



NAME _____ **CLASS IV** _____

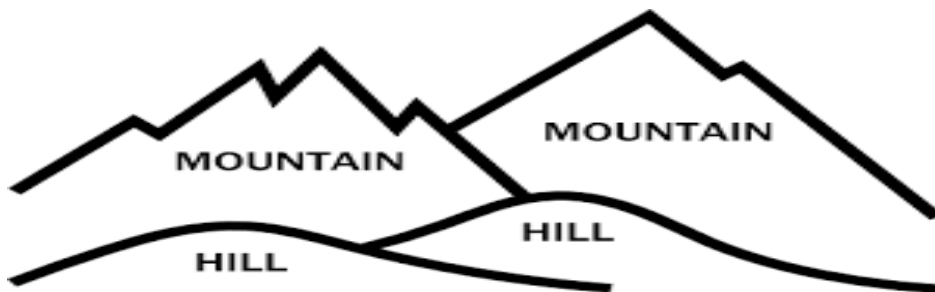
DATE - 29/04/2020

Dear students

Today, we are going to study about a very important physical feature of India- the Northern Mountains. But, first, let us understand what a mountain is.

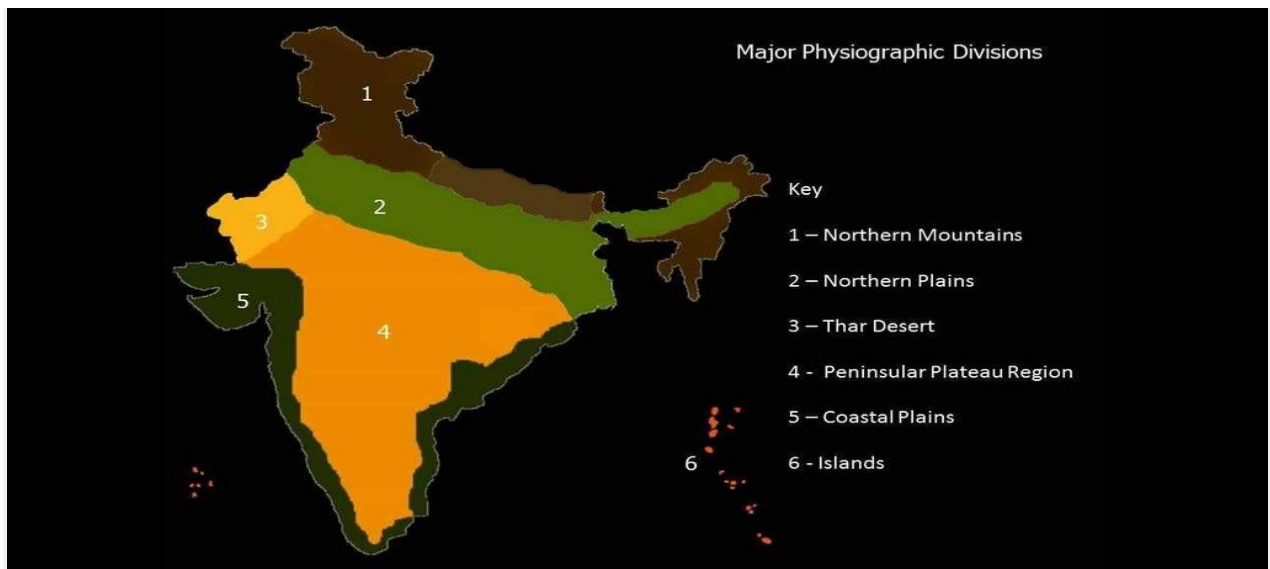
A MOUNTAIN- A **mountain** is a large landform that rises above the surrounding land in a limited area, usually in the form of a peak. A mountain is generally steeper than a hill. A

group of mountains is called a range.



Location of The Northern Mountains-

Observe the map carefully and locate the Northern Mountains. Why do you think they are named as 'The Northern Mountains'?



