Class – VII

SUBJECT: ART

Topic: Composition

Compose a painting by arranging the visual elements.

Composition can be figurative composition, landscape, still-life or any other type of drawing you would like to create.
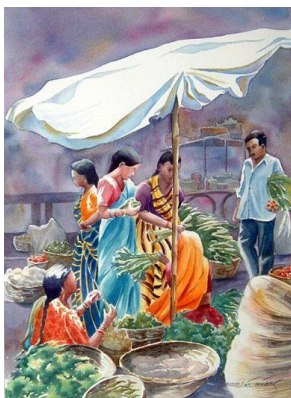
Material Required:
- Art file or A 4 Cartridge Sheet
- Pencil
- Eraser
- Colour Pencils or Oil Pastels

STEP 1: Draw and colour a beautiful composition of your choice.

STEP 2: Write about the seven basic principles of making a composition.

You can take reference from the internet.

Figurative composition

Landscape

Still-life

TOPIC:- Roti Wraps

An innovative way to eat leftover rotis as a nutritious and delicious snack

Material required:-

- Rotis…………………………………….3-4
- Pizza Pasta sauce/Ketchup…………...3Tbsp
- Hung Curd……………………………3Tbsp
- Chopped Salad vegetables ………...1cup
- Vinegar/ Lemon juice…………………1/2 tsp
- Cubed Paneer/ boiled potato……….1/2 cup
- Salt, pepper, oregano, chilli flakes…to taste
- Processed Cheese………………….2 cubes

STEP 1:- Take a bowl and mix chopped salad vegetables with salt,pepper and some vinegar or lemon juice.

STEP 2:- Take another bowl and mix cubed paneer and/ or boiled potato with a dressing of hung curd, salt, pepper and herbs of your choice.

STEP 3:- Take a roti and smear a tablespoon of available sauce or ketchup on it.

STEP 4:- Lay a portion of salad vegetables on one half of the roti base prepared. Put a layer of paneer- potato filling over this and top it with some grated cheese. Wrap the other half over it.

STEP5:- Toast this roti wrap in an equity toaster.

Serve hot with dip of your choice and may be some wafers to add that crunch. Happy Cooking!

TOPIC:- Baked Yogurt

A delectable baked delight for all age groups

Material required:-

- Thick curd……………………………1 cup
- Fresh cream/malai……………………1 cup
- Condensed milk……………………3/4 cup
- Vanilla essence………………………..1 tsp
- Orange zest…………………………..2 tsp
  Or Orange flakes……………………1/3 cup

STEP 1:- Take a bowl and mix all the ingredients in it.

STEP 2:- Take some shallow earthen katoris if available else pour the prepared mixture in paper cups/ baking bowls and place these in a tray with a little water. Bake in the centre of a preheated oven at 160 degrees centigrade for 12-15 min. Take it out when it is set.

STEP 3:- Cool completely for an hour in a refrigerator.

Serve garnished with some nuts of your choice. You may use any seasonal fruit to prepare baked yogurt. Happy cooking!
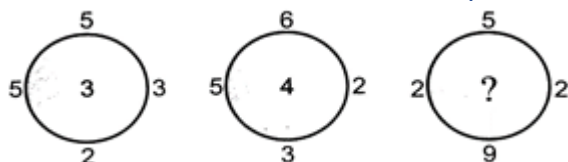
SUBJECT: MENTAL ABILITY

1. Identify the rule and find the missing number in place of the question mark.

5	11	96
9	13	88
8	17	?

a) 225   b) 165   c) 185   d) 250
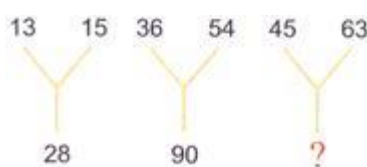
2. Direction: Find the number which replaces the question mark.

a) 24   b) 25   c) 23   d) 31

Direction: Find the number which replaces the question mark   3.

13   15   36   54   45   63

Insert the missing number.   28   90   ?

a) 18   b) 90   c) 108   d) 28

4. Which two signs are to be interchanged to make the equation below true? 3-9x27+9-3=15

a) + and -   b) x and +   c) x and ÷   d) – and ÷

5. If '+' means 'x', '-' means '÷', '÷' means '+' and 'x' means '- ', then what will be the value of   16÷64-4x4+3?

a) 20   b) 15.12   c) 52   d) 12

6. If the signs ÷ and + and the digits 6 and 3 are interchanged, then which one of the equations will be correct?

a) 3 + 6 ÷ 2 = 5   b) 6 ÷ 3 + 2 = 8   c) 3 + 6 ÷ 5 = 7   d) 3 ÷ 6 + 1 = 6

7. Which number will replace the question mark?
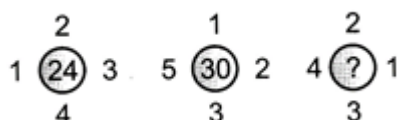
a) 64   b) 39   c) 24   d) 26

8. Which option is a form of vegetable? (the options are jumbled up)

a) OTRNH   b) PRECOP   c) OPTTAO   d) ONMSTRE.

