

SEMINARS AND WORKSHOPS FOR STUDENTS (2019-20)

S.No.	Date	Contents/Topic	Organized By/ Venue	Classes
1	20/05/2019 25/05/ 2019	Innovation and designing	National Science Center, Delhi in collaboration with Design Innovation Center	3 students of classes IX to XI along with Mr Dhirender Sharma, P.G.T physics



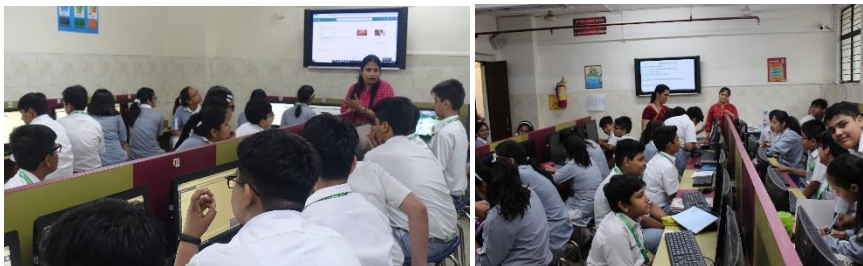
S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	1/05/2019	Good habits	Envision India Eduservices	Class 1 and class 2
2	08/05/2019	Asthma – Prevention and Cure	Jaipur Golden Hospital	VIII, IX
3	10/05/2019	Orientation workshop	NYS -Nurturing Young Seeds, a venture of ESSEL group	VIII TO X
4	16/04/2019	Noise Pollution	Department of Environment, Govt of NCT of Delhi	2 Students of class X
5	29/04/2019	Portrait making	H.T PACE	Navya Manocha - X Niyati Rana - X Janiya Farmaha - X

GOOD HABITS (Class 1 and class 2)



- In order to increase digital footprints as an MASP school, a two day workshop on Sway and Teams was conducted by Microsoft for students of Classes VII and VIII on 6th and 7th May, [2019](#). They were trained to use an online presentation tool called 'SWAY' and were introduced to a collaboration tool called 'TEAMS'.

Individual IDs of students were created on Microsoft Office 365 platform for both the classes so that the students could use these tools online for academic purposes. The workshop was conducted by entire computer department.



- **Workshop on Probiotic Sciences**

A workshop on Probiotic sciences was organised at Lotus Valley International School, Gurugram on 15th May, 2019. Two teachers and ten students participated from our school. The objective of the workshop was to apprise the gathering about the work of Dr Elie Metchnikoff and strengthen the role of friendly bacteria in our life.

Students took enthusiastic participation in the power point presentations, all oriented towards the role of probiotic in daily life and its future use. The workshop enabled the students to enhance their knowledge about probiotic sciences and the impact it has on our health. The program concluded with the prize distribution ceremony where Sneha of class 11 and Rajasvi of class 12 won consolation prize with a trophy and cash prize of 1000 Rs each.

- **Psychology internship at Fortis, shalimar bagh**

15 Psychology students of class XI and XII went for a psychology internship with FORTIS Hospital, Shalimar Bagh, in the month of June 2019. The internship went on for 6 days where students were taught about various psychological disorders. They also got to know about how a psychological interview is conducted in a professional setup. They were also told about the role of a psychologist in the treatment process.

All the seminars were taken by professional psychologists working with Fortis. They shared their personal experiences making the seminars more interesting. Students were also guided about the qualifications they should have in order to become a psychologist in their preferred field of psychology.

Towards the end, the students were also asked to make a project on mental health awareness. The best projects were posted on Fortis Mental Health Awareness' social media page. All in all, the internship proved to be really helpful for the students and spiked up their interest in the subject even more.

S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	15.07.19	Career in Textile & Fabric Designing	Pearl Academy	XI and XII
2	16.07.19	Moon Carnival	Nehru Planetarium	10 Students of class VIII
3	17.07.19	Make your own bridge and Test	National Science Center, Delhi	40 students from class IX
4	18.07.19	Fun With Mathematics	National Science Center, Delhi	40 students from class VII and VIII
5	19.07.19	Line Follower Robot	National Science Center,	30 students from class VIII
6	29.07.19	How to Crack Psych-ED: Tips and Tricks by Dr. Samir Parikh	Fortis Healthcare	Ms. Sheffaly Jain and 9 psychology students (Class XI and XII)
7	29.07.19	Good Touch & Bad Touch	Organized by Ms. Jyotsna Bhargava, Envasion India held at Class-2 classrooms	Class 2

- Nehru Planetarium organised a workshop on Moon Carnival on 16 th July2019. The workshop was attended by 10 students of class VIII along with Ms Anjali Verma.

The students got the opportunity to understand moon, its phases and eclipses through a dome session in the Planetarium Sky Theatre followed by an interactive discussion headed by Dr Ratnashree, Director Nehru Planetarium.

The students were also encouraged to observe the approaching partial lunar eclipse on the 16 th of July,2019.



