

**BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI – 110034**

**SUBJECT – MEAL PLANNING**

**Weekend Activities**

**Class- VII**

**CHRISTMAS SPECIAL RECIPE**

**CHRISTMAS CAKE**



**Ingredients**

- 1/4 cup caramel sauce
- 1/4 cup vegetable oil
- 1/4 tin (85 g) sweetened condensed milk
- 1/2 tsp vanilla extract
- 1 tbsp rum (optional)
- Zest of one orange
- 100 g all-purpose flour/ Maida
- 1 1/2 tbsp cocoa powder
- 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/4 cup chopped bananas
- 2 tbsp salted roasted almonds
- 2 tbsp chopped hazelnuts
- 1/4 cup chopped Oreo cookies

- 4 orange segments
- 3 tbsp dark chocolate chunks
- 3 tbsp Water (or as required)

**Method –**

- 1) Combine caramel sauce, vegetable oil, condensed milk, vanilla extract, rum(optional), orange zest, orange segments, chopped bananas and dry fruits.
- 2) Sift maida, cocoa powder, baking powder, baking soda into the above mixture.
- 3) Bake in a preheated oven at 170 degrees for 35-45 minutes or till done.

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## Critical Thinking Worksheet – English

### Class-VII

#### Reading Comprehension

**Read the following passage and answer the questions that follow:**

Perseverance means to continue steadfastly, especially in something that is difficult or tedious. It requires regular practice and strong determination to develop the quality of perseverance. A man having perseverance does not admit his defeat. He tries again and again and finally attains success. A persevering person is one who has tremendous self-confidence, indomitable determination and a natural urge towards hard labour and untiring energy to continue till the last, without grumbling or expressing dissatisfaction.

Perseverance is the secret of success. It must yield results. A person who is highly intelligent and a scholarly genius, but is lethargic by nature can hardly prosper in life, because he does not know how to use his brain and labour in the right direction. In this world, all the great things have been made or constructed only by perseverance.

In human life, perseverance plays a very important role. Modern science, architecture, literature, music every sphere of life reaches success and glory with perseverance. Shakespeare did not compose such voluminous works just in a day. He had to work hard during days and nights with tremendous perseverance to create such great masterpieces.

Therefore, perseverance must be practiced from the very childhood so that the noble habit becomes a part and parcel of one's life to achieve success.

- A. What is perseverance and how can it be developed?
- a. To save something and needs time and energy.

- b. To use something after a long wait and needs patience.
- c. To continue steadfastly and requires regular practice and strong determination.
- d. None of the above.

B. What are some of the qualities of a perseverant person?

- a. Self-confidence and determination.
- b. Natural urge towards hard labour.
- c. Untiring energy to continue till the last, without grumbling or expressing dissatisfaction.
- d. All of the above.

C. With perseverance one can achieve success. It means,

- a. Never give up attitude.
- b. Patience.
- c. Keep waiting till the right time.
- d. Hardwork.

D. Lethargic people can't grow in life because

- a. They are not always lazy.
- b. They are unsuccessful because of their nature.
- c. They are not very hardworking.
- d. They are intelligent.