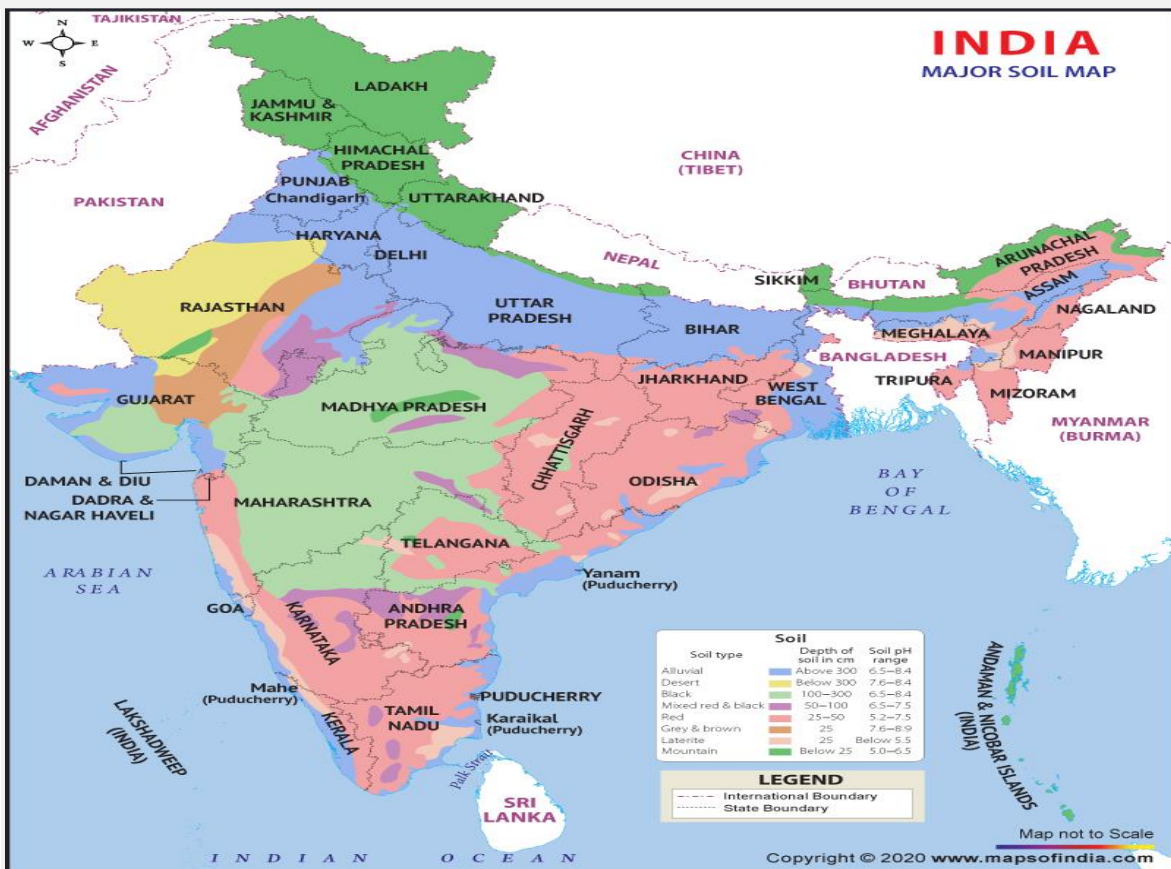
The Northern Mountains lie in the northern part of India and stretch like a wall across the north. The Northern Mountains are important to us as they-

- act like a natural wall on the northern border of the country.

- protect us from the cold winds blowing from the north.
- check the rain bearing monsoon wind and cause rainfall in various parts of our country.
- Many dams have been built on the rivers to generate electricity and irrigate agricultural lands.
- are the home of wild animals.
- provide us with wood for industries and herbs with medicinal value.

The states and union territories lying in the Northern Mountains are as follows-

JAMMU AND KASHMIR	WEST BENGAL
LADAKH	ARUNACHAL PRADESH
HIMACHAL PRADESH	NAGALAND
UTTARAKHAND	MANIPUR
SIKKIM	MIZORAM
TRIPURA	MEGHALAYA



YOUTUBE LINK- <https://youtu.be/uDcLnum5ck0>

(TO BE DONE IN THE NOTEBOOK)

Q1. Give one word answer for the following-

- A group of mountains. _____
- A large landform, usually in the form of a peak. _____

c. It is built on the rivers to generate electricity and irrigate land. _____

d. They act as the natural border of our country. _____

Q2. Note down the names of all the states and union territories lying in the Northern Mountains (given above) and write down their capitals also.



Given below are the synonyms (words which mean the same) of the words we have learnt in the last two days. Try and complete their spellings.

a) enormous – ___ u ___ e

b) depart – l ___ ___ v ___

c) purchase – ___ ___ y

d) ancient – ___ y g ___ n ___

e) sincere – g ___ ___ u i ___ e

(Please Remember:-

This work is to be done in the Vocabulary notebook or the second half of your Lifeskills notebook)

Vocabulary Enrichment

Children, we learnt two words yesterday which can be used in place of using 'very' with a descriptive word. The words learnt yesterday were 'enormous' and 'ancient'. Here is the new word for today:

'**delighted**' can be used in place of '**very happy**' - I am delighted to hear about your success.

You must try and make use of them while conversing with others.

Happy Learning!