



**Weekend Activities**  
**Class VII**

**Subject – MEAL PLANNING**

**DIWALI SPECIAL RECIPES**

**GULAB JAMUN SHRIKHAND JARS**

Gulab Jamun Shrikhand Jars have a cookie crust topped with creamy shrikhand and melt-in-mouth gulab jamuns! These pretty jars make the perfect festive treat!



**INGREDIENTS**

- Kesar- Pista Shrikhand.....1.25 cups
- Cookies.....6
- Unsalted butter melted & slightly cooled.....1 tablespoon
- Gulab jamuns cut in half.....4
- Nuts, edible silver leaves optional, to garnish & decorate

**INSTRUCTIONS**

- Make shrikhand beforehand. You can either go in for homemade recipe or use readymade brand that you like.
- Add cookies to a food processor.
- Pulse to crush the cookies and then transfer them to a bowl.
- Add melted butter to the bowl and mix it with the cookies until the mixture resembles crumbs.

- Now take the jars and add around 2 teaspoons cookie crumbs in each serving glass. Press lightly using your fingers.
- Pipe shrikhand into the jars above the cookie crust.
- Cut the gulab jamuns into half and top each jar with sliced jamun.
- Repeat the same process with the remaining jars. Place the jars in the refrigerator to chill for few hours. Shrikhand becomes thick as it chills so it's important to freeze.
- Once chilled, serve immediately. You may garnish with nuts or decorate with edible silver leaves!

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## CRANBERRY PISTACHIOS WHITE CHOCOLATE



### INGREDIENTS

- White chocolate, melted and cooled to room temperature.....250 g
- Dried cranberries.....1/3 cup
- Pistachios, roughly chopped.....1/3 cup
- Mini dark chocolate.....1/2 cup

### INSTRUCTIONS

1. Combine the melted white chocolate and half of the dried cranberries and pistachios.
2. Spread this onto a baking sheet lined with parchment paper.
3. Scatter the remaining cranberries, pistachios and dried cranberries onto the surface and gently press down so they stick to the chocolate.
4. Place the baking sheet in the freezer for 20-30 minutes, or until the chocolate has fully set.
5. Break the chocolate into pieces.

## Critical Thinking Worksheet

Class 7

- I. Read the following inspiring speech and answer the questions that follow:

Bill Gates recently gave a speech at a High School about 11 things they did not and will not learn in school. He talks about how feel good, politically correct teachings created a generation of kids with no concept of reality and how this concept them up for failure in the real world.

Rule 1: Life is not fair, get used to it

Rule 2: The world doesn't care about your self-esteem. The world will expect you to accomplish Something BEFORE you feel good about yourself.

Rule 3: You will NOT make \$60,000 a year right out of high school. You won't be a Vice-President with a car and phone until you earn both.

Rule 4: If you think your teacher is tough wait till you get a boss.

Rule 5: Flipping burgers is not beneath your dignity. Your grandparents had a different word for burger flipping they called it opportunity.

Rule 6: If you mess up, it's not your parents' fault, so don't whine about your mistakes, learn from them.

Rule 7: Before you were born, your parents weren't as boring as they are now. They got that way from paying your bills, cleaning your clothes and listening to you talk about how cool you thought you were. So, before you save the rain forest from the parasites of your parent's generation, try delousing the closet in your own room.

Rule 8: Your school may have done away with winners and losers, but life HAS NOT. In some schools, they have abolished failing grades and they'll give you as MANY TIMES as you want the right answer. This doesn't bear the slightest resemblance to ANYTHING in real life.

Rule 9: Life is not divided into semesters. You don't get summers off and very few employers are interested in helping you FIND YOURSELF. Do that on your own time.

Rule 10: Television is NOT real life. In real life people actually have to leave the coffee shop and go to jobs.

Rule 11: Be nice to nerds. Chances are you'll end up working for one.

1. Who gave the speech given above?
2. Where was the speech given?
3. Elaborate on "...don't whine about your mistakes, learn from them."
4. Explain 'If you think your teacher is tough, wait till you get a boss'.

5. Which two rules from the passage given above you agree / identify with. Share your opinion/experience.

6. Suggest a suitable title to the passage.

				
				Kalpana Dutt Joshi

II. **Indian freedom struggle** is incomplete without participation of women. Below are the few Women freedom fighters famous for their extraordinary contribution. Identify them and write their name in the box. Evaluate the contribution of **any one** of these legendary ladies.

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III. **Empowerment of women** is the buzz-word, now-a-days. Write your impressions about the picture below in about 150 words.



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**PUT ON YOUR THINKING CAP**

**LEVEL I**

**(Answer Key to the Mental Ability Worksheet shared on 16 October'20)**

**Q1- Chickens = 10, Rabbits = 20**

**Q2. Spiders = 12, dragonfly = 8**

**Q3. ADULTS = 33, CHILDREN = 33**

**Q4. 98m**

**Q5. 16 trees**

**Q6. 8 min**

**Q7. Joe has = Rs.60**

**Q8. 44 pots**

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