



**Subject – MEAL PLANNING**

**Papdi Pizza**

**Ingredients**

- Papdis.....as required
- Pizza sauce.....1/4 cup
- Onion, finely chopped.....2 tbsp
- Capsicum/bell pepper, finely chopped.....2 tbsp
- Sweet corn, boiled.....2 tbsp
- Mozzarella cheese grated.....as required
- Black pepper powder.....1/2 tsp
- Chilli flakes (optional).....1/4 tsp
- Salt.....as per taste
- Nylon Sev.....as required
- Fresh coriander sprigs..... for garnishing



**Method**

- In a bowl, add pizza sauce, vegetables, pepper powder, chilli flakes and salt. Mix well.
  - Spread papdi on a plate, put a tablespoon of prepared mixture on each papdi.
  - Then add grated mozzarella cheese on top of each papdi.
  - You can either use Tawa Method or Baking technique.
  - Heat tawa on a low flame, apply some butter and place these papdis on the tawa. Close the lid and cook on low flame until cheese melts (takes 3-4 minutes)
- OR
- Transfer papdis on a butter paper lined baking tray and bake in a preheated oven at 180 °C/360 F (takes 3-5 minutes) till the cheese melts.

- Remove and place the papdi on a serving platter and sprinkle some sev on top. Serve immediately garnished with coriander sprigs. Adding sev on the top is optional.

BBPS - PITAMPURA

## Spiced Cucumber Sticks with Chaat Masala

### Ingredients

- Cucumbers.....3 large
- Red onion, finely diced.....1 small
- Chaat masala.....1 teaspoon
- Hot red chilli powder.....1/2 teaspoon
- Salt.....to taste
- Finely chopped cilantro.....to taste
- Lemon.....1



### Instructions

- Peel and cut the cucumbers into halves. Scoop out the seeds using a melon baller or spoon. Slice the cucumber into sticks.
- Meanwhile, place the finely diced onions in a bowl, and cover with cold water. Let it sit for about 15 minutes, then drain and pat dry. This helps draw out the raw smell of the onions and mellows out their flavour.
- Place the cucumber on a serving plate and sprinkle with onions, chaat masala, chilli powder, and some salt. Garnish with the chopped cilantro and squeeze some lemon juice before eating.





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Q2. Read the following passage and answer the questions that follow:



Pottery is clay that is modelled, dried, and fired, usually with a glaze or finish, into a vessel or decorative object. Clay is a natural product dug from the earth, which has decomposed from rock within the earth's crust for millions of years. Decomposition occurs when water erodes the rock, breaks it down, and deposits them. It is important to note that a clay body is not the same thing as clay. Clay bodies are clay mixed with additives that give the clay different properties when worked and fired; thus, pottery is not made from raw clay but a mixture of clay and other materials.

The potter can form his product in one of many ways. Clay may be modelled by hand or with the assistance of a potter's wheel, may be jiggered using a tool that copies the form of a master model onto a production piece, may be poured into a mould and dried, or cut or stamped into squares or slabs. The methods for forming pottery are as varied as the artisans who create them.

Pottery must be fired to a temperature high enough to mature the clay, meaning that the high temperature hardens the piece to enable it to hold water. An integral part of this firing is the addition of liquid glaze (it may be painted on or dipped in the glaze) to the surface of the unfired pot, which changes chemical composition and fuses to the surface of the fired pot. Then, the pottery is called vitreous, meaning it can hold water.

Potters have been forming vessels from clay bodies for millions of years. When nomadic man settled down and discovered fire, the firing of clay pots was not far behind. Pinch pots, made from balls of clay into which fingers or thumbs are inserted to make the opening, may have been the first pottery. Coil pots, formed from long coils of clay that are blended together, were not far behind. These first pots were fired at low temperatures and were thus fragile and porous. Ancient potters partially solved this by burnishing the surfaces with a rock or hard wood before firing. These low-temperature fired pots were blackened by these fires.

a) What is the difference between "clay" and "clay body"?

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b) What are the different ways by which the clay products can be made?

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c) How does the clay “mature”?

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d) What is the role of the “liquid glaze” in pottery?

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e) What came soon after the discovery of fire?

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Q3. Choose the correct word.

i) I didn't \_\_\_\_ what she said.

- hear
- here

ii) They forgot to take \_\_\_\_ printouts.

- there
- their

iii) Venison is the meat from a \_\_\_\_.

- dear
- deer

iv) The house is by the \_\_\_\_.

- see
- sea

v) She held the \_\_\_\_ in her hand.

- reigns
- reins

vi) They tried to \_\_\_\_ the painting.

- steel
- steal

vii) He had to \_\_\_\_ the button on.

- sow

sew

**viii)** I hope the \_\_\_\_ is fine.

weather

whether

**ix)** He was a medieval \_\_\_\_.

night

knight

**x)** The building \_\_\_\_ is huge.

site

sight

**xi)** She's as mad as a March \_\_\_\_.

hair

hare

**xii)** She gave him a \_\_\_\_ of her mind.

peace

piece

**xiii)** He \_\_\_\_ a snowball at the police officer.

threw

through

**xiv)** It's a \_\_\_\_ of time.

waist

waste

**xv)** They didn't \_\_\_\_ us of the danger.

warn

worn

**xvi)** They read the poems \_\_\_\_.

allowed

aloud

**xvii)** It's made from wheat \_\_\_\_.

flower

flour

**xviii)** They've got a \_\_\_\_ at the Ritz.

suit

suite

**xix)** On the \_\_\_\_, I enjoyed it.

whole

hole

**xx)** It's not much \_\_\_\_ to go.

- father
- farther

Q4. Look at the poster given below and select the correct option:



- a) What is the poster referring to \_\_\_\_\_ ?
- |                   |             |
|-------------------|-------------|
| i) Nightmares     | iii) Dreams |
| ii) Mental Health | iv) Stigma  |
- b) Nightmares are \_\_\_\_\_
- |            |                |
|------------|----------------|
| i) Dragons | iii) Nice      |
| ii) Stigma | iv) Bad dreams |
- c) Who does "we" refer to?
- |                  |                    |
|------------------|--------------------|
| i) Psychiatrist  | iii) Paediatrician |
| ii) Cardiologist | iv) Oncologist     |
- d) "#Support Not Stigma" means \_\_\_\_\_
- |  |
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| i) Mental illness is not a stigma and needs support. |
| ii) Mental health is considered as a stigma.         |
| iii) Do not support stigma.                          |
| iv) Without support mental health becomes a stigma.  |



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