



BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI – 110034

WEEKEND ACTIVITIES

Class VIII

SUBJECT: ART

Topic: Sohrai Paintings or Pithora Paintings

Task: Create a Sohrai painting or Pithora Painting for your room.

Material required

- A4 size cartridge sheet or your Art File
- Pencil, Eraser, Scale
- Colour pencils /Crayons/ Brush Colours
- Search the internet and write a few lines about Sohrai paintings or Pithora Painting and their style.

Sample Images are given for your reference. You may take reference from the internet too.



Sohrai Paintings



Pithora Painting

Subject: Critical Thinking

BHUJO TOH जानें

PUZZLE 1:

An **anagram** is a word that is made by rearranging the letters of another word. For example, here are four anagrams from the word, **post**:

Stop, pots, tops, spot

Now form at least two anagrams from each of these words.

- a) Dare - _____ , _____
- b) Stale - _____ , _____
- c) Acre- _____ , _____
- d) Snail- _____ , _____
- e) Slap- _____ , _____

PUZZLE 2:

“What would happen if...”

- a) ... there were suddenly no computers, tablets, or phones of any kind anywhere on the Earth?

- b) ... all the animals in the world could suddenly communicate with us in our own language.

- c) ... you got to know that you were quarantined for a year all alone in your house?

PUZZLE 3:

THE MUSCULAR FORCE



Muscular force of animals is used to carry out many difficult tasks

Muscular power is the power applied utilizing portions of body like arms or legs. It is a force that results because of the action of muscles and is a contact force. Muscular force is required whenever the movement of body occurs. Strolling, lifting, getting up from a seat, crossing a leg all require muscular force.

With reference to the above-mentioned figure answer these questions

1. The kind of force that a coolie exerts when he lifts an object is
 - a. Muscular force
 - b. Nuclear force
 - c. Weak force
 - d. None
2. The force which acts on bodies without any physical contact is
 - a. Resultant force
 - b. Balanced force
 - c. Unbalanced force
 - d. Non-contact force

PUZZLE 4:

BUSES

Vivek's bus is, like most buses, powered by a petrol engine. These buses contribute to environmental pollution. Some cities have trolley buses: they are powered by an electric engine. The voltage needed for such an electric engine is provided by overhead lines (like electric trains). The electricity is supplied by a power station using fossil fuels. Supporters of the

use of trolley buses in a city say that these buses don't contribute to environmental pollution. Are these supporters, right? Explain your answer.

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PUZZLE 5:

Farmers need to add manure and fertilizers to their farmland to provide adequate nutrients to the crops. This is never required in the forests, as a large amount of nutrients in the soil are restored by the breakdown of dead material on the forest floor.

Which of the following is mainly responsible for this breakdown of dead material?

- A: Lightning during storms
- B: Microbes in the soil
- C: Root hair of trees
- D: Rainwater

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PUZZLE 6:

वर्ग पहेली

नीचे दिए गए प्रश्नों के उत्तर वर्ग-पहेली में से ढूँढकर लिखिए-

दे	दी	व्या	क	र	ण	टा	मी
य	हि	दी	क	वै	मा	स	खि
ना	दो	ख	खी	ना	ग्ला	भा	क
ग	ज	गु	न	का	था	ली	भा
री	रु	म	लि	खि	त	भा	था
गु	रो	भा	पि	था	अं	ग्रे	जी

1. भाषा के कितने रूप हैं - _____
2. भारत की राष्ट्रभाषा है - _____
3. भाषा के शुद्ध रूप का ज्ञान कराता है - _____
4. अपने विचारों और भावों को प्रकट करने का साधन है - _____
5. लिखने के ढंग को क्या कहते हैं- _____
6. पंजाबी भाषा की लिपि - _____
7. अंग्रेजी भाषा की लिपि - _____
8. अंतर्राष्ट्रीय भाषा है - _____
9. लिखना और पढ़ना भाषा का रूप है- _____
10. बोलना और सुनना भाषा का रूप है - _____
11. बंगाली भाषा की लिपि - _____
12. संस्कृत भाषा की लिपि- _____

SUBJECT: - Meal Planning

I. Pizza Muffins

A delicious version of our all-time favourite pizza:

Ingredients

- All Purpose Flour....1 cup
- Wheat Flour.....1/2 cup
- Baking Soda1/4 tsp
- Baking Powder1 tsp
- Salt1/4 tsp
- Chopped Bell Pepper or Capsicum, Tomato....1 cup
- Tomato Sauce1 tbsp
- Red Chilli Flakes1/2 tsp
- Mixed Italian Herbs....1 tsp
- Pepper.....to taste
- CheeseAs per requirement
- Olive Oil1/2 cup
- Curd.....1/4 cup
- Milk.....3/4 cup

Method

STEP 1: Sift all-purpose flour, wheat flour, salt, baking soda and baking powder. Add Italian herbs and mix well.

STEP 2: In a broader bowl, add olive oil, milk, curd, 2 teaspoons of Tomato sauce, 1 tablespoon of Cheese. Mix well

STEP3: Gently fold dry ingredients into wet ones. Add one half of chopped vegetables into it and fold in.

STEP 4: Grease muffin tray and pre heat oven at 180-degree C. Fill half the cup with batter (all the cups). Add tomato sauce, some chopped vegetables and some cheese. Thereafter, add more batter and top them off with more cheese.

STEP 5: Bake them at 180 degree for 15-17 mins or insert toothpick to check as they must come out clean.

Relish these healthy delights with your family members.

Happy and safe cooking.



II. Biscuit Cupcakes

Here is a recipe made from broken biscuits or a variety of leftover cookies.

Ingredients

- Biscuit Powder.....1 cup
- Wheat Flour.....1/4 cup
- Powdered Sugar....1/8 cup
- Baking Powder.....1 tsp
- Baking Soda.....1 tsp
- Refined Oil.....1/8 cup
- Milk.....3/4 cup
- Vanilla Essence.....1/2 tsp
- Tutti fruity/ Dry fruits for garnishing

Method

STEP 1: Crush or grind the leftover or broken biscuits into fine powder.

STEP 2: Put the powder in a bowl. Add wheat flour, powdered sugar, baking powder and baking soda to it.

STEP 3: Now add refined oil and vanilla essence to the mix of dry ingredients. Pour in milk gradually and mix to form a smooth batter of dropping consistency.

STEP 4: Pour the prepared batter into greased cupcake tins or paper cups (only three- fourth full.) Garnish suitably.

STEP 5: Bake in a preheated oven at 180 degrees for 10 to 15 minutes. You may use a microwave oven for the same.

Serve hot cupcakes to your loved ones with beverages of your choice.

Happy and safe cooking.



BBPS, PITAIN

PUT ON YOUR THINKING CAP

(Answer Key to the Mental Ability Worksheet shared on 2 May 2020)

LEVEL I

- Q1. (b) peel
- Q2. (b) books
- Q3. (c) 480
- Q4. (b) U
- Q5. (d) 27
- Q6. (c) 20
- Q7. (b) 2 , 5 , 4 , 1 ,3
- Q8. (b) 8 hours 45 min
- Q9. (b) 2 , 3 , 4 , 1
- Q10. (b) one