

## **PROJECT COVID**

Inspired by Ms. Rekha Sharma (Education Advisor and member of the Management Committee), the teachers of the **English Language department** successfully undertook and executed **Project COVID**.

The students were introduced to several new words (associated with the global pandemic, COVID – 19), made to articulate their thoughts by writing informal letters, paragraphs and diary entry, based on the topic. They also shared simple recipes of the dishes they tried during the lockdown and recited the poems selected for their class.

### **Innovative Teaching Practices**

<b>CLASS</b>	<b>ACTIVITY / INNOVATION</b>	<b>DETAILS OF THE ACTIVITY</b>	<b>SUBJECT</b>
VI	Slideshow – Nature Warriors	Clicking photograph with the plants that children had grown during lockdown	Science
VII	Creating thermometer	2D/ 3D thermometer made by students	Science
VII	Recording Body Temperature	Students recorded body temperature for three consecutive days at four fixed time slots and observed the variations. (Think of various reasons for the fluctuations.)	Science
VIII	Poster Making Activity	Learning about harmful effects of plastic	Science
VI – X	Share your Recipe	Students shared the recipes of the dishes tried at home; the activity helped them use connectors and enjoy process writing	English
IX	PPT on Figures of Speech	Students made PPT on different figures of speech	English
VII	Poem Enactment	To engage students in meaningful activities	Hindi
VIII	Talkshow	To engage students in meaningful activities	Hindi
VIII	PowerPoint Presentations	Crop Production and Management	Science

## WORDLY WISE

- With an aim to enhance the vocabulary skills of our learners during this period, the Primary Department has introduced **Wordly Wise**- a novel concept wherein 5 new words are taken up each week and the students are made proficient in their usage through various activities related to these 5 words, such as, meanings, making sentences, synonyms, antonyms and writing a short composition using the same 5 words. The activity has been appreciated by the parents and students alike.
- Moving a step forward, the students are also being given words to further enrich their vocabulary. These words are such which can be used to replace the use of ‘very’ with other descriptive words; such as, saying ‘enormous’ instead of ‘very big’. The students are enjoying this new addition to their E-lessons.

## MYSTERY CALLER ACTIVITY

To celebrate the joy of picture reading all month long (Mystery caller )activity was experienced in the month of April to develop comprehensive skills in our children they were being called by the pre-primary teachers in attempt to appreciate them (Got caught certificate ) will be given to them when they will join back to school

- **Daily dose of news**, trivia and engagement is provided to students through HT School Edition via e-paper. The links of leading e-newspapers were shared with students and parents through class WhatsApp groups.
- To enhance and retain the students’ interest in reading, the Primary Department is regularly sharing ‘**Reading Activities**’ with the students over the weekends during the lockdown priod.. The students are motivated to write a 'review'of the story or a write-up on their favourite character/incident or make a book cover on the theme of the book/story. The students look forward to these activities and participate zealously in them.

## READING PROGRAMME

The concept of a devoted Reading period 4 days in a week, which was introduced in the Primary Department two years ago, has been running successfully, with the students eagerly looking forward to this period and taking part in the discussion based on the story read with great enthusiasm. The programme has proved to be a great resource towards enhancing the vocabulary of our young buds, helping them become confident orators besides further developing their interest in the world of books.

**Reading Week** was organized in the Primary Department from 08<sup>th</sup> September 2020 to 14<sup>th</sup> September 2020. A plethora of activities were organized for the students every day to inculcate and nurture the habit of reading among students.

- Pledge Taking
- Read-A-Thon (Fastest Reader)
- DEAR Programme (Drop Everything and Read)
- Online Story-Telling Session
- Calling the Writer in You
- Draw Your Favourite Character

The students pledged to follow the message of the Reading Week this year:

*‘When everything is closed and we have to stay at our home, we have more chance to become friends with books and nobody can stop learning.’*

- **READING PERIOD**

Fluent reading is new to the children of Class I and II, and to make it a habit, a Reading Period has been introduced where they are given exposure on how to read fluently and with expression. The librarian motivates them to post their reading videos on her email which children do regularly.

