



Weekend Activities

Class VIII

Subject – MEAL PLANNING
DIWALI SPECIAL RECIPES

Vermicelli cup with Kesar Pista Shrikhand



INGREDIENTS

To make Vermicelli cup:

- 200 grams Vermicelli
- 2 tbsp Condense milk

To make Shrikhand:

- 1 cup Hung Curd
- 1 -1 ½ tbsp Sugar Powdered
- Saffron -Few strands
- 1 tbsp milk
- 1/2 tsp Cardamom powder
- 10-12 pieces Pistachios finely chopped

For Garnishing:

- 3 Pistachios Chopped
- Saffron (Kesar)
- Pomegranate seeds

INSTRUCTIONS

- Put butter in a non-stick pan and roast vermicelli on medium flame till it becomes brown in colour. Keep on stirring so that it gets evenly roasted.
- Switch off the flame and add condense milk. Mix it until well combined.
- Now take a silicone cup and spread the vermicelli mixture in a cup while still warm. Press it lightly with the help of spoon so that it takes the shape of cup.
- Now keep the cup in a refrigerator for an hour to set.
- To make hung curd, put the curd in a strainer and keep a bowl under the strainer to collect the liquid. Keep yogurt with strainer in the fridge for an hour so that all liquid separates from the curd. After an hour you get a thick cheese like curd called hung curd.
- Meanwhile take 1 tbsp of warm milk and soak the few strands of saffron. Mix it well and keep aside.
- After an hour put the hung curd in a bowl and add powdered sugar (but be careful as the vermicelli has condensed milk so adjust accordingly), cardamom powder, chopped pistachios, kesar mixed with little milk. Beat slowly till everything gets mixed properly & curd becomes light & creamy.
- Kesar Pista Shrikhand is ready. Cover and chill for an hour.
- Take out the vermicelli cup from the silicone mould and fill the shrikhand into vermicelli cups.
- Garnish with some chopped pista, saffron and some pomegranate.
- Serve Chill.

Paan Bites

INGREDIENTS

Gulkand.....	½ cup
Mukhwas.....	½ cup
Rose water.....	1 Tbsp
Desiccated coconut(shredded).....	½ cup
Fennel (Saunf).....	¼ cup
Pitted dates.....	50-55
Silver virk for garnishing(optional)	
Paan leaves.....	15

METHOD

- Mix all the ingredients together and fill the mixture in pitted dates.
- Cut the paan leaf in three parts. Wrap it around khajur. Tuck them in skewer.
- Refrigerate for 2-3 hrs.
- Serve after having food or as dessert.



Critical Thinking CLASS VIII

This is why humanity needs Superheroes . . .

“Why does humanity need Superman?”, wrote Lois Lane, the reporter from the Superman series. It’s a very relevant question in our context too. Why do we need superheroes? We are all enchanted by the action sequences in superhero movies, and also by how the superhero can always save the day – and with good reasons.

If you’re trying to guess what it is, you can forget about powers like super-strength, laser vision, or — our personal favorite — the ability to consume any type of matter in the universe. The underlying reason we’re so enamored of them is quite possibly the best superhero power - the way they can inspire and motivate us. From the smallest boy and girl wonders, to the oldest Captains - each superhero has had their own lesson to impart unto all of us.

Whether it’s Batman saving Gotham city, Superman saving humanity, or our very own Krissh saving his fellow countrymen - we need superheroes because they give us the hope and strength we need to fight the injustice we encounter today. It’s like Batman once said, “Sometimes the truth isn’t good enough. Sometimes people deserve more. Sometimes people deserve to have their faith rewarded”.

Yes, it’s true that we need faith today, when we know a lot tends to go wrong, whether it is with regard to terrorism, or growing crime - people need the hope and strength they get from superheroes. That’s why we need superheroes, because of how they give us a sense of right, which helps us fight the injustice happening around us. It was best summarized by Superman when he said that “There is a superhero in all of us, we just need the courage to put on the cape, “and by Batman in the Dark Knight, when he said that “You either die a hero or live long enough to see yourself become the villain.”

So, every time we choose to see a superhero movie, it gives us a nudge to fight the unjust with our own ideas or capabilities. Every child and adult that watches superhero movies will be motivated to rise above the injustice happening in the real world. It’s not just about the power, but also the principle.

You and I can also be a superhero just by helping our neighbors, and by standing against what is wrong. Whether the situation is political or apolitical, injustice can be fought with thoughts of righteousness and courage.

From the day we are born, we are told that power corrupts, and absolute power corrupts absolutely, but superheroes fan our subconscious desire for greatness. They also teach us that the greatest power is the integrity that keeps us from going down the wrong path. None of us will ever leap a tall building in a single bound, change the course of a mighty river, or bend steel with our bare hands but we can always return that lost wallet with its contents intact, tell the truth when it matters, stand our ground when it’s easier to walk away and unto others as we would want them to do unto us.

