



BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI – 110034
Weekend Activities

Class- VI

Subject: Art

Topic:- Thangka Painting / Pithora Painting

This week let us continue to work on the various Art forms prevalent in India and neighbouring countries. Along with the drawings, we will also learn something more about these art forms.

Thangka painting is basically a folk-art form of Tibet. In this art form images of Buddha are made on cotton or silk cloth. These paintings depict the glimpses of Buddhist lifestyle and their daily life routine.

Pithora paintings are folk art forms of Rathva and Bhila tribes of Gujarat.

Task:- Create a beautiful wall hanging using any one of the given art forms.

Material required

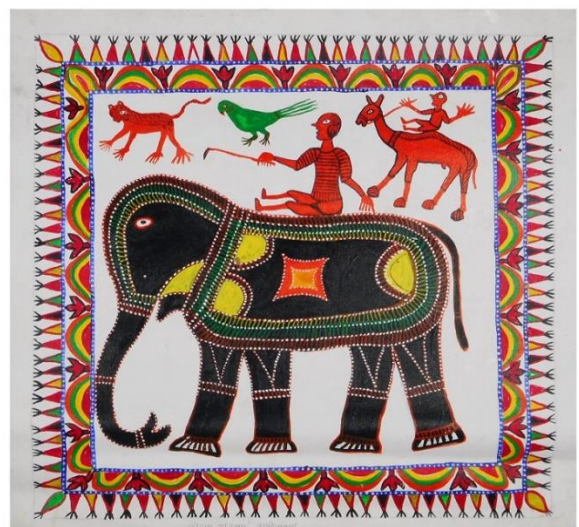
- Pencil, Eraser and Scale
- Colours /Crayons and Sketch Pens
- Cardboard pieces that can be taken from old notebook covers
- Ribbons of any colour
- You can use any type of decorative material available at home to decorate your wall hanging

Write a few lines on both the folk-art forms given above.

You may take reference from the internet also.



Thangka painting



Pithora painting

(Sample images for your reference)

BHUJO TOH जाने
Subject: Critical Thinking

PUZZLE 1

Identify the animals in the grid given below and categorise them into herbivore, carnivore, and omnivore.

T	A	C	O	W	O	L	F
T	A	R	W	X	G	O	R
N	N	O	L	I	O	N	O
E	T	W	Q	L	A	N	G
H	U	M	A	N	T	W	O

PUZZLE 2 **ANTONYMS—SELECT**

Each line contains four words. Read the first word and think what it means. One of the next three words will mean the **opposite** of the first word. Underline the word that is the **antonym** —or opposite—of the first word.

