

BAL BHARATI PUBLIC SCHOOL, PITAMPURA (2020-21)

CLASS XII- ENGLISH (CORE)

TEXTBOOK: FLAMINGO

LESSON: DEEP WATER

AUTHOR: WILLIAM DOUGLAS

LESSON PLAN 1

STEP 1: **Fear** is an emotional response to a real or perceived threat. **Phobia** is similar to fear with one key difference: the anxiety people experience is so strong that it interferes with their quality of life and/or their ability to function. Phobia is an irrational and excessive fear of an object or situation.

Watch a **short video** '*The Difference between Fear and Phobia | Quint Fit*', explaining how 'I'm afraid of' is not the same as 'I'm phobic too'.

The link is as follows: <https://youtu.be/RP9gicQXpZA>

STEP 2: Read the text and underline important words and ideas. (Refer to the dictionary to find the meaning of difficult words.)

STEP 3: Follow the link: <https://youtu.be/sFg6SlT9wzE> for a **quick recapitulation** of the text through a **pictorial summary**.