

### "SUMMER FUN LEARNING TRAIN"

Dear Parent

We, at Bal Bharati extend a HEARTFELT THANK YOU for your unwavering support and hand holding during these special times. We have tried our level best to reach out to all our adorable Tiny Tots and you.. Parents — OUR CO-FACILITATORS - throughour

Learning Modules and Online sessions... to build that extraordinary *connect* with our Pre Schoolers.

It is indeed heartening to note that you, dear Parents, have been a tremendous support in carrying out the tasks and activities shared through our Learning Modules. At Bal Bharati, all our Team members have been working very hard to plan, design and develop interesting activities and self-created videos& audio clips, so that our Pre Schoolers stay *appropriately* engaged (for all developmental domains...especially for social & emotional aspects in these tough times) and occupied during the COVID 19 lockdown period.

Pre School is a period of tremendous growth and development for the child; children at this age undergo a large amount of change and learn to view the world in many interesting and new ways. The Learning Modules designed and forwarded have emphasized on the development of core skills such as Language, Literacy, Numeracy, Fine and Gross Motor, Socio-Emotional, Creative n Aesthetic and Critical Thinking skills.

One of the predominant factors in the child's developmental trajectory is her/his immediate environment. The Environment in all respects be "nurturing" so that it aids in the holistic development of our tiny tots...&this stipulates our Guiding Mantra at Bal Bharati. With this firm belief, thus, we always trust our Co-Facilitators — Our Parent Body — to hold hands with us all the while to make learning experiences evolve from stimulating environments so that children indulge in meaningful, educative activities to foster both IQ (Intelligence Quotient) &...EQ (Emotional Quotient) Levels.

Now, it is our earnest endeavor to carry forward the 'Learning Train' in the same direction in order to make them confident young individuals having positive self-esteem and self-image and for this we are forwarding a wholesome **Summer Holiday Package**. This Summer Holiday Package comprises beautifully assimilated ideas, a few worksheets which will focus on age appropriate activities comprising Listening & Speaking, Sustainable Development and recapitulation of the concepts taken up so far.

Here's wishing you all a very happy n enjoyable summer time STAY HOME, STAY SAFE

# ENHANCING LISTENING & SPEAKING SKILLS

### **Soft Sounds**

Play some soft music like the bells ringing/ water flowing/ birds chirping /melodious tunes, meditational music/ prayers etc. Let the children sit comfortably, close their eyes, listen to the music and relax. After a few minutes ask them to open their eyes and speak how they felt, what sounds they heard. This will improve their concentration span. You can together sing few lines of a prayer. In fact it will be a good idea to play devotional music every morning. This will further help children to learn prayers and also set a positive tone for the entire day.

## I Am Unique And Special-My Name

Write the letters of your child's name in uppercase on separate sheets of paper. Help the child decorate each letter.(using buttons, stickers, finger printing, ear bud painting, paper tearing pasting etc)

Assemble all the letters together to make the child's name.

Read it out aloud with your child.

This is a fun writing readiness activity which will also enhance the sensory skills of the child.

# INSTILLING LIFE SKILLS THROUGH SELF HELP Let's Learn To Be Independent

Due to the unprecedented situation, restrictions are now in place everywhere around. As part of the efforts to reduce outside human contact and curb the spread of COVID-19, this period may be treated as the 'ultimate training ground' for our young learners and engage them in productive activities. At the same time, they may be imparted with self help skills which will go a long way in helping them to become self-reliant and independent. Given below are some activities which needs to be developed in your ward to help them manage themselves independently once the School reopens.-Buttoning or unbuttoning a shirt/dress, zipping and unzipping, opening and closing the lid of a water bottle, keeping the things back at their proper place after every use, washing the hands using a liquid soap on their own, eating the food within an allotted time, wearing an apron and laying down the table mat, folding the things and keeping back after use, learning to manage a face mask, sanitizing the hands appropriately, managing the toilet needs independently etc.

#### **TOGETHER WE CAN:**

Encourage regular hand washing habit in children and reward them for frequent and

# **NUMERACY SKILLS-REINFORCE THE** NUMBER CONCEPT

Help your ward create his number spoons. This activity will enhance the number knowledge, eye hand coordination and correlation between symbol and quantity. Provide them with five spoons, few sticker bindis, and write the numbers from 1 to 5

# Three In One Magic

Draw a big circle and a small circle on a sheet of paper. Help your child to paste more round bindis in big circle and less round bindis in the small circle. This activity will integrate concepts like circle, big/small, more/less.

#### **TOGETHER WE CAN:**

Consider the lockdown period as the right opportunity to provide children with the 'Ultimate **Training Ground**", to hone their skills giving them an early start in preparing for life.

# CRITICAL THINKING SKILLS

# Follow The Patterns (Activity Integrated With **Colours And Shapes**)

Let your ward observe any pattern in the immediate environment (the same can be either drawn or arranged using the objects in the environment). Then, let the child follow the pattern and complete the same. For example-

- ·You can place a fruit (apple), vegetable (beans), leave a space ... and then place fruit(apple), vegetable(beans) and so on.
  •Small circle- big circle--- small circle- big circle
  •Red- Yellow- Blue --- Red- Yellow- Blue

Let your ward think and act. The above examples are for your kind reference only. You can experiment with different shapes and objects easily available at home and design different patterns.