- **WORD OF THE WEEK**

An initiative has been taken to improve the vocabulary of the children of Class I and II through ‘Word of the Week’. A word is introduced every week and its meaning and usage is discussed everyday. Through this daily reinforcement, their vocabulary as well as reading and writing skills have shown marked improvement.

- **HINDI DIWAS**

To promote love and respect for Hindi, children of Class II presented a special E-Assembly on Hindi Diwas on 14<sup>th</sup> September, 2020. They took part in speeches, poem recitation and elocution in Hindi. There was a dance performance by students based on Saint Kabir’s Saakheyan and their relevance in our daily lives. A number of activities for other classes were also organised.

### **Feedback from parents**

*Human library concept conceptualised by BBPS was an extremely wonderful and informative experience as we not only shared some valuable experiences but also got a chance to know about the kids queries that they sometimes neither share with parents nor teachers .A good initiative by BBPS*

**Student's name- Aditya grover- VIII H**

**Parent Ms Neeta Grover.**

*The concept of Human Library is a unique concept. My experience was very good. The students were very eager to listen to us and very patient during conversation. I feel I was able to inspire them by telling them my real life story from being a average student to brighter one. In my view School should continue with this effort .*

*Thanks*

**Student- Devanshi Tayal- VIII F**

**Parent- Mr. Devendra Kumar Tayal**

**"The more you read, the more things you will know. The more you learn, the more places you'll go."**

One Nation Reading Together (ONRT) is an initiative to inculcate reading habit among the people of the nation, especially children during their formative years.

Under this initiative, on January 24, 2020, the students of the Secondary Department and the essential staff of the school were encouraged to read a book of their choice for 30 minutes in the school library.

## **READING**

In order to channelize the extra energy of the students, an initiative has been taken to encourage them to spend their time in reading during the PLAY TIME. They are asked to sit in the library where they are given puzzles to solve and attractive books to read to encourage them to do something constructive.

## **B. INITIATIVES IN TEACHING/ACADEMICS**

<p>Date of updation April,2021</p>	<ul style="list-style-type: none"><li>• The Primary Department has initiated Knowledge Spree wherein a GK Quiz is attempted by the students every fortnight after which it is discussed by the Class Teacher.</li><li>• Online Vedic Math Sessions, initiated for the students of class IV, have been going on successfully. The sessions are conducted over the weekend by Akshit Nagpal, a student of class 10 of our school. More than 70 students participate in these sessions and learn new ways of gaining proficiency in Mathematics.</li><li>• Let's Explore India involves students of Class I &amp; II in learning about the country they live in, through a series of tasks. As a part of the ongoing</li></ul>
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	<p>series, the students get acquainted with interesting facts about a state with the help of a PPT and a worksheet, once a fortnight. During this period children learnt about West Bengal, Uttrakhand, Ladhakh and Himachal Pradesh.</p>
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Learning is a continuous process and we aim to provide ample opportunities to our students to engage in meaningful activities that contribute to their intellectual development. The Middle and the Secondary department of the school compiled a few interesting thinking skill activities to involve students during the holidays on account of Coronavirus under its initiative '**Let's Explore and Learn**'

**VidyaDaan**, a national programme launched by the MHRD under DIKSHA initiative, provides an online portal where individuals and organisations can contribute e-learning resources to ensure quality learning continues for learners across India. We are proud to share that the teachers from the department generously contributed to this noble cause and uploaded many teaching-learning modules. It is a matter of great pride for the school that Ms. Anjali Verma's and Ms. Neelam Malik's contribution for Physics and Ms. Shilpi Chopra's contribution for English has been accepted as a valuable resource and will be used for the portal.

The details are as follows:

