

BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI – 110034

Weekend Activities

Class VI

Subject- Meal Planning

Rose Ladoos

Ingredients-

•	Homemade	Paneer	2 cups
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- Sweetened Condensed milk......½ cup
- Rooh Afza syrup......2 tablespoons
- Milk Powder.....4 cups
- Milk (to knead the dough)......3 tablespoons
- A pinch of Pink food colour for a deeper colour (optional)
- Gulkand (Rose Petal Preserve)... 3 tablespoon
- Almonds.....1 tablespoon
- Pistachios......1 tablespoon



Method-

- Crumble paneer in a bowl until it resembles breadcrumbs.
- Make sure that the paneer feels moist and grainy when rubbed in between the fingers, and not sticky.
- Combine paneer and condensed milk in a bowl.
- Add Rooh Afza syrup. Instead of Rooh Afza syrup, you can use few drops of pink food colour + 2 teaspoons of Rosewater.
- Add milk powder.
- Mix to combine. The mixture will be in a crumbled state.
- Add 2 tablespoons of milk and mix until incorporated.

- Transfer this mixture to a food processor.
- If needed, add another tablespoon of milk and pulse until it comes together like a soft dough. (The mixture should feel like a soft-non-sticky dough when pressed in between the fingers.)
- Transfer this mixture to a bowl and allow the mixture to rest for 15 minutes. The mixture will become firm once cooled.
- For a smooth and crack-free texture of ladoos, knead the dough once it's cooled.
- In a bowl, combine gulkand and assorted nuts for filling. Mix it well.
- Grease your hands with ghee and start shaping the dough into ladoos.
- Take a ladoo and flatten it. Place the filling in the center. Bring all the edges together and fold the dough to form a ladoo.
- Repeat the process with the rest of the mixture.
- Keep them covered all the time else they will dry out. It can be made ahead of time and stores well in your refrigerator for 7 days.

Layered Fruit Sandesh

Ingredients-

•	Crumbled paneer (cottage cheese)	1 1/4 cups
•	Icing sugar	4 tablespoon
•	Few drops of kewda essence	
•	Pomegranate seeds	1/4 cup
•	Finely chopped kiwi	1/4 cup
•	Finely chopped apple	1/4 cup
•	Finely channed nineannle	1/4 cup



Method-

- Combine the paneer, icing sugar and kewda essence in a plate and knead it into soft dough and refrigerate for 30 minutes.
- Divide the paneer mixture into 20 equal portions.
- Take a shot glass, put one portion of the paneer mixture and spread it evenly and sprinkle some pomegranate evenly over it.
- Put one more portion of the paneer mixture, little kiwi, again one more portion of paneer mixture, few slices of apple, finally one more portion of paneer mixture and little pineapple evenly over it.
- Repeat steps to make more shot glasses.
- Refrigerate for 1 hour and serve immediately.

SUBJECT ART

TOPIC-

INDIAN FOLK ART OF SIKKIM

SUB-TOPIC-THANKA PAINTING

TASK-

Design a table calendar

MATERIAL REQUIRED-

- Coloured paper/white sheet.
- Old table calendar.
- Pencil/eraser /scale.
- Any kind of colours available.
- Decorative material- whatever available.
- Write in brief about the given art form.
- You can also take reference from the net.





NEWSPAPER IN EDUCATION

Dear Students,

- 1. Reading newspaper makes you well informed. It enables you to take part in every discussion pertaining to the world's current events.
- 2. Reading newspapers will improve your knowledge in general and it will be easy for you to relate to other people who often talks about current events and politics.
- 3. Through newspapers, you will have a clear idea and understanding of what is happening in your country and the whole world.

Please read the following article published in NATIONAL HERALD, 26 September 2020 and answer the Questions that follow.

Delhi govt working on providing round-theclock water supply

Delhi CM Kejriwal said the city government is working towards providing round-the-clock supply of water to the people, and also pressed on the need to improve both the management and accountability of water.



IANS

Published: 26 Sep 2020,

Delhi Chief Minister Arvind Kejriwal on Saturday said the city government is working towards providing round-the-clock supply of water to the people, and also pressed on the need to improve both the management and accountability of water.

The Delhi Chief Minister said that there should be accountability for even one drop of water which goes out of a water treatment plant as a lot of water gets wasted and there is no management or accountability in the capital city.

Addressing a press conference, Kejriwal said, "We need to bring state-of-the-art-technology to the city. We are currently living in old times. We are working in the direction of providing 24-hour supply of water. No privatization is being done."

"In a recent meeting with Delhi Jal Board officials, we decided that a consultant will be appointed to suggest measures that can ensure 24x7 water supply to every house. We will try and achieve this goal within five years," he added.

He further claimed that the water in the capital city either gets stolen or leaked. "We want to improve its management and accountability. The consultant that we are hiring will tell us how to improve both."

The 52-year-old leader also took to the micro-blogging website, Twitter, and wrote that with 24-hour supply of electricity, Delhiites will now get 24-hour water supply. He added that a Delhiite consumes 176 liters of water every day.

"We want to increase the availability of water in the capital, so that there is sufficient water. For this we are in talks with Uttar Pradesh, Himachal Pradesh and Uttarakhand government," he added.

Based on the above news article attempt the following questions:

- Q1) Select the most appropriate explanation. The given article highlights
- a) the reason for water pollution in Delhi.
- b) need to privatise water supply in Delhi
- c) problems faced in Delhi due to water shortage.
- d) government efforts to improve water supply in Delhi.
- Q2) Monitor your water consumption.
- i. Identify two chores where you consumed maximum water.
- ii. Suggest any two solutions that you can adopt to reduce this level of water consumption.
- Q3) We receive monthly water-bills, with certain prices and taxes charged for its supply, do you think any charges should be there on the availability of such a basic an essential living resource? Justify your argument in 30 words.