



Subject – MEAL PLANNING

Hot Milk Cake Recipe

Ingredients

- Flour.....1.5 cup
- Sugar.....1 cup
- Butter.....1/4 cup
- Milk.....3/4 cup
- Yogurt.....1/3 cup
- Vanilla extract.....2 teaspoons
- Baking powder.....2 teaspoons
- Baking soda.....1/4 teaspoon



Method

- Preheat oven to 355 F.
- Heat milk and butter in the saucepan till butter melts. Do not boil. Add vanilla essence. Turn the heat off and keep it aside.
- Meanwhile whisk yogurt and sugar together till it becomes creamy.
- Mix flour, baking powder and soda in different container.
- Add milk-butter mixture to whisked yogurt slowly. Whisk to combine properly.
- Add flour mixture to liquid mixture and combine well with a big spoon or spatula.
- Line a cake -pan with parchment paper.
- Pour the mixture in the pan and tap 2- 3 times to remove air bubbles.
- Bake for 40 mins. Bake until golden brown and a toothpick inserted in the centre of the cake comes out clean or with a few moist crumbs! Let it cool before slicing. Enjoy.

CADBURY TWISTER

Ingredients

For Choco-balls:

- Cottage cheese.....250g
- Milk powder.....200g
- Sugar.....2 tbsp (optional)
- Pistachio.....10-12

For Chocolate Ganache:

- Milk Chocolate.....250g



Method

- Chop most of the pistachios. Keep few aside for garnishing.
- Dump the cottage cheese in a large mixing bowl and knead well to make sure there is no lumps at all.
- Pour the milk powder on the cottage cheese and knead.
- When the dough is ready, place the paper cups in mini candy moulds or paper cups.
- Now take 1 tbsp of the mixture on your palm and roughly make a small ball.
- Place few pieces of chopped pistachio in the middle, close the open face and smoothen the ball.
- Prepare similar balls with rest of the dough.
- Break chocolate bars into small pieces and place them in a microwave safe mixing bowl. Microwave it for 1 min.
- Drop 1 tsp of hot chocolate ganache into each cup to cover the base of the cup.
- Drop a cottage cheese ball into each cup. Pour 1 tbsp of chocolate ganache on the top. Allow it to settle a bit.
- Fill rest of the cups with the remaining chocolate ganache in such a way that only top of the cheese balls remain in air but remember you should fill upto the edge of the paper cup. Leave it for 10-15 mins to settle down. Freeze or refrigerate it for 5-6 hrs.
- Garnish each cup with chopped pistachio and serve chilled.

Critical Thinking- Social Studies

Class IX

NEWSPAPER IN EDUCATION

Dear Students,

- Reading newspaper makes you well informed. It enables you to take part in every discussion pertaining to the world's current events.
- Reading newspapers will improve your knowledge in general and it will be easy for you to relate to other people who often talk about current events and politics.
- Through newspapers, you will have a clear idea and understanding of what is happening in your country and the whole world.

Please read the following article published on ndtv.com on 4th November 2020 and answer the Questions that follow.

Arnab Goswami has been arrested for allegedly abetting the suicide of a 53-year-old interior designer, Anvay Naik, and his mother, two years ago.

Mumbai:

Republic TV's Arnab Goswami was arrested today in a two-year-old suicide case in which investigations were reopened recently, the Mumbai police said. Several Union Ministers are among those who have condemned the arrest as a reminder of the Emergency, when the Indira Gandhi government cracked down on the media.

"Congress and its allies have shamed democracy once again. Blatant misuse of state power against Republic TV and Arnab Goswami is an attack on individual freedom and the 4th pillar of democracy. It reminds us of the Emergency. This attack on free press must be and WILL BE OPPOSED," tweeted Home Minister Amit Shah as reports emerged of Arnab Goswami's arrest.

"We condemn the attack on press freedom in Maharashtra. This is not the way to treat the Press. This reminds us of the emergency days when the press was treated like this," posted Information and Broadcasting Minister Prakash Javadekar.

Mr Goswami alleged that he was manhandled and assaulted by the police at his Mumbai home before being pushed into their van.

