



BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI-110034

CLASS IV SUBJECT – SOCIAL SCIENCE (2020-21)

TOPIC- I LOVE MY COUNTRY

NAME \_\_\_\_\_ CLASS -IV \_\_\_\_\_ DATE - 22.05.2020

Dear students!

You all have heard the famous quote- 'Health is wealth'. When we talk about health, it is not only about our body but includes our mind as well. A good coordination between body and mind is possible only when we follow some golden rules:

ACTIVITY – Family time is fun time!

- ✓ Be happy
- ✓ Exercise daily
- ✓ Eat fresh food
- ✓ Play
- ✓ Help each other
- ✓ Talk out your problems
- ✓ Eat together

**Eating together** should be preceded by **preparing together**.

Now you need to plan, assign the task, collect the material/ingredients, prepare, set the table and ...enjoy

Design a MENU CARD for a day

Select some healthy dishes from different states of India to include in your menu.

MEAL	STATE	NAME OF THE DISH	MAIN INGREDIENTS USED
Breakfast			
Lunch			
Evening Snack			
Dinner			

**HAVE A NICE DAY!**

## WORDLY WISE

Write a diary entry and share your concern about the Covid 19 outbreak. Make use of the **HELP BOX** containing all the words that you have learnt during this week. **(Do this work in the Creative Writing Notebook or on ruled A4 sheets.)**

**Use the given format of a diary entry to complete the work.**

population    pollution    contamination    conservation    solemn  
conversation    accomplished    precious    anxious    feeble    hygiene

(Day, Date of writing the diary)

(Time of writing the diary)

Dear Diary,

The present situation due to the pandemic is \_\_\_\_\_. The \_\_\_\_\_ level is very high and several teams of \_\_\_\_\_ doctors are trying to save the \_\_\_\_\_ lives of the Corona patients who have become \_\_\_\_\_ due to the infection. \_\_\_\_\_ of the environment, reducing \_\_\_\_\_ and practicing good \_\_\_\_\_ can save the rest of the \_\_\_\_\_. Active \_\_\_\_\_ with the medical teams and obeying the rules set by the government can reduce the further spread of this disease. I am \_\_\_\_\_ about this situation and hope that it shall pass soon so that I can reunite with my friends and loved ones.

(Your Name)

### Vocabulary Enrichment

Children, in this section, we have been learning one new word everyday which can be used in place of using 'very' with a descriptive word. Here comes the new word for today:

'very clean' can be replaced with – '**hygienic**'

For example : The hospitals are maintaining **hygienic** conditions all over the country.

You must try and make use of these words while conversing with others.