I. Preserve

a) **Construct**

b) **Destroy**

c) **Protect**

II. Deposit

a) **Account**

b) **Spend**

c) **Withdraw**

III. Ideal

a) **Desirable**

b) **Imperfect**

c) **Worthy**

IV. Idle

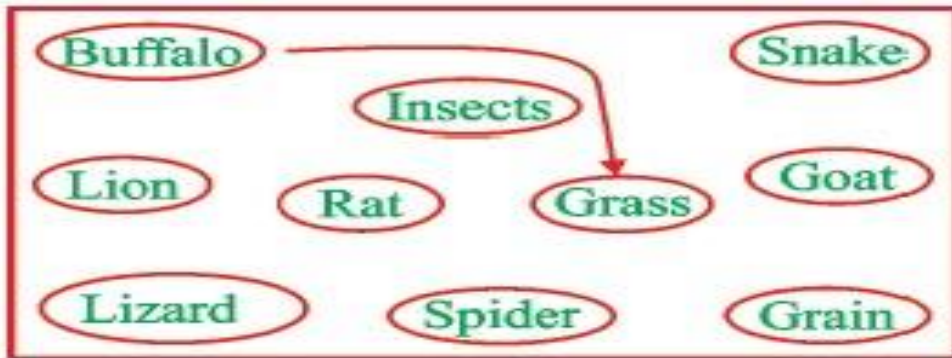
a) **Busy**

b) **Complex**

c) **Simple**

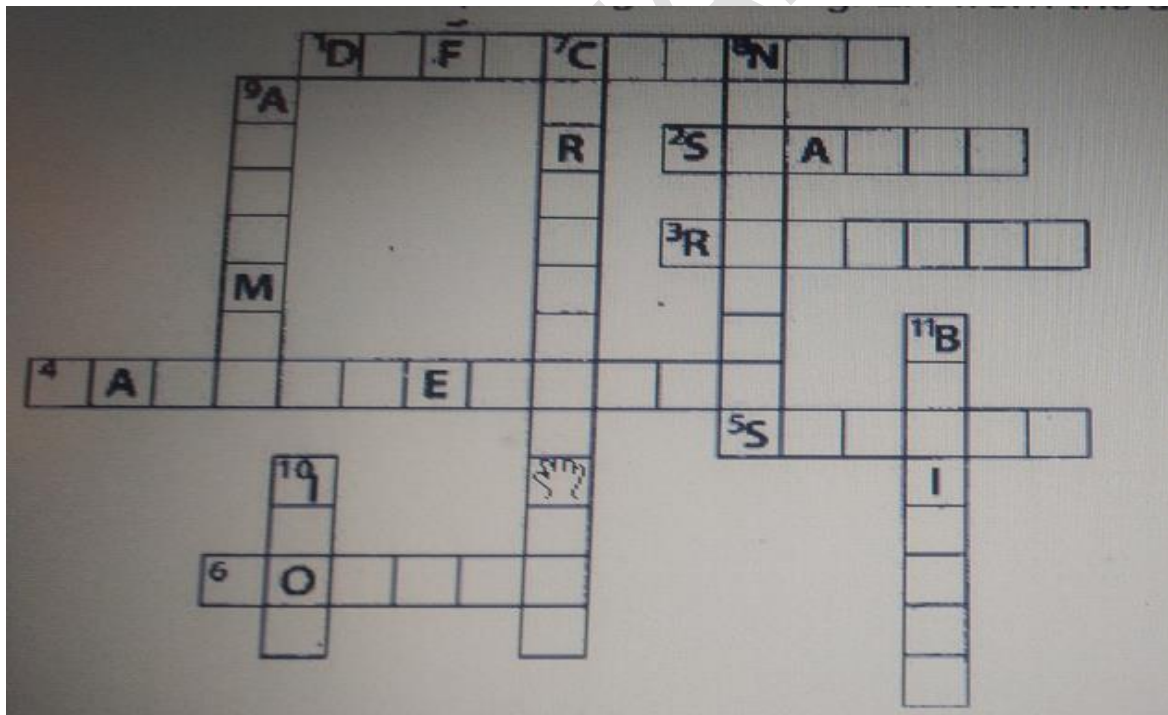
PUZZLE 3

Connect the animal with the food it eats by an arrow using different colours in the figure given below. One is done for you.



PUZZLE 4

Crossword



Across

1. Lack of nutrients in our diet over a long period causes these diseases. (1)
2. Rice and potato are rich in this type of carbohydrate. (2)
3. Deficiency disease in bones making them soft and bent. (3)
4. The diet that provides all the nutrients that our body needs in right quantities along with adequate amount of roughage and water. (4)
5. Deficiency disease with bleeding gums. (5)
6. Disease caused due to the deficiency of iodine. (6)

Down

7. Starch and sugar in our food are rich in this type of energy giving nutrient. (7)
8. The term given to the useful components of food. (8)
9. The disease caused by deficiency of iron in diet. (9)
10. Green leafy vegetables and apples are rich in this mineral. (10)
11. Deficiency disease caused due to the lack of vitamin-B1 in the diet. (11)

PUZZLE 5

एक चित्रकार ने दो चित्र एक समान बनाए लेकिन दूसरे चित्र को बनाते समय उसका ध्यान भटक गया। उसने उस चित्र में पांच गलतियाँ कर दी हैं। उन गलतियों को ढूँढ़कर नीचे दिए गए स्थान पर लिखिए।



URA

BBP

Subject: Meal Planning

Summer Cool Salad

Here is a simple recipe of a quick and refreshing summer salad.



Ingredients

- Apple.....1
- Cucumber.....1
- Mint Leaves..... a few
- Salt.....to taste
- Pepper Powder....1/2 tsp
- Honey.....1 tsp
- Lemon Juice.....1tsp

Method

Step 1: To begin making the Apple Cucumber Salad, slice or cube the apple and the cucumber.

Step 2: In a large mixing bowl, combine these with honey, lemon juice, crushed black pepper and salt to taste.

Step 3: Add a few chopped mint leaves and toss well. Keep the Apple Cucumber Salad chilled until ready to serve.

One Minute Choco lava Cake

An all-time favourite delicacy.

Ingredients

- Flour.....2 tbsp
- Cocoa Powder.....1 tbsp
- Castor Sugar.....2 tbsp
- Melted Butter/Oil.....2 tbsp
- Baking Powder.....a pinch
- Milk.....3-4 tbsp
- Dark Chocolate Cubes...2-3

Method

Step 1: Take a microwave safe mug or a bowl and add all the given ingredients in it except the dark chocolate cubes.

Step 2: Mix it well using a fork until it reaches a smooth dropping consistency. You may adjust the amount of milk used.

Step 3: Place the dark chocolate cubes in the centre and cover with the batter.

Step 4: Microwave for a minute and serve hot.



PUT ON YOUR THINKING CAP

Subject: Mental Ability

LEVEL I

(Answer Key to the Mental Ability Worksheet shared on 15 May 2020)

1. C
2. B
3. B
4. C
5. A
6. A
7. A
8. C
9. A
10. D
11. C
12. B
13. A
14. B
15. B

BBPS, PITAMPURA