Based on your reading of the passage answer the questions that follow:

- 1. Despite our age and status in life, few enigmatic qualities endear us to superheroes. Select the correct options from below.**

- i. give our subconscious a desire for greatness
- ii. have a lesson to bestow
- iii. inspire and motivate us
- iv. give us hope to fight the bad

Select the correct option:

- a) i and iii
- b) ii and iv
- c) iii and iv
- d) i, ii, iii, iv

2. Identify the sentence where the word “bestow” has been used incorrectly.

- a) He was ever ready to take blame on himself and bestow praise on others.
- b) During the ceremony, the Prime Minister will bestow medals of honor to the brave soldiers who rescued their comrades.
- c) The king will bestow a title and land to the man who saved the princess.
- d) If you want to avoid a misunderstanding, I bestow you to consider your words before speaking.

3. “There is a superhero in all of us, we just need the courage to put on the cape.” By this, Superman is implying that:

- a) the cape is heavy and not everyone can bear it.
- b) we all have special powers
- c) the ability to fight the unjust with our own ideas or capabilities is present in all of us
- d) society needs superheroes

4. According to the writer, how can a common man become a superhero?

- i. Bend steel, change the course of rivers
- ii. Stand up against injustice, return that wallet intact
- iii. Help around the neighborhood

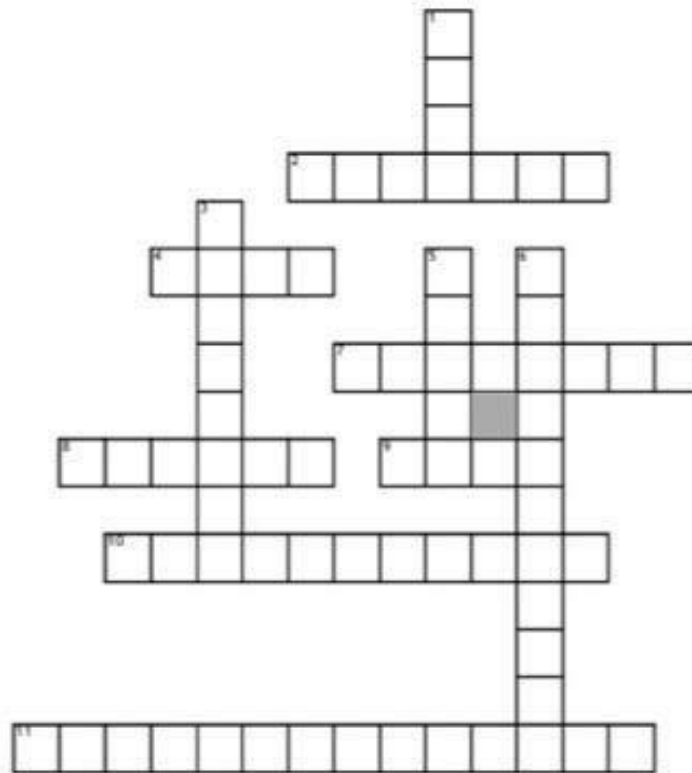
Select the correct option:

- a) Only iv
- b) ii and iii
- c) i and iii
- d) i and ii

5. A superpower common to all superheroes that endears them to us is

- a) the ability to strategise.
- b) the ability to remain calm in the face of danger.
- c) the capability to motivate and inspire humans.
- d) the capability to lend a helping hand to humans.

6. Now, for some fun



Across

2. Which superhero has a red metal suit?
4. Which superhero is as green as an apple?
7. Which Teen Titan can turn into animals?
8. Which superhero has a best friend named Robin?
9. Which Norse God uses a hammer?
10. What is the name of the only girl in the Justice League?
11. Who are Bubbles, Blossom and Buttercup also known as?

Down

1. Wolverine is part of which group?
3. Which superhero flies faster than a speeding bullet?
5. Barry Allen is also known as The _____
6. What is Spidermans real name?

BBT

बस एक ही उल्लू काफी है बर्बाद गुलिस्ता करने को

हर साख पे उल्लू बैठा हो! अन्जामे गुलिस्ता क्या होगा...

- नदियों, तालाबों, झरनों में बढ़ता प्रदूषण।
- वृक्षों, वनों की अंधाधुंध कटाई।
- पॉलिथीन, प्लास्टिक का बढ़ता प्रयोग।
- मोटर-वाहन, कल-कारखानों का जहरीला धुआं।
- पृथ्वी के वायुमंडल का तापमान लगातार बढ़ता जाना।
- मौसम में बदलाव, कहीं सूखा, कहीं बाढ़, कहीं तूफान।

सदियों में धरा बनी है ये, सदियों में जीवन आया है। खतरे में डाल दिया हमने, कैसा विकास ये लाया है।

निवसिड "बचपन"

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Q. 7

विज्ञापन में गुलिस्ता का क्या तात्पर्य है?

1. जंगल से
2. बगीचे से
3. पृथ्वी से
4. देश से

Q. 8

उपर्युक्त विज्ञापन के अनुसार किन चीजों से हम अपने गुलिस्ता को बर्बाद कर रहे हैं?

- (i) वृक्षों की कटाई से
- (ii) ए.सी के प्रयोग से
- (iii) कारखानों के धुएँ से
- (iv) नदियों के प्रदूषण से

1. (i), (ii) एवं (iii)
2. (ii), (iii) एवं (iv)
3. (i), (ii) एवं (iv)
4. (ii), (iii) एवं (i)