

**SUBJECT: -SCIENCE**

**CHAPTER: - Motion and Time**

**Week -14<sup>th</sup> to 18<sup>th</sup> December, 2020.**

**Number of Blocks: 2**

**GUIDELINES FOR STUDENTS**

Dear Students,

- There is only **1 Assignment**.
- Assignment: Based on Sub topics given below.
- Attempt the assignment in Science notebook.
- **Video links** have been provided for better understanding of the concept through visuals. Watch the videos carefully as these will help you in doing the assignment.
- Read the lesson from **NCERT textbook** also.

**SUB TOPICS:**

- Measurement of time
- Units of time and speed
- Measuring speed

**INSTRUCTIONAL AIDS:**

- You-tube links: [https://www.youtube.com/watch?v=NZnLzg\\_UprQ](https://www.youtube.com/watch?v=NZnLzg_UprQ)
- [https://www.youtube.com/watch?v=RB\\_KVmBssdM](https://www.youtube.com/watch?v=RB_KVmBssdM)
- <https://www.youtube.com/watch?v=bdUF3x-FkZM>
- NCERT Link: [http://ncertbooks.prashanthellina.com/7\\_Science.html](http://ncertbooks.prashanthellina.com/7_Science.html)

**LEARNING OUTCOMES:**

By the end of this lesson **each learner will be able to**

- Measure and calculate speed of moving objects; time period of a simple pendulum
- Calculate speed or distance or time taken if any two of these three quantities are provided

**LESSON DEVELOPMENT:**

**Measuring Time**

In order to measure the time, ancient people used some natural events which repeated regularly after fix time intervals.

There are many events in nature that repeat after a time interval:

- Morning – The rising of the sun.
- Day and Night – The time between the sunrise and sunset.

- Month – The time between two new moons.
- Year – The time the earth takes to complete its one revolution around the sun.

**Time measuring devices or clocks - Clocks** use the concept of **periodic motion** to measure time. It means that it uses motion that repeats itself in equal amounts of time. There are different types of time measuring devices.

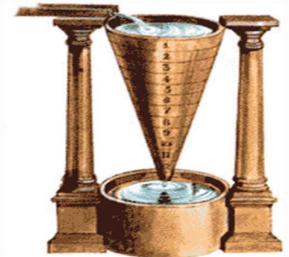
**Sundial** – It uses the position of the sun to depict time  
A sundial measures time by the position of the shadow cast by the sun.



**Sand Clock (hourglass)** – The device which uses the flow of sand from one glass bulb to another in order to measure time is known as a sand clock.



**Water Clock** – A device which uses the rate at which water drips from one vessel to another to measure time interval is known as a water clock.



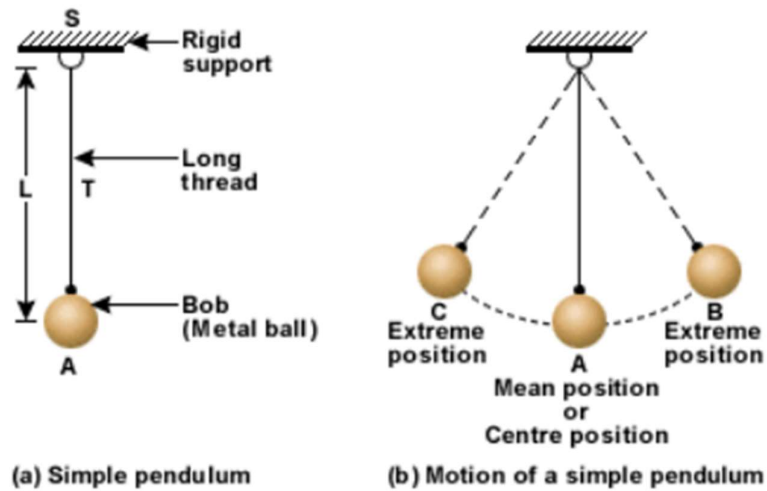
**Pendulum Clock** – It uses a pendulum to measure time.



**Quartz Clocks** – They have an electric circuit that works with the help of cells. They provide accurate time.



## Periodic Motion of a Simple Pendulum



**Figure: Simple Pendulum**

- A simple pendulum consists of a **Bob** (a metallic ball or a stone) which is suspended from a rigid stand with the help of a thread.
- **Oscillatory motion** - The to and fro motion of the pendulum is called **Oscillatory Motion**.
- **Oscillation** - The pendulum is said to have completed one oscillation when its bob starting from its mean position A, moves to B, to C and back to A. The pendulum also completes one oscillation when its bob moves from one extreme position B to the other extreme position C and come back to B.
- **Time Period of a pendulum** - The time taken by the pendulum bob to complete one oscillation is called its **Time Period**.
- **Note:** Galileo experimented with various pendulums and found that a pendulum of a given length takes always the same time to complete one oscillation. This observation led to the development of pendulum clocks. Winding clocks and wristwatches were refinements of the pendulum clocks.

