoning.
Question 10: Population of Agra and Aligarh districts in the year 2001 was 36,20, 436 and 29,92,286, respectively. What was the total population of the two districts in that year?

Question 11: Estimate the product $5981 \times 4428$ by rounding off each number to the nearest
(i) Tens
(ii) Hundreds

Question 12: Find the product $8739 \times 102$ using distributive property.