1. Ms. Ruchira and Ms Deepti Kamboj (class IX- Economics and Geography, respectively)
2. Ms. Harkiran and Ms.Deeti Kamboj (classX- Political Science & Geography, respectively)
3. Ms. Mini Pruthi (class XI, Political Science)
4. Ms. Amandeep Kaur (Nutrition in plants, Class X- Biology)
5. Ms. Priti Gupta (class IX- Mathematics)
6. Ms. Upasna (classX, IX Mathematics)
7. Ms. Neetika class (class VIII / IX Mathematics)
8. Ms. Nishu ( class VIII, IX , X Mathematics)
9. Ms. Hina (class 7 Mathematics)
10. Ms. Priti Jain (class VIII, Mathematics)
11. Ms. Supriya (class IX, Mathematics)
12. Ms. Shilpa (class X - Maths)
13. Ms. Ruby Chadha and Ms.Sangeeta Arora ( class 10,Types of reactions, Chemistry)
14. Ms. Divya Mehta and Ms.Anjani Sarin( Class 9 ,Matter in our surrounding, Chemistry)
15. Ms. Neelam Malik (Physics)
16. Ms. Anjali Verma (Physics)
17. Ms. Amarjeet Chhabra (Class- X ,English)

18. Ms. Shilpi Chopra (Class- IX, English)
19. Ms. Daisy Taneja (Mathematics)
20. Ms. Rashika , Ms. Kananshree (English)
21. Ms. Monika Chawla, Ms. Sonia Kalra (Accountancy)
22. Ms. Namrata (Physics)
23. Ms. Preeti Khanna (Computer Science)
24. Ms. Vijayta (Economics)
25. Ms. Anita Sood, Ms. Surbhi (Chemistry)
26. Ms. Vineeta (Business Studies)
27. Ms. Manju Roy (Mathematics)
28. Ms. Puneeta Chhabra (Class I - Maths)
29. Ms. Manisha Sharma (Class I - English)
30. Ms. Charu Bansal (Class I - English)
31. Ms. Meenakshi Kapoor (Class II - EVS)
32. Ms. Meenakshi Chhabra (Class II - Maths)
33. Ms. Charu Gulati (Class II - English)
34. Ms. Geeta Sharma (Class II - EVS)
35. Ms. Jagriti Gandhi (Class II - English)
36. Ms. Chhavi Nangia (Class II - English)
37. Ms. Arpana Gupta (Class II - Maths)

**Funtoot** is a self-assessment online programme, specially designed for students of classes VI-VIII to assess their understanding of Mathematical concepts. The school registered all the students of classes VI-VIII for the programme.

In order to enable students practice effectively for the upcoming Online Assessment to be conducted from 1<sup>st</sup> June to 5<sup>th</sup> June 2020, **Online Mock Tests** were provided to them for each subject in the same pattern as that of the assessment sheet.

### **'Let's Walk an Extra Mile**

- To combat the challenges posed by Coronavirus outbreak, the Middle and the Secondary Department of the school took an initiative '**Let's Walk an Extra Mile**'. Online teaching has become the norm in today's scenario. It is our responsibility to reach out to our students and support their learning even during the preventive lockdown in the country. Every department is working hard and exploring new ways to ensure that the students' learning is sustained even during such testing times. As a part of this endeavour, teachers have been preparing subject specific resource material, **E-lessons** for the students. With an aim to ensure dissemination of study material in an uninterrupted manner, E lessons are being shared with students on a regular basis through **Google Classroom**. **Online Tutoring Sessions** are also being conducted as per the schedule. These sessions commenced in class X on 15 April 2020 and in classes VI-IX from 20th April 2020.

The theme for the month of April for Pre-school and Pre-primary was **ALL ABOUT ME**. The teachers made various interesting live videos related to the topics which were uploaded to YouTube and the links were shared with the parents.

Music, dance, instrumental and art lessons are also going to the children through videos made by their teachers.

## **CRISP MODULES**

Connected classrooms app by CRISP is introduced as a bridge between classroom teaching and guided learning at home. The teachers of class 1 and 2 made customised modules as a tool to enhance learning and build a connection between students and teachers on a regular basis. The students are able to replay and review each lesson any number of times as per their individual learning style.

We have been providing consistent support to the students by **providing access to online learning portals such as *Khan Academy and Mindspark***. Regular assignments from such portals aim at giving the students an in-depth understanding and application of mathematical concepts.