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1	01/08/2019	Financial Wisdom and Inferiority Complex	Promise	7C,6C,7G ,6G
2	02/08/2019	Inferiority Complex		6A,6I,7E
3	08/08/2019	Inferiority Complex		7H,7I,6B,7F
4	16/08/2019	Inferiority Complex		7G,7F,7A,7D
5	22/08/2019	Inferiority Complex		7B,6D,6H,7C

S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	20.9.19	Sri Ram School, Vasant Vihar	Spic Macay	Students with Ms sindhu
2	20.9.19	My Earth, I will save it. (Life Skills)	Ms. Jyotsna Bhardwaj	class 1
3	24.9.19	First Aid	Dr Pradeep Dua	IX
4	30.9.19	Menarche and Hormonal Changes in Girls and PCOD	Jaipur Golden	Class 6 & 7

Five students from classes VIII-X along with a teacher, Ms. Sindhu Mirchandani, attended a Spic Macay event held at Sri Ram School, Vasant Vihar on 20th September 2019.

His Holiness, the 14 th Dalai Lama, inspired the students with his golden words of wisdom and enthused everyone to transform their body, mind and soul into a pure exalted entity.



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1	01/10/19	Puberty and Hormonal Changes	Jaipur Golden Hospital	VIII
2	30/09/19	Theatre	Helen O'Grady International,	II
3	01/10/19	Dengue Prevention	Live Telecast of CM, Mr. Arvind Kejeriwal	IX
4	03/10/19	Giving wings to Curiosity –Wheels to Fly	Mr. Mukul Negi Mr. Mukund Kumar By India Innovate	IV & V
5	04/10/19	Story Telling	Ms. Sonia Bareja	III
6	16/10/19	Karo Sambhav- E Waste Management	BBPS, Dwarka	9 students from classes IX and X

7	19/10/19	Art Workshop	BBPS, Brij Vihar	IX & XI
8	23/10/19	Emotional Intelligence	IILM	IX
9	22/10/19	Giving wings to Curiosity –Wheels to Fly	Mr. Mukul Negi Mr. Mukund Kumar By India Innovate	VI - VIII
10.	22.10.19	My Earth- I will save it.	Envasion India	Class 2
11	30.10.19	Menarche	Dr Bhawna (Senior Gynaecologist,Jaipur Golden Hospital)	Girls of class V



S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	26.11.19 and 27.11.19	Road Safety	Envision India	Class 1 and Class2
2	11/11/2019	World Conference of Samaskrita Bharati	ICCCR	10 students from Class IX
3	28/11/2019	Exposure to new age digital creativity skills using Adobe Spark	Adobe Diksha Programme	VIII A and VIII B

SESSIONS BY THE SCHOOL COUNSELLOR

DATE	FACILITATOR	CLASS AND DURATION	TOPIC
14.11.19	Ms. Shreya	VII-B	Bullying

22.11.19	Ms. Shreya	IX-D	Research Study Orientation for Data Collection(WHO Approved)
25.11.19	Ms. Shreya	VI-G (11:00-12:15)	Respecting Elders: Experiential Learning Activities
26.11.19	Ms. Shreya	IX- D (11:30-12:15) IX-G(12:15-12:45) IX-H (12:45-1:10)	Discussion on Short film screening Discussions on Positive Mental Health+ Know your Counsellor

S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	02.12.19	Launch of Graphic Novel, Nadya	Junior Library BBPS, Pitampura	V
2	10.12.19	Fly to the Line	BBPS, Pitampura	III - V
3	5.12.19	story telling	Mr. Sanjay Mattoo	class 1 and 2
4	11.12.19	story telling	Ms Inderpreet Kaur	class 1 and 2
5	30.01.2020	Story Telling	Junior Library BBPS, Pitampura	V
6	30.01.2020	Cartoon Workshop	Junior Library BBPS, Pitampura	V

Launch of Graphic Novel, Nadya



Fly to the Line



ASPIRE' LIFE SKILLS TRAINING PROGRAMMEME 2019-20

'ASPIRE'-LIFE SKILLS TRAINING PROGRAMMEME was conducted at **Bal Bharati Public School, Pitampura** from **Nov 2019 to Jan 2020**. Four life skills training modules were conducted for class VIII under the programme. A total of approximately 350 students participated in the programme.

The following topics were incorporated into each of the modules and inputs on dealing with them were given from time to time through interactive discussions, experience sharing and examples.

- Etiquette and manners
- Anger issues
- Using slangs and inappropriate language
- Casual approach towards everything-health, appearance, grooming and academics.
- Time management and prioritization
- Self-esteem and body image issues
- Bullying
- Cyber addiction
- Defiant behaviour and not following instructions
- Peer pressure and boy girl relationships

The team appreciated the school administration and the staff for its support and cooperation in the execution of the programme.

S.No	DATE	CONTENT/TOPIC	ORGANIZED BY/VENUE	CLASSES
1	10.2.20	Physical and mental development	Art of Living	class 1
2	11.02.2020	Value of Play	FICCI Auditorium	IV
3	13.02.2020	Fly to the Line	Bal Bharati Public School, Pitampura	V

4	14.02.2020	Fly to the Line	Bal Bharati Public School, Pitampura	IV
5	27/02/2020	Communication Skills	HT -Pace	VI F , VII C
6	28/02/2020	Communication Skills	HT - Pace	IX C , IX F



A four days long astronomy workshop was organized for all the students of classes VI – VIII from 27th February , 2020 to 6th March , 2020. The workshop not only developed the students’ interest in astronomical processes but also made them try creating their own versions of Pin-Hole Projector, Flicker Fusion (Concept of persistence of vision) and Newton Disc using basic stationery material.

