



Subject – MEAL PLANNING

Hot Milk Cake Recipe

Ingredients

- Flour.....1.5 cup
- Sugar.....1 cup
- Butter.....1/4 cup
- Milk.....3/4 cup
- Yogurt.....1/3 cup
- Vanilla extract.....2 teaspoons
- Baking powder.....2 teaspoons
- Baking soda.....1/4 teaspoon



Method

- Preheat oven to 355 F.
- Heat milk and butter in a saucepan till the butter melts. Do not boil. Add vanilla essence. Turn the heat off and keep it aside.
- Meanwhile whisk yogurt and sugar together till it becomes creamy.
- Mix flour, baking powder and soda in a different container.
- Add milk-butter mixture to whisked yogurt slowly. Whisk to combine properly.
- Add flour mixture to liquid mixture and combine well with a big spoon or spatula.
- Line a cake- pan with parchment paper.
- Pour the mixture in the pan and tap 2- 3 times to remove air bubbles.
- Bake for 40 mins. Bake until golden brown and a toothpick inserted in the centre of the cake comes out clean or with a few moist crumbs! Let it cool before slicing. Enjoy.

CADBURY TWISTER

Ingredients

For Choco-balls:

- Cottage cheese.....250g
- Milk powder.....200g
- Sugar.....2 tbsp (optional)
- Pistachio.....10-12

For Chocolate Ganache:

- Milk Chocolate.....250g



Method

- Chop most of the pistachios. Keep few aside for garnishing.
- Dump the cottage cheese in a large mixing bowl and knead well to make sure there are no lumps at all.
- Pour the milk powder on the cottage cheese and knead.
- When the dough is ready, place the paper cups in mini candy moulds or paper cups.
- Now take 1 tbsp of the mixture on your palm and roughly make a small ball.
- Place few pieces of chopped pistachio in the middle, close the open face and smoothen the ball.
- Prepare similar balls with the rest of the dough.
- Break chocolate bars into small pieces and place them in a microwave safe mixing bowl. Microwave it for 1 min.
- Drop 1 tsp of hot chocolate ganache into each cup to cover the base of the cup.
- Drop a cottage cheese ball into each cup. Pour 1 tbsp of chocolate ganache on the top. Allow it to settle a bit.
- Fill rest of the cups with the remaining chocolate ganache in such a way that only top of the cheese balls remains in the air but remember you should fill upto the edge of the paper cup. Leave it for 10-15 mins to settle down. Freeze or refrigerate it for 5-6 hrs.
- Garnish each cup with chopped pistachio and serve chilled.

Critical Thinking- Social Studies

NEWSPAPER IN EDUCATION

Dear Students,

- Reading newspaper makes you well informed. It enables you to take part in every discussion pertaining to the world's current events.
- Reading newspapers will improve your knowledge in general and it will be easy for you to relate to other people who often talk about current events and politics.
- Through newspapers, you will have a clear idea and understanding of what is happening in your country and the whole world.

Please read the following article published in The Hindu on November 7, 2020 and answer the Questions that follow.

IDENTIFY COUNTRY'S NEEDS AND MAKE INNOVATIONS, PM MODI TELLS IIT STUDENTS

Focus on quality and ensure adaptability, PM Modi tells IIT students



Addressing the Indian Institute of Technology (IIT) Delhi's 51st convocation, Prime Minister Narendra Modi on Saturday said technology would be playing the biggest role in the post-COVID world and that virtual reality and augmented reality had now become the working reality.

PM Modi also emphasized on innovations on a mass scale and focus on quality ensuring reliability and adaptability.

"Focus on quality — never compromise, ensure scalability — make your innovations work at a mass scale, assure reliability — build long-term trust in the market and bring in adaptability — be open to change and expect uncertainty as a way of life. If we work on these mantras then it will reflect the country's product and will get global recognition."

The pandemic has taught that while globalization is important, self-reliance is equally important, Mr. Modi said.

Speaking about the ease of doing business, Mr. Modi said, “You [students] have one job. If the government gives you ease of doing business, then you bring in new innovations to give the poorest people the ease of living. Be it the technology industry or the agricultural sector, innovations are happening in all sectors today.”

Q1. Why do you think it is important for us to focus on self-reliance in our country?

Q2. Examine the role the government in supporting innovations and development in a country.

Q3. Share an example of any innovation or development you have seen around, following the ‘Make in India’ initiative by the government.

Q4. Keeping in mind the mantras suggested by our Prime Minister, describe any one idea how you can contribute to the success of the ‘Make in India’ campaign.

BBPS, PITAMPURA