Besides sharing the E-lessons on various scholastic subjects, the Primary Department is also sharing various links or videos made by the activity teachers to ensure that the young buds also remain entertained and rejuvenated during this tough time. Some of the videos and links shared so far include:-

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    - Videos on Art and Craft
    - Videos on Western Dance, Western Music, Indian songs/ music and folk Dance
    - Links of e-stories, e-magazines, various Online Competitions
    - Link for Online Dance Competition ‘Online Selfie Spectrum’
    - **Solve to Evolve** - Critical Thinking Worksheets
    - Lifeskills Activities being included in the E-lessons
    - Videos about various exercises and yogasanas by the Activity Teachers

## **FUN TASK**

To incorporate a fun element in learning, 'fun activities' was introduced in all the classes of the pre-primary department. It includes riddles, tongue twisters, funny stories, brain teasers, memory games, picture conversation, watching movies and action 4 covid mask making.

## **LEARNING THROUGH APPS**

In this period of lockdown when books are not available to the students, textbook apps and a story learning app were introduced to them through step by step video presentations by their teachers, which made them access the apps easily.

## **CRITICAL THINKING ACTIVITIES**

Learning to think critically is a vital part of a child's development. To develop logical thinking and reasoning power among children of class-1 and 2, critical thinking worksheets were given to them on a regular basis.

## **ONLINE TEACHING THROUGH GOOGLE CLASSROOMS**

Online sessions for class 1 and 2 commenced from through google classrooms. It provides a great platform to make the teaching learning process more interactive and effective in this lockdown period. The students are excited to learn from this interactive technique.

- **The only Happy END that I know... it's the weekEND!"**

Our proficient and dedicated activity teachers keep the students productively engaged during the weekends by providing them with activities and exercises which are not only fun to do, but also up their knowledge quotient. **Meal Planning Lessons** are shared with students on every weekend to cater to their creativity, keep them occupied and to allow them to contribute in the domain of kitchen. Our **Art department** has been preparing short video-based lessons, explaining how to create beautiful pieces of art through sketching and painting. The **Sports teachers and instructors** have been sharing videos with students, wherein they are performing easy-to-do exercises with the aim to help students and their family members to stay fit and healthy while at home.

The **Music department** has been disseminating the knowledge of Music to children, through its crisp video lessons detailing the nuances of playing various instruments. Our **Dance teachers** have been honing the aesthetics and dancing skills of students through their elaborate videos on various dance forms such as Bharatanatyam, Kathak, Kuchipudi among many others. In addition to this, **Critical Thinking** and **Thinking skills** based worksheets are being shared with students on a weekly basis.



### **Aero Modelling Workshop**

With an aim to give hands on experience to the students and to stimulate their creativity, the school conducted

‘Aero Modelling Workshop’ for the students of classes VI to IX from 20<sup>th</sup> to 23<sup>rd</sup> January 2020. The students

assembled the model of Catapult Glider and it was a great learning experience for them.

### **C.INITIATIVES FOR ENHANCEMENT OF CREATIVE AND COMMUNICATION SKILLS**

*“Art enables you to breathe in a special kind of happiness.” The world is grappling with the challenge of maintaining a healthy and safe environment for its citizens. Amidst the fear of sustenance, it is essential for us to give a creative vent to our pent up emotions. Realising the need of the hour, the **Art Department** of the school has made earnest efforts to continue the Art Club and devise innovative ways to keep the creativity of the students flowing. The Lockdown period has come as an opportunity for the students to indulge in artistic activities that channelise their energies and uplift their moods.*

- **ART INTEGRATED LEARNING (AIL)**

All departments have adopted Art Integrated Learning (AIL) as part of their curriculum. Students engage in art activities and construct personal meaning through their learning in an art integrated environment. Below are some activities conducted from July to October, 2020.

Class	Subject	Topic	Art Form (AIL)
I	Mathematics	On book cover/ earthen pot/ bottles/ plastic box etc	Warli art
II	English	Thumb printing	Creating a garden
III	Mathematics	Shapes – Shapometry	Designing a landscape using shapes
III	EVS	Food–Cultural Diversity	Dance forms
III	English	Magic Vessels	Pottery
III	Hindi	Traffic Rules	Drawing / Colouring
IV	Science	Plants and Animals	Clay Moulding
IV	Mathematics	Shapes	Warli Art
IV	English	Story Narration	Spin-a Yarn
IV	English	Dances of India	Dance Forms
IV	Hindi	Do Balon Ki Katha	Role Play
IV	Science	Healthy / Unhealthy Food	Singing / Dancing
IV	Social Science	The Northern and Coastal Plains	Collage Making