### Units to Measure Time and Speed

<b>Time</b>	Second (s)- standard unit Minutes (min) Hours (h)
<b>Speed</b> = Distance/time	Meter/Second (m/s)- standard unit Meter/minute (m/min) Kilometre/hour (km/h)
<b>Note</b> - Units are always written in singular, that is, km/h and not kms/hrs.	

To convert between m/s and km/h:

$$\frac{1 \text{ km}}{1 \text{ h}} = \frac{1000 \text{ m}}{1 \text{ h}} = \frac{1000 \text{ m}}{60 \text{ min}} = \frac{1000 \text{ m}}{3600 \text{ s}} = \frac{1}{3.6}$$

Divide by 3.6

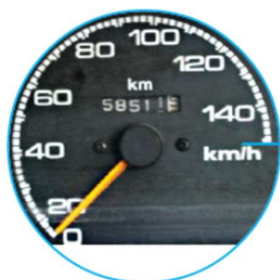
Km/h  $\xrightarrow{\hspace{10em}}$  m/s

$\xleftarrow{\hspace{10em}}$  Multiply by 3.6

**Figure: Conversion between km/hr and m/s**

**Speedometer** - It is a device which is used in vehicles such as cars and trucks which measures the speed in kilometre per hour.

**Odometer** - It is a device which measures the distance travelled by a vehicle in meters or kilometres.



*The dashboard of a car*

**Figure: Measure of Distance and Speed of a car**

### ASSIGNMENT-1

**Q1** Fill in the blanks:

- The S.I unit of speed is \_\_\_\_\_.
- The resting position of a bob of pendulum is called \_\_\_\_ position.
- When a body does not change its position with respect to its surrounding it is said to be at \_\_\_\_\_.
- Speed of a motor vehicle is measured by an instrument called \_\_\_\_\_.
- Distance travelled by a vehicle is measured by an instrument called \_\_\_\_\_.
- Time taken by a pendulum to complete one oscillation is called \_\_\_\_\_.
- The metallic ball used in the pendulum is called \_\_\_\_\_.

h. An instrument showing the time by the shadow of a pointer cast by the sun on to a graduated plate is called \_\_\_\_\_.

Q2 Convert 54 km/hr. into m/s.

Q3 Calculate Time-period of a simple pendulum if it takes 72 seconds to complete 24 oscillations.

Q4 A train is travelling at a speed of 100 km/hr. How long will it take to complete a journey of 500 km without stopping in between?

Q5 Ramesh takes 15 minutes to reach the market from his house on his cycle. If the speed of his cycle is 4 m/s, calculate the distance between his house and market.

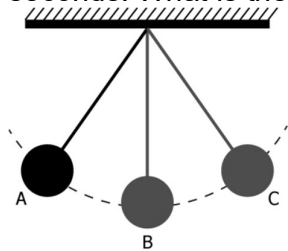
Q6 A student wants to measure the speed of a ball rolling down a ramp. He found a few instruments which are listed in the table.

- |                   |
|-------------------|
| 1. Hourglass      |
| 2. Thermometer    |
| 3. Measuring tape |
| 4. Stopwatch      |
| 5. Balance scale  |

Which of these are required to measure the speed of the ball?

- (a) Hourglass and thermometer
- (b) Balance scale and stopwatch
- (c) Measuring tape and stopwatch
- (d) Measuring tape and thermometer

Q7 A student notices the swing of a pendulum as shown in the image. She notices that the bob of the pendulum starts from position A to C and then back to A in 2 seconds. What is the time period of the pendulum?



- (a) 0.5 second
- (b) 1 second
- (c) 2 seconds
- (d) 4 seconds

Q8 The school organised an educational tour for the students. They arranged a bus scheduled to leave for the trip at around 8:00 am. The odometer reading of the bus at the start and end of the trip is provided in the table.

	Time	Odometer Reading
Start	08:00 am	247344
End	11:00 am	247554

What was the average speed of the bus during the trip?

- (a) 30 km/hr
- (b) 70 km/hr
- (c) 90 km/hr
- (d) 210 km/hr