9. Find the odd one out

a) U   b) O   c) P   d) I

10. Read the information carefully and answer questions given below

Ravi and Kunal are good in Hockey and Volleyball . Sachin and Ravi are good in Hockey and Baseball . Gaurav and Kunal are good in Cricket and Volleyball. Sachin , Gaurav and Michael are good in Football and Baseball.

Q10 : Who is good in Hockey , Cricket and Volleyball ?

(a) Sachin   (b) Kunal   (c) Ravi   (d) Gaurav

Q10 : Who is good in four games ?

(a) Sachin   (b) Kunal   (c) Ravi
(d) Gaurav

Q10:: Who is good in Baseball, Volleyball and Hockey ?

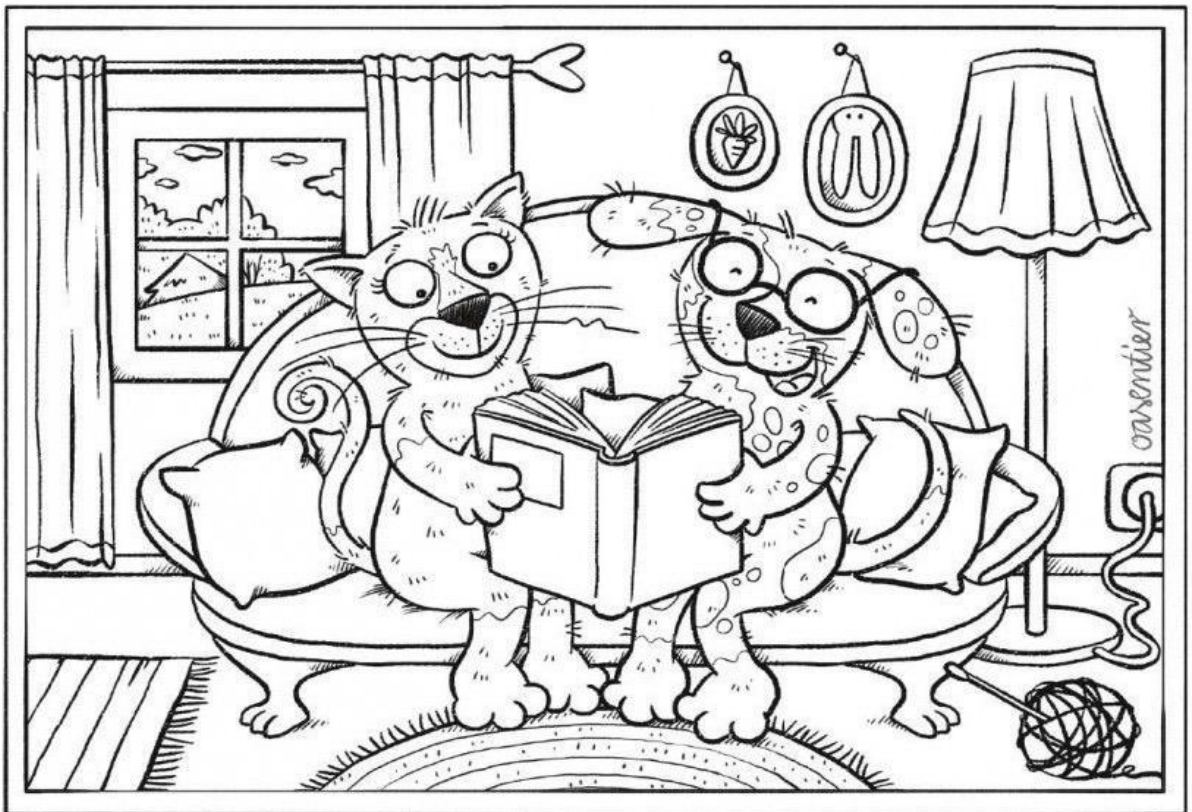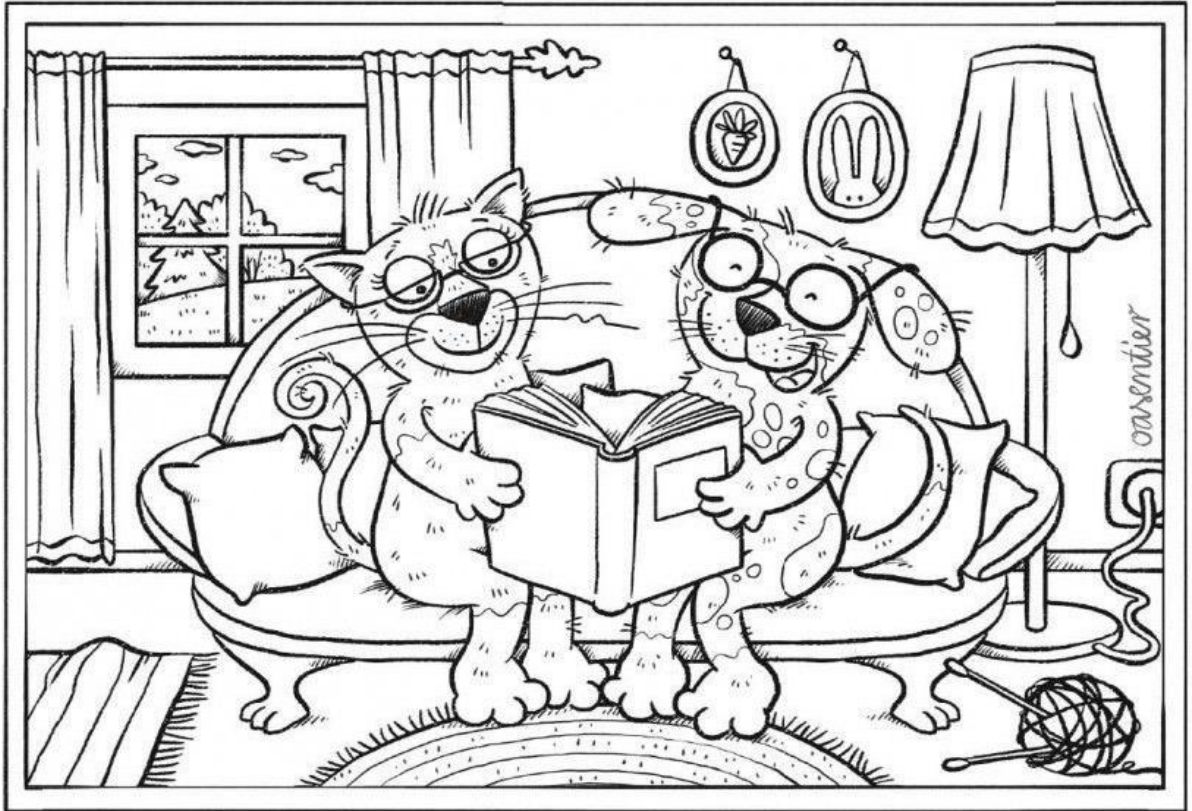(a) Sachin   (b) Kunal   (c) Ravi   (d) can't say

