

BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI - 110034

Subject- Meal Planning Weekend Activities Class VI

Makhana Chaat



Ingredients

| • | Makhana1.5 | cups |
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- <u>Ghee.....</u>2 tsp
- Curd.....1 cup
- Sugar.....2 tbsp
- Green chutney.....as needed
- Sweet chutney..... as needed
- Red chilli powder.....to taste
- Chat masala powderto taste
- Roasted jeera powder.....to taste
- Raw onion.....to taste
- Coriander leaves for garnish
- Sev

Method

- In a mixing bowl add curd and sugar. Whisk well until smooth.
- Add roasted makhana to it.
- Mix well.
- Add curd makhana into the serving bowl.
- Sprinkle jeera powder, red chilli powder, chat masala powder on top.
- Add raw onion, coriander leaves and finally garnish with sev.
- Serve immediately!

Nutella Fudge Ingredients

- Nutella.....1/2 cup
- Milk chocolate chips.....2 cups
- Condensed milk, sweetened......1 3/4 cup

Method

- Stir Nutella into melted chocolate, followed by the sweetened condensed milk.
- When chocolate mixture is smooth, scoop it into your prepared pan and smoothen the surface with the back of a spoon or a spatula.
- Refrigerate the mixture until firm (at least 2 hours).
- When you're ready to serve, pop the fudge out of your pan onto a cutting board. Slice
- it into squares with a chef's knife.



NEWSPAPER IN EDUCATION

Dear Students,

- 1. Reading newspaper makes you well informed. It enables you to take part in every discussion pertaining to the world's current events.
- 2. Reading newspapers will improve your knowledge in general and it will be easy for you to relate to other people who often talks about current events and politics.
- 3. Through newspapers, you will have a clear idea and understanding of what is happening in your country and the whole world.

Please read the following article published in THE INDIAN EXPRESS on December 6, 2020 and answer the questions that follow.

Power demand in Delhi increases as winter sets in

early

In the first five days of December also, Delhi's peak power demand has been more than the peak power demand of December 2019 on three corresponding days.



By PTI

NEW DELHI: Plummeting temperatures in the city have seen the winter power demand surpassing that of the corresponding period last year, Discom officials said.

Delhi's early winter is getting reflected in the city's power demand. The peak power demand in November 2020 surpassed the peak power demand of November 2019, said a BSES Discom official. "Delhi's peak power demand in November this year was 3678 MW (November 20) as compared to last November's peak power demand of 3631 MW (November 15).

Also, it surpassed the power demand of November 2019 on 15 corresponding days," he said.

In the first five days of December also, Delhi's peak power demand has been more than the peak power demand of December 2019 on three corresponding days. A similar pattern was witnessed in October too, officials said.

The October demand (4820 MW) this year was more than 4605 MW in the same month last year. Besides, it was higher than 17 corresponding days in October last year, said the BSES official. The peak power demand of the national capital in this winter can go up to 5480 MW, surpassing last year's winter demand. Last year, it had peaked at 5343 MW, he said.

| The peak winter power demand in BRPL and BYPL areas had reached 2020 MW and 1165 MW respectively during last winter. This year, it is expected to reach 2200 MW and 1270 MW for BRPL and BYPL respectively, he said. "Reliable supply in any season depends on proper power arrangements, accurate demand forecast and robust distribution network. | | |
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| On all these aspects, BSES Discoms are fully geared to ensure adequate power availability during the winter months," said the BSES official. The arrangements include long-term agreements from power-plants. Additionally, BSES is also receiving more than 190 MW of wind power, 25 MW from waste-to energy and 70 MW of solar power from SECI. It is also being helped by more than 90 MW of solar power panels installed on rooftops in South, West, East and Central Delhi, he added. | | |
| Based on the above news article attempt the following questions: | | |
| Q1) Find out the full form of MW: | | |
| a) Mahawatt b) Megawatt c) Mighty watt d) Multi watt | | |
| Q2) Analyse your energy consumption, and identify any two chores which consume maximum power energy in your house hold. | | |
| Q3) As a responsible citizen, list & explain any three steps that you can adopt in your daily lives to reduce power consumption. | | |
| Q4) Design a poster promoting the use of solar energy in Delhi. | | |