News agency ANI quoted him as saying that Mumbai Police "physically assaulted his mother-in-law and father-in-law, son and wife". In videos aired by Republic TV, policemen were seen holding him as they were attempting to take him away.

The Republic Editor-in-Chief has been arrested for allegedly abetting the suicide of a 53-year-old architect and interior designer, Anvay Naik, and his mother, in 2018.

The architect had reportedly named Mr Goswami in a suicide note and had accused Republic TV of not paying him his dues.

In May, Maharashtra Home Minister Anil Deshmukh had announced that the suicide was being reinvestigated after a fresh complaint by Adnya Naik, the architect's daughter.

"Arnab kept saying arrests should be made in the Sushant Singh Rajput suicide case where there was no suicide note. My husband left behind a suicide note naming Arnab and two others but no arrests were made. How is this fair," Anvay Naik's wife Akshata said to the reporters.

"There were three names in the suicide note. My father spent money, energy and sweat blood on the project. Arnab Goswami ensured my husband did not get his dues. My dad mentioned ₹ 83 lakhs as dues in his suicide note," said her daughter Adnya.

Based on the above news article attempt the following questions:

Q1) Why has Republic TV's Arnab Goswami been arrested?

Q2) "We condemn the attack on press freedom in Maharashtra. This reminds us of the emergency days when the press was treated like this," Prakash Javadekar tweeted. What is "emergency"? Which emergency days are being discussed in the article?

Q3) Can you think of some other incident where freedom of speech and expression has been threatened?

Q4. Mention at least any two provisions in the Constitution in India that protect the citizens' Right to Freedom of Press.

Critical Thinking- Social Studies

Class X

NEWSPAPER IN EDUCATION

Dear students,

- Reading newspaper makes you well informed. It enables you to take part in every discussion pertaining to the world's current events.
- Reading newspapers will improve your knowledge in general and it will be easy for you to relate to other people who often talk about current events and politics.
- Through newspapers, you will have a clear idea and understanding of what is happening in your country and the whole world.

In keeping with this thought, read the newspaper clipping that appeared in The Hindu on 20th September, 2020. After this, answer the questions that follow.



Delhi Pollution: Farm Fire Contribution Likely To Increase, Says Government

New Delhi: The national capital's air quality was recorded in the "poor" category on Monday morning (November, 2), even as pollution levels dipped slightly due to favourable wind speed. However, the share of stubble burning in the city's pollution is likely to increase, according to the Ministry of Earth Sciences' Air Quality Early Warning System for Delhi.

On Sunday, a central government agency reported 1,230 farm fires in Delhi's neighbouring states – the maximum in a day so far this season.

Union Environment Minister Prakash Javadekar had on Sunday said the pollution problem cannot be resolved in a day and continuous efforts are needed to tackle each of the contributing factors.

Meanwhile, Delhi Environment Minister Gopal Rai on Thursday inaugurated a 'green war room' at the Delhi Secretariat to monitor steps being taken to bring down pollution levels in the city this winter. The minister said a 10-member team has been set up under senior scientists Mohan George and B L Chawla to monitor the levels of primary pollutants, measures taken to curb pollution and status of complaints received through the 'Green Delhi' mobile application. Satellite data related to farm fires in the neighbouring states will also be analysed in the green war room. There are multiple agencies working to deal with the problem of air pollution in Delhi.

The 'green war room' has been set up to coordinate their efforts, Mr Rai said. The 'green war room' has three big screens one is for monitoring primary pollutants such as PM2.5 and PM10, ozone, sulphur dioxide, nitrogen dioxide, carbon monoxide, and wind speed.

Based on the newspaper report that you read above, answer the following questions:

Q1) Do you think that the efforts taken by the government are sufficient to control pollution in Delhi? Critically evaluate.

Q2) In context of the above newspaper report, analyze how the rising pollution levels in Delhi are violating your fundamental right(s).

Q3) As an aware citizen of the country, you are alarmed at how the pollution in Delhi is impacting your health. Suggest a legal course that you can take in a situation like this.