Q11: Calculate the number of triangles in the given figure
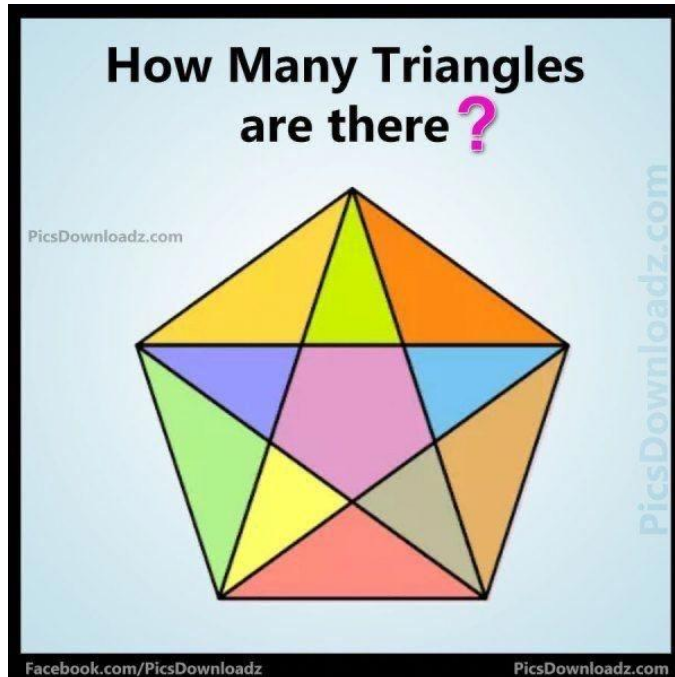
12. Observe the given image carefully and determine which bottle will get filled up first :-

13. Spot the differences in the given image:-
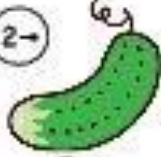
14.. Complete the given crossword:-

Vegetables Crossword

Name: _____ Date: _____

DIRECTIONS: Fill in the crossword puzzle grid with the name of each vegetable following the numbers and direction indicated. Use the word bank if you get stuck.

2→
3→
5→
7→
9→
1↓
10→
4↓
13→
6↓
15→
8↓
16→
9↓
14↓
11↓
12↓