V	English	Damon and Pythias	Puppetry
V	Social Science	Transport and Communication	E-Magazine
V	Mathematics	Symmetry	Drawing
V	Hindi	Sarvanaam	Chadi Kala
V	English	Children of India	Poster Making

Name of the Activity	Month	Classes	Conducted By/Art Form
			<p>Maths Department-</p> <p>Stupa Buddhist Art, Saura Art, Gond Art, Kolam A</p> <p>Science Department-</p> <p>Story of Transport using Madhubani Art, 3D Model of types of teeth, model of metamorphosis and 3D models of types of tissues using biodegradable/waste material.</p>
Art Integration Activity	August	VI- X	<p>English Department-</p> <p>Landscape painting inspired by the poem 'In Morning Dew', Book jacket design of 'Swami and Friends'/ 'Malgudi Days' using Bengal Pat art, Scene depiction using Madhubani Art, Miniature painting inspired by the poem 'Rain on the Roof' and book jacket design using Tantrik Art style.</p>
Art Integration Activity			
Use any one Art Form (Thangka, Worli or Madhubani)	September	VI- X	<p>Science Department- Power point presentation or brochure on any five traditional dishes of Sikkim and their health benefits</p>

Name of the Activity	Month	Classes	Conducted By/Art Form
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कला एकीकरण गतिविधि		III	Role Play with masks--
Money		III	Role Play
Collage on plants		III	Tie and Dye with natural colors
Forest -As a source of food	October	IV	Culinary Skills Activity
व्याकरण , सामान्य ज्ञान		IV	क्रिज़ेज.कॉम पर प्रश्नोत्तरी गतिविधि
HASYA KAVITA		V	Poem Recitation
Reducing Carbon Footprints		V	Poster making

- The Art Department conducted **weekly online classes** for the members of the **Art Club** of the school through Google Classroom video conference.
- Special weekly classes incorporating the theoretical and the practical aspects, for the students of classes 9 and 10, were also conducted in accordance with the Fine Arts syllabus.
- The Art Department has been regularly uploading the **art assignments** for the students of classes VI to X in the form of Weekend Activities.
- Special **video tutorials** were also shared with the students of classes VI to X through Class WhatsApp groups.
- The Department has also trained and guided students to represent the school at the following **online art competitions**:
- **Baba Bhimrao Ambedkar Competition** organized on 16 April 2020
- **Covid-19** organized by **CRPF** on 25 April 2020

The **Student Sports Committee** of our school has come up with an initiative of sharing daily workouts with their peers, to help them maintain a basic level of fitness. The capsule contains moderately intense workouts every day and the duration of each workout is around 30 minutes.

## **VOTER AWARENESS CAMPAIGN FOR DELHI LEGISLATIVE ASSEMBLY ELECTIONS 2020**

To enhance the awareness of the voters and to increase their participation in the elections, the Election Commission of India launched an initiative '**SVEEP**'- **Systematic Voters' Education and Electoral Participation**.

Bal Bharati Public School, Pitampura actively participated in this campaign and the students took a pledge to convince their parents to cast their vote in the upcoming elections on 8 th February 2020.

The students formed a human chain to form "VOTE" pattern. The teachers extensively discussed the importance of voting in the Indian democracy and the power vested in the voter with the students. They also brainstormed about the potent power of a vote and how awareness among adult voters can be increased to ensure a good turn out on the voting day.

## ART INTEGRATION

*“Art Integration allows us to build chefs who make choices- not cooks who merely follow the recipe”*

In order to make the students enjoy and appreciate the concepts taught in the class, various Art Integration activities were conducted in the Middle and Secondary Department.

Class	Subject	Activity
VI	Biology	Designing leaf patterns to study Leaf Venation.
		Book Mark designing to study the detailed structure of leaves
VIII		Poster Making and Slogan Writing- Save the Girl Child, Say No to Drugs, Sex Determination in Humans and shapes of cell using recycled material
IX		Paper Folding-Giving tangible form to various scientific processes
		Poster Designing-Awareness on Female foeticide
VI	Mathematics	Creation of animal and bird figures using digits.
VII		Tessellation Activity - Arrangement of shapes closely fitted together in a repeated pattern without any overlap or gap.
VIII		Making of bird/animal figures using Tangrams
IX		Curve Stitching Activity - A form of string art where smooth curves are created with the use of straight lines.
X		Drawing objects which follow Fibonacci sequences.
IX		Sanskrit

## D. PARENT CONNECT

Date of updation July2021	<b>PARENT VOLUNTEER PROGRAM</b>  Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents. ‘Parent Volunteer Program’ was initiated in the Pre-Primary Department. The parents volunteered to share their knowledge and talents by presenting stories, rhymes, craft work etc. during the virtual classes. These activities were entertaining as well as educational. An
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	<p>appreciation letter was given to these parents to express gratitude for their efforts.</p> <p>The Annual Sports Day of Pre-Primary Department was held on 12<sup>th</sup> March, 2021 through Virtual sessions. The children showcased their talent in various sports and drills. The teachers made them aware of the importance of staying fit and healthy while adopting regular sport or yoga in their daily routine.</p>
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**Care and Connect** is a beautiful initiative taken by the school to maintain a regular connect with all the stakeholders on how to engage their children productively. Innovative ideas- '**My Covid Diary**',

During the lockdown period, Class teachers of X and XII have been conducting PTM through phone calls, wherein they speak to the parents discussing their ward's participation and performance.

The Class Teachers across classes III to V have been calling 5 – 6 parents of their respective class everyday during the lockdown period to ensure that the students are checking the E-lessons being shared on regular basis besides going through the additional material being shared on Connected Classrooms – CRISP. The teachers are also appreciating the efforts being put in by the students as well as their parents to ensure that the students attend the Online Sessions everyday.

## **PARENTING WORKSHOP**

Positive parenting builds healthier relationships between the parents and children. It makes parents more sensitive, responsive and consistent in their interaction with the children. The school has always initiated to support and guide the parents in this concern. As a continued effort, the school invited two eminent speakers, Ms. Jyotsna Bhardwaj and Ms. Geetika Kapoor to guide and enlighten the parents of pre-primary department on 15th, 22nd and 29th February 2020. The endeavour was a great success and surely did its bit in guiding the parents through the journey of good parenting.

## **CAREER GUIDANCE WORKSHOP FOR PARENTS**

Parents play a crucial role in helping their children recognise their true interests and unique talents. Only an informed and aware parent can help the child in making the right choice. A

Career Counselling Workshop was organized in the school for the parents of class X students on 17 February 2020 by Mr. Ritesh Jain, President of Centre for Career Development.

Mr.Ritesh successfully dispelled several myths related to stream selection for parents. The facilitator drew emphasis upon mapping the passion, interest, personality and aptitude of the children as requisites to help them choose the right track as a career.

### **E.THEATRE IN EDUCATION –**

The Primary Department of Bal Bharati Public School, Pitampura staged its fifth **Annual Theatrical Production, ‘Charlie and the Chocolate Factory’** on 31st January and 1st February, 2020 with great pomp and show. The musical based on Roald Dahl’s classic, showcased electrifying performances by over 200 students who danced into the hearts of the audience. Both the shows had a different cast of student performers. The actors did their parts with such grace, élan and perfection that they could be easily mistaken as seasoned professional artists. The stage setup was aesthetically designed and was extremely vibrant and colourful. The power-packed scintillating enactment left the audience in awe of the efforts put in by the little rockstars who made the evening a memorable one.

### **E.LIFE SKILLS**

<p style="text-align: center;">Date of updation July,2021</p>	<p style="text-align: center;">Mental Health and Wellbeing</p> <p>Various counselling and mental health activities were conducted throughout the month of November:-</p> <ul style="list-style-type: none"> <li>• To impart age-appropriate life skills that are important for children.</li> <li>• To create a safe space for children to reach out for help.</li> <li>• To allow children to express freely, think creatively and learn through mutual sharing of experiences.</li> <li>• Wellness Week was organized in the Pre-Primary and Primary Department from December 01 to December 04. Sessions on healthy eating, dental hygiene, yoga, meditation and mantra recital helped students relax and destress themselves .</li> <li>• Regular tips and posters on Mental Health were shared with students of</li> </ul>
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	<p>classes VI-VIII to keep their spirits high and their surroundings positive even during the pandemic</p> <ul style="list-style-type: none"> <li>•</li> </ul>
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At Bal Bharati, it has been our constant endeavour to help our students become better individuals. Continuing with this objective in mind, through life skills activities, we wish to orient them towards formation of good habits, developing self awareness, realising the importance of family, inculcating the values of empathy and making them responsible and strong individuals. The Middle School has adopted a trans disciplinary approach and combined life skills sessions with music classes to make it a joyful multi-sensory experience for our young minds. Every session starts with an ice-breaking discussion followed by a short movie on the selected theme. The students are given an assignment and initiated into a music session to reinforce the theme. The responses of the google forms are reviewed and follow up done by the teacher through class discussion. This personalised approach helped in enhancing their involvement in the activity.

- **Art of living workshop**

In order to improve the physical, mental and emotional health of the students, an Art of living session was organised on 10.2.20. The session included the recitation of Shloka (Om Shri Ganeshaya Namah, Om Sri Sri Sarasvaty Namah etc), Yoga (Tadasana, Waist rotation, Brahmari etc.), Chicken dance, Daadi maa ka Nuskha and Bhajans. It was a fun filled interactive session and children were benefitted a lot.

- **GOOD LUCK HAWAN**

With an aim to inculcate spiritual and moral values in the students and to seek the divine blessings, a good luck hawan was organized by the secondary department for the students of class X on 30th January, 2020. This was followed by a langar for the students of classes IX and X.

**‘ASPIRE’-LIFE SKILLS TRAINING PROGRAMMEME was conducted at Bal Bharati Public School, Pitampura from Nov 2019 to Jan 2020.** Four life skills training modules were conducted for class VIII under the programme. A total of approximately 350 students participated in the programme.

The following topics were incorporated into each of the modules and inputs on dealing with them were given from time to time through interactive discussions, experience sharing and examples.

- Etiquette and manners
- Anger issues
- Using slangs and inappropriate language
- Casual approach towards everything-health, appearance, grooming and academics.
- Time management and prioritization
- Self-esteem and body image issues

- Bullying
- Cyber addiction
- Defiant behaviour and not following instructions
- Peer pressure and boy girl relationships

The team appreciated the school administration and the staff for its support and cooperation in the execution of the programme.

### **Life skills activities**

Life skill activities were conducted in the month of Dec.2019 and January 2020 for classes VI to IX :

VI A-I Electronic card making, Identification of components, Use of switches, Proper circuit connections

IX A-I Electronic Lantern

VII A-I Electronic card making

VIII A-H Electronic card making

VI-IX all sections Catapult Glider Fundamentals of creating model aircrafts, wing dynamics

VI A-I Sandwich Making Basic self-help culinary skills Hands on experience

VII A-I Sandwich Making

VIII A-H Bread Pastry Making

IX A-I Bread Pastry Making

The students thoroughly enjoyed the life skill activities and it proved to be great learning

### **“Learning how to learn is one of the most important skills in life”**

Learning Life Skills equips students with the tools required to lead a productive life. With an aim to prepare students for life and to teach them the culinary skill, the meal planning lab of the school conducted a workshop for the students of class VII on 15 January 2020. Students thoroughly enjoyed the process of preparing a sandwich and learnt about the health benefits of the ingredients.

### **Gratitude Day**

There is something or someone in our life to which we are grateful. To express this feeling, the Gratitude day was celebrated on 18.2.20 in Pre School and Pre Primary. It was a gentle reminder to all of us that no matter how busy we are, we should never forget to be thankful. Children prepared gratitude slips in which they thanked their home, family, friends etc. and put them in the gratitude jar.

### **MINDFUL MONDAYS**

Mindfulness and living with a positive mindset is a guiding arrow towards building mental strength. The Counsellors work towards building holistic mental strength and well being of the students through the Mindful Monday Programme. Every Monday students are provided



with positive practices and activities. They are encouraged to do deep breathing, be positive and learn how to manage different stresses of life

### HAPPINESS CURRICULUM

Studies have shown that schools teaching happiness skills academically outperform schools teaching a standard curriculum. We follow a specially designed Happiness Curriculum in the Pre-Primary and Primary classes to broaden students' thinking skills and to fuel positive emotions in children. As part of the happiness curriculum class, students undergo meditation, value education and mental exercises to build on their positive strengths.

- **Draw what you would consider a happy day.**
- **Using colors of happiness, create a collection of paintings\* which represent a spectrum of happiness, from contentment to ecstasy, in different styles: realism, abstract painting, etc.**
- **Paint a picture of a happy person's face and explain all the elements that make that person's face happy.**
- **Make a photo collage of your happy moments.**
- **Use paper, clay, beads, fabric, etc.\* to represent the happiest day you remember.**

### F. DIGITAL LEARNING

	<ul style="list-style-type: none"><li>• Recognizing the need to equip the staff with the necessary technological tools and skills, an IT Skill Enhancement Program, Tech-a-Thon, has been initiated from 4<sup>th</sup> January 2021. The teachers across the school have been divided into groups- Alpha, Beta and Gamma, and receive training every Saturday by members of the Computer Science Department. The staff was given hands-on sessions on Flipgrid, Filmora, Google Apps, Adobe Spark to name a few.</li><li>• The students and parents are updated with the latest achievements of students, staff members and the school through slides shared on daily basis on official whatsapp groups. This initiative of appreciating the efforts of students motivates them to move to greater heights of excellence. Our parent community has really appreciated this endeavor</li></ul>
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- **NATIONAL CYBER SECURITY AWARENESS MONTH**

October is observed as National Cyber Security Awareness Month (NCSAM) globally. It is important to continue to raise awareness about the importance of cyber security across our nation. Students across all classes were encouraged to protect their part of cyberspace with emphasis on personal accountability. Various activities were conducted in accordance with NCSAM.

- Creating Posters
  - Making Presentations
  - Cyber Safety Quiz
  - Story Narration
  - Group Discussion
  - Poem / Song Composition
  - Colouring
  - Skit
  - Video Making
  - Collage Making
- 
- Online resources and software such as **Windows 10 Game Bar** (for screen recording), **Adobe Spark**, **Any Desk**, **Team Viewer**, **Whiteboard** and **Digital Pad** are being used by teachers during online classes. To make collaborative work possible, **Google Docs** was used for **Syllabus Compilation and planning of SEA activities**. Data collection has been made possible using **Google Sheets** and **Google Forms** are being used for **objective type assessment**. **Online Quiz mediums** such as Kahoot and Quizizz are being used by teachers to make online tutoring sessions interactive and for assessment of learning. The Hindi language teachers have been working on **Google Input Tool** for Hindi typing and software like Cam Scanner are being used to scan documents. We can proudly claim that all the staff members have been successfully able to hone their technology skills.
  - Ms. Rachna Garg, TGT Sanskrit, and Ms. Suman Maheshwari, TGT Hindi, encouraged students of classes IX and X to create **collaborative videos**. This was done with an aim to make them self-reliant and to inculcate soft skills like time management, teamwork, leadership, communication, flexibility, creativity, critical thinking and problem solving in them.
  - Students were made aware of **Cyber Laws** and are were trained in following the desired protocol of attending online sessions. Mr. Rakshit Tandon addressed the students and parents regarding safety measures to be followed while attending online classes.

## **ALUMNI CONNECT**

- **ALUMNI INITIATIVES**

Our Alumni launched an empowering initiative for students to help them navigate the path to success in their fields of interest in the month of April.

‘Men and Women of Substance’ was born out of the shared passion across the alumni community to enable the students of our school to achieve greater heights by sharing their struggles and achievements. The 2<sup>nd</sup> Season of Men & Women of Substance Webinars began on 10<sup>th</sup> October, 2020 as follows:

- 1) 10<sup>th</sup> October, 2020 - Mental Health Day - Dr. Anjuman Bains, Consultant Psychologist.**
- 2) 17<sup>th</sup> October, 2020 - Mr. Devashish Sharma, Institutional Investment professional.**
- 3) 24<sup>th</sup> October, 2020 - Ms. Prachi Gupta, Architect.**