

## <u>BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI – 110034</u>

Weekend Activities Class- VII

### Subject – Meal Planning

#### **No-Bake Easy Banoffee Pudding**

#### Ingredients

- Biscuits.....15-20
- Caramel sauce..... one cup
- Bananas.....2
- Whole milk.....4 cups
- Milk...... <sup>3</sup>/<sub>4</sub> cup
- Custard powder......6 tbsp
- Grated chocolate for topping



#### Instructions

1. To start, pour milk in a saucepan. While it simmers, make a custard powder slurry by mixing the <sup>3</sup>/<sub>4</sub> cup milk and custard powder. Mix well so that it resembles a slurry. Add the slurry to milk and allow it to come to a boil. Cover with a cling film and leave it to chill.

- 2. In your dish of preference, place a neat layer of biscuits at the bottom.
- 3. Pour over half the caramel sauce.
- 4. Place bananas on top of the caramel sauce.
- 5. Add the chilled custard and spread well.
- 6. Repeat the above given steps- biscuit- caramel- bananas- custard.

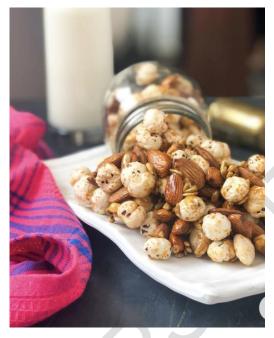
7. After the last layer of custard is done, whip your cream to stiff peaks and spread it generously over the custard layer.

8. Grate some dark chocolate on top and your banoffee pudding is ready to serve!

#### Makhana Mixture

#### **Ingredients**

- Ghee.....2 tbsp
- Makhana.....2 cups
- Almonds.....1/2 cup
- Cashew Nuts.....1/2 cup
- Melon Seeds.....3 tbsp
- Dry Coconut (Cut into thin slices)....1/4 cup
- Curry leaves.....10-12
- Salt.....to taste
- Black Pepper Powder.....1/2 tsp
- Chaat Masala Powder.....1/2 tsp



#### Instructions

- 1. Heat 1 tbsp ghee in a pan.
- 2. Roast the makhana in ghee until they are crispy and crunchy.
- 3. Remove from pan and keep aside.
- 4. Heat the remaining ghee in the pan and fry almonds, cashew nuts and melon seeds until brown.
- 5. Remove and keep aside
- 6. In the same ghee, roast the coconut and curry leaves.
- 7. Mix all the ingredients in a bowl.
- 8. Let the namkeen cool.
- 9. Store in an airtight container for up to 2 weeks.

#### SUBJECT-ART TOPIC- INDIAN CONTEMPORARY ARTIST- PARESH MAITTY

TASK- Do study work of artist's any one master work.

# MATERIAL REQUIRED-

- White sheet.
- Pencil/rubber.
- Any kind of colours available.
- Write in brief about the given artist and his artwork.
- You can also take reference from the net.





### PUT ON YOUR THINKING CAP

### <u>LEVEL I</u>

**Q1**. A farmer had 40 chickens and rabbits altogether. He counted a total of 120 legs. Find the number of chickens and the number of rabbits the farmer had.

**Q2**. A spider has 8 legs and a dragonfly has 6 legs. There are 20 spiders and dragonfly altogether. There are 144 legs in all. Find the number of spiders and the number of dragonflies.

**Q3**. For every slice of bread, a child takes, an adult takes 2 slices of bread. If there are 66 adults and children in all and 99 slices of bread are taken. Find the number of adults and children.

**Q4**. There are 50 lamp posts along a stretch of road with lamp posts placed at opposite ends of the road. If each lamp post is 2m away from another, how long is the road?

**Q5.**A tree is planted at every 10 m along a stretch of a road. If the stretch of road is 150m long and the trees are planted at each opposite ends of the road. How many trees are there?

**Q6.** If I can cover a distance of 100m per minute on foot, how many minutes does it take for me to cover a distance of 800 m?

**Q7.** Joe and Jason have Rs. 80 altogether. The amount of money Joe has is three times the amount of money Jason has. How much does Joe have?

**Q8**.12 pupils stood in a queue. If 4 pots of flowers are placed between every 2 pupils, how many pots of flowers are there altogether?

# <u>BHUJO TOH जानें</u> <u>CLASS VII</u> <u>Answer key to the Critical Thinking Worksheet shared on 11 September'20</u>

# PUZZLE 1

**Question 1** 1/2

Question 2 0

## PUZZLE 2

- 1. C. II and III only
- 2. A. bothers you
- 3. D. it can be dangerous to use them in your kitchen
- 4. B. some people do not like killing insects
- 5. B I and IV only