E. A person who gives up easily is doomed to failure. ( True /False)

F. The word 'steadfastly' means the same as

- a. casually
- b. slowly
- c. firmly

d. carelessly

G. The word 'indomitable' means the same as

a. Unbeatable

b. Low

c. Weak

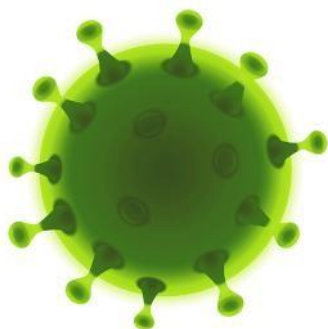
d. Wonderful

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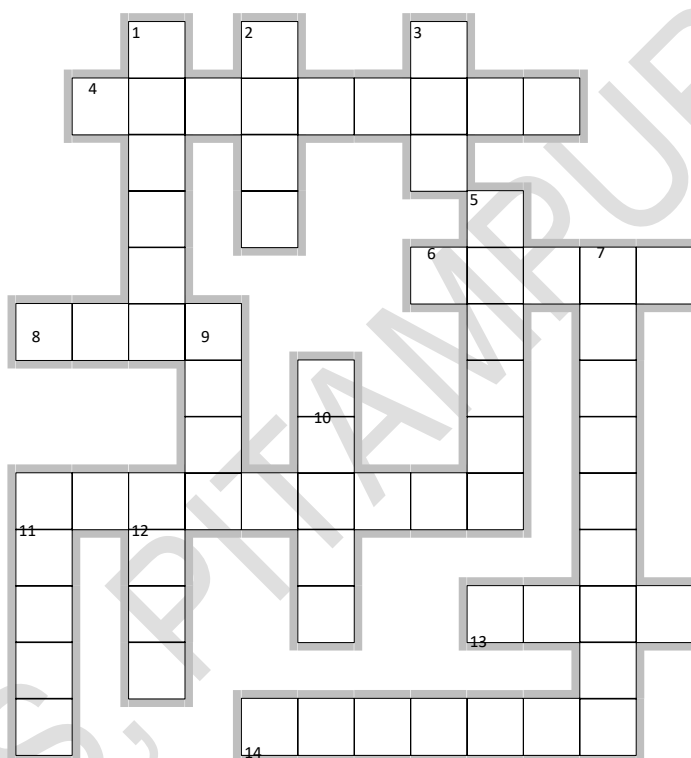
**Idioms (Fill in the blanks with most appropriate Idioms given in column 2)**

<p>1. Getting my car fixed is going to cost me _____ as the engine has completely blown, but I have no choice. I need it for work.</p> <p>2. The flu I had a few weeks ago which prevented me from going on holiday with my friends was _____. They had a terrible time. Everything went wrong and it cost them a lot of money.</p> <p>3. I was in a café in Italy and amazingly I saw Paul from down the road in there. _____.</p> <p>4. Jan is finally getting a chance to go on her trip of a life time, a holiday to Australia! She was _____ when I spoke to her.</p> <p>5. 3 pounds may seem like _____ but if everyone contributed that much we'd have thousands.</p> <p>6. The government keeps talking about reducing poverty but what do they ever do about it? Nothing! _____.</p> <p>7. I've got a promotion at work, but all John did was make a joke about it. He has a real _____. I think he is just jealous.</p> <p>8. The interview for that new job was _____. They asked me really easy questions.</p> <p>9. The new Martin Scorsese film is out at the cinema. A film that comes out that I really enjoy and want to see happens _____, so I'll definitely go and see it.</p> <p>10. He was _____ when he gave up his job to start university. Now he has found out he can't get a grant.</p>	<p>1. jumping the gun</p> <p>2. a blessing in disguise</p> <p>3. it's a small world</p> <p>4. over the moon</p> <p>5. a drop in the ocean</p> <p>6. actions speak louder than words</p> <p>7. a piece of cake</p> <p>8. chip on his shoulder</p> <p>9. once in a blue moon</p> <p>10. an arm and a leg</p>
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## COVID-19 Crossword Puzzle



This COVID-19 crossword will remind you of ways you can protect you and your family from the spread of this disease. If you've been paying attention to recent news report, you're sure to do well on this crossword!



### **Across:**

4. An important warning sign of COVID-19 is difficulty\_\_or shortness of breath.
6. Do not shake\_\_\_\_\_.
8. \_\_\_\_your hands frequently.
11. Handle food\_\_\_\_\_.
13. Limit\_\_\_sharing.
14. If possible, open\_\_\_to increase ventilation.

**Down:**

1. Avoid large\_\_\_\_\_of people.
2. Try not to touch your\_\_\_\_\_.
3. Limit close contact with others, staying about\_ feet apart.
5. Stay home if someone in your\_\_\_\_is sick.
7. Disinfect surfaces like tables, desks and\_\_regularly.
9. Stay\_\_\_\_\_if you are feeling sick.
10. Always cover your mouth when you\_ or sneeze.
11. People with the COVID-19 virus sometimes feel pain or pressure in the\_\_\_\_\_.
12. If someone in your family is ill, give them their own\_\_\_\_\_, if possible.



**PUT ON YOUR THINKING CAP**  
**LEVEL I**

**(Answer Key to the Mental Ability Worksheet shared on 18 Dec'20)**

**Answer 1:** Short

**Answer 2 :**20. The digit 5 appears ten times as the last digit (5,15, 25,....95 ) and ten times as the first digit ( 50,51,51,.....59 )

**Answer 3:** Nine—two parents, six sons, and one daughter

**Answer 4:** The letter S.

**Answer 5:** 19

**ANSWER 6**



**Answer 7:**12

**Answer 8:** 2+5= 3+4

**Answer 9**

Follow the pattern below.

$$4^1=4$$

$$4^2=16$$

$$4^3=64$$

$$4^4=256$$

**Answer 10**

The first tank to fill up will be the third one, then the fourth and further